



Welcome to Summer Fun!

Week 8: The Bystander Effect

1. **Watch this video:** <https://www.youtube.com/watch?v=Wy6eUTLzcU4>
 - What am I surprised about in this video?
 - How does this relate to my life?
 - What can I do differently based on what I learned?
2. **Challenge:** Consider this question: "How often do you feel you should help someone else but don't because you think someone else will?" Record your thoughts in a journal.
3. **Level up challenge:** Find someone who needs help and be the person to help them. Reflect on how that made you feel, and how you can be an UPstander in other aspects of your life.