



FOR YOUTH DEVELOPMENT™  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**PROJECT  
CORNERSTONE**  
A YMCA of Silicon Valley Initiative

## Olive Branch Phrases

*Olive branch phrases* offer an expression of desire to resolve conflict or offer a reconciliation. They are an extension of consideration to make things right. When you're holding out an olive branch to someone you're saying or doing something to show that you want to end a fight or disagreement with the other person. There are many other ways of saying this same thing.

**Another way to say “*extend an olive branch*” may include:**

- make an apology
- let bygones be bygones
- make a peace offering
- wipe slate clean

**Here are examples of ways to *extend an olive branch*:**

- Give me a minute to take some deep breaths and clear my mind.
- Let's reconnect to talk this over.
- I apologize for any misunderstandings that may have occurred.
- Let's put our differences aside and find common ground.
- Your friendship is important to me and I really want to solve this together.
- I understand we have different opinions, but I'm interested in hearing your ideas.
- I didn't mean to hurt you and I want to make things right.
- Can we start over and move past this disagreement?
- I want to rebuild trust and I am ready to listen.
- I'm sorry for my angry words and asking for forgiveness.