



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



ABC Tips for Yard Duty

This month, the **ABC** book is *Eyes That Kiss in the Corners*. Our goal is for students to understand and appreciate their own heritage at a young age, because when people know more about their own culture, they are better able to appreciate the culture of others. This builds empathy and celebrates diversity.

Being your authentic self involves self-awareness and self-acceptance. Above all, it is believing in yourself and your ability to shape your life. Encourage children to be their authentic selves by reminding them to:

- Use *friendship boosters* to build relationships.
- *Listen to others with a whole heart.*
- Use a growth mindset.
- Take time to stay with their feelings and then *choose their response.*
- *Be inclusive and accepting of others.*

ABC Skill Building Vocabulary:

1. **Growth mindset**-The positive belief that we have the ability to learn, grow, and change. Challenges are embraced as steps to learning and growing. Help students *learn how diversity makes us stronger.*
2. **Friendship boosters**-Use *friendship boosters* to accept others and build relationships.
 - a. Look for things that you have in common with each other.
 - b. Be inclusive-smile, invite others, offer help, and say kind words.
 - c. Celebrate differences that make us unique.