



Being honest can sometimes be difficult, but it builds trust, confidence, and strong relationships. Think about the following:

- Why does telling the truth matter?
- How can you be honest *and* kind at the same time?

Here are 3 great reasons to practice honesty:

- People will trust and respect you.
- You'll feel good about yourself.
- Honesty can boost your confidence and help you become a positive role model.

Developmental Asset #29 — HONESTY:  
Young person tells the truth, even when it's not easy.

Learn more at [www.projectcornerstone.org](http://www.projectcornerstone.org)



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