

YMCA Project Cornerstone Summer Fun — ABC

An 8-week adventure in reading, games, and family fun!

Print a copy of the 8 week <u>coloring sheet</u> (<u>https://tinyurl.com/</u> <u>ChampionYearColoringSheet</u>). Each week, color the image for the book and at the end of the summer you will have a fun reminder of the weeks you spent building empathy.

Week 5 — Eyes that Kiss in the Corners By Joanna Ho Be True to You

Book synopsis: Joanna Ho writes this book from her personal experience. *Eyes that Kiss in the Corners* promotes students' understanding and appreciation for their heritage at a young age. When people know more about their own culture, they are better able to understand and appreciate the culture of others. In this



story, a young girl notices that her eyes look different from her friends' eyes. Instead of their big, round eyes, her eyes "kiss in the corners and glow like warm tea". She realizes that her eyes are like her mother's, her amah's, and her little sister's and they are all beautiful. This book is about recognizing your own inner strength, leading to a path of self-discovery and confidence.

Goal: celebrate authentic self, develop a greater understanding and respect for people from different backgrounds.

Monday Activity: Mirror Notes

Materials: Window markers or post-its and pens

- Brainstorm with your child(ren) some things that they like about themselves.
- Make a list together and go around your home space writing on any mirror the nice reminders.
- Examples include: "good friend" "funny face queen" "strong swimmer" "best chess player"
- Try to focus on the things they can't see as well as the things they can.

Bonus: write it on a reflective car window where they sit!

Tuesday Craft: Emotional Eyes

Materials: paper and anything to draw with, googly eyes will be a hit with younger kids

- Talk about how our eyes can show a lot of emotions.
- Practice making and naming different emotions with your eyes as much as you can.



- Brainstorm different feelings, you can also ask them what makes them feel those feelings sometimes.
- You can have a piece of paper per emotion or do all of the eyes on one piece of paper with many emotions.
- If using googly eyes, add eyebrows and talk about how big of a difference they can make in the way a person looks and shows their emotions.

Encourage everyone in the home to pay attention to emotions others are feeling this week. Even though we want them to give words to their feelings, sometimes they are slow to do that and we need to read the visual cues.

Wednesday Reading: Lailah's Lunchbox by Reem Faruqi, 2015

- Discuss the representation of different cultures in this book and talk about how you can learn from others and be a good friend when they feel different or misunderstood.
- Bonus: make some food this week that you/your child hasn't had before.

Thursday Activity: Just like You

Materials: paper and writing tools

- Create a Venn diagram or circles that overlap with a circle for each member of your family.
- Label each circle for people you want to represent.
- Explain that anything in an overlapping section means it applies to two or more people, depending on how many circles it intersects.
- The middle means it applies to everyone.
- Have fun thinking of attributes that you have as individuals and as a family.
- Encourage similarities and differences to be added to the diagram that you can plainly see or that you cannot physically see.
- Keep it up on a wall and add to it as the week continues.

Friday Family Movie Night: Mulan (G, 1998)

Watch "Mulan" a film about a young woman in China who tries to make her family proud and protect her father from going to war.

After watching the movie, here are some discussion questions:

- Was Mulan happy before leaving for war? Why or why not?
- How do you think her parents felt when she left without telling them where she was going?
- Do you think Mulan is a positive role model? Why or why not?
- How does Mulan show courage and integrity?
- Was Mulan happy with herself by the end of the story?



