

YMCA Project Cornerstone Summer Fun — ABC

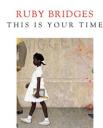
An 8-week adventure in reading, games, and family fun!

Print a copy of the 8 week coloring sheet (https://tinyurl.com/ ChampionYearColoringSheet). Each week, color the image for the book and at the end of the summer you will have a fun reminder of the weeks you spent building empathy.

Week 3 — Ruby Bridges Goes to School/This is Your Time by Ruby Bridges Be a World Changer

Book synopsis: This book is the true story of Ruby Bridges, who attended a once all-white school with bravery and support of family and teachers. She faced prejudice and anger but stood tall and demonstrated both the importance of education and kindness.





Goal: respect differences, accept others, and celebrate diversity

Monday Activity: Family Mission Statement

Ruby had a web of support that included her family. Show support in your family by creating a Family Mission Statement together!

Materials: pencil, paper, markers, crayons, stickers or go digital!

- Creating a family mission statement can be a meaningful way for your family to come up with values that are important to uphold within your household. To create an inclusive family statement, consider each family member's unique opinion.
- Set up a time to meet with everyone within the household.
- Ask each member to note one value or trait that they believe is important to include in the mission statement (respect, forgiveness, kindness).
- Write down recurring themes and values.
- Come up with a list of family values that includes each person's opinion.
- Use "We" statements to incorporate the chosen values (We value each other's opinions. We love to laugh).
- Create your mission statement.

After you have written your statement, decorate it and display it in a prominent area where everyone can see it!

Tuesday Craft: World Changer

Materials: paper towel, washable markers, water

- Cut your paper towel into a circle.
- Add blue and green marker markers to one side of the circle.
- Dip that edge in water placed in a plate, leaving it flat on the surface.





- Watch the colors grow and the world change!
- Repeat as many times as you want with variety- adding marker to more parts of the world and seeing where the water takes it

Talk about how we are all the water in the world that can change it for the better!

Wednesday Reading: As Fast as Words Could Fly by Pamela Tuck, 2013

Thursday Activity: Diversify your Home Library

- Have everyone in the family participate in this activity.
- Take an inventory of your books at home.
- Are they diverse? Do you have stories about people who don't look like you?
 Dress like you? Come from different places?
- Visit your local library and, together, search for books to diversify what is in your home collection. Check them out and enjoy them together.

Friday Family Movie Night: Melody 1963: Love Has to Win (PG, 2016) or Hidden Figures (PG, 2016)

1963: Love Has to Win, a film about a good role model with perseverance. Watch Hidden Figures, a film about perseverance, teamwork, communication, and integrity.

• Discuss the bravery that characters had and the positive way they approached the world, even with difficulties they faced.

BONUS FUN: Family Bake Sale for a cause

As a family, decide on something you see that could be better in your community. Have a bake sale/lemonade stand/garage sale and donate proceeds to a charity! Take the time to tell your neighbors and friends about it. Even if you raise \$5, you will raise awareness and give your child(ren) the opportunity to talk to others about something that matters to them.

