



Project Cornerstone, Second Step, and PBIS Monthly Themes for ABC-Champion Year

Month/Trait/Assets/SEL	Book/Theme/Goal	Second Step	PBIS
<p>September</p> <p>Character Trait: Respect</p> <p>Developmental Assets Support Social Competencies Positive Values Boundaries and Expectations Empowerment Constructive Use of Time</p> <p>SEL Core Competencies: Relationship Skills</p>	<p>Book <i>The Invisible Boy</i> by Trudy Ludwig</p> <p>Theme Reach out to <i>invite and include</i> all students.</p> <p>Goal Students will explore ways to have empathy for each other, make and keep friends, and demonstrate genuine consideration and respect towards each other.</p>	<p>Skills</p> <p>Welcoming Skill Stand Tall! Friendship Skills: Inclusion Empathy: Showing compassion Being Respectful</p>	<p>BE RESPECTFUL</p> <p>Smile. Say "Hi" first. Introduce yourself. Get to know your classmates. We haven't heard from you yet. What do you think? <i>Invite and include</i> classmates to play. <i>Don't dip</i> into other's buckets. <i>Stop, think, and understand.</i> <i>Give second chances.</i> Treat others kindly.</p>
<p>October</p> <p>Character Trait: Compassion</p> <p>Developmental Assets Support Social Competencies Positive Values Positive Identity Boundaries and Expectations Empowerment Commitment to Learning</p> <p>SEL Core Competencies: Social Awareness</p>	<p>Book <i>I Wish You Knew</i> by Jackie Azúa Kramer</p> <p>Theme Have respect and empathy for others.</p> <p>Goal Students will develop and practice empathy skills, such as active listening, perspective taking, and compassion. They will promote empathy as a means of resolving conflicts, reducing stress, and building stronger connections.</p>	<p>Skills</p> <p>Compassion (Listening, saying kind words, helping) Being Respectful Welcoming Skill</p>	<p>BE RESPECTFUL</p> <p><i>Walk in someone else's shoes.</i> <i>Understand and care</i> about others. Be a super listener. Engage others by asking: <ul style="list-style-type: none"> • How can we add to the idea of...? • What other ideas or examples relate to this idea? Read body language and voice. <i>Do intentional acts of caring.</i></p>



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<p>November</p> <p>Character Trait: Courage</p> <p>Developmental Assets Support Positive Values Social Competencies Positive Identity Empowerment Boundaries and Expectations Commitment to Learning</p> <p>SEL Core Competencies: Relationship Skills</p>	<p>Book <i>Ruby Bridges Goes to School or Ruby Bridges This is Your Time</i> by Ruby Bridges</p> <p>Theme Be a <i>world changer</i> by standing up for the rights of others.</p> <p>Goal Students will perform courageous actions that build a more caring, just, inclusive, tolerant, and safe school community.</p>	<p>Skills</p> <p>Welcoming Skill (All students belong)</p> <p>Showing Compassion - put our empathy into Action (say kind words, help others)</p>	<p>BE RESPONSIBLE</p> <p>Be an <i>UPstander</i>. Identify the caring adults in your web of support. Be open to accepting others. Understand that everyone belongs. It takes one to make a difference. Use <i>CHIRP</i> tools. <i>Say and do something.</i> <i>Stand up</i> for each other. <i>Be a world changer.</i></p>
<p>January</p> <p>Character Trait: Self-Control</p> <p>Developmental Assets Social Competencies Positive Identity Support Boundaries and Expectations Positive Values</p> <p>SEL Core Competencies: Self-Management</p>	<p>Book <i>Clovis Keeps His Cool</i> by Katelyn Aronson</p> <p>Theme Recognize emotion by looking inside one's self and in others to identify and connect with feelings being expressed.</p> <p>Goal Students will understand the different ways people express their emotions and how to respond to these expressions in an empathetic manner.</p>	<p>Skills</p> <p>Using Positive Self-Talk (to calm down, or decide what to do next)</p> <p>Emotion Management: Stop & Name Feelings, Calming Down. Listen to body clues to name emotions</p>	<p>BE SAFE</p> <p><i>Use your lid.</i> <i>Reconsider before acting.</i> Notice and accept feelings. Keep your cool by</p> <ul style="list-style-type: none"> • Breathing • Counting • Physical Activity <p>Make a <i>genuine apology</i> and offer second chances. Use olive branch phrases:</p> <ul style="list-style-type: none"> • I respectfully disagree because... • Looking at it from a different perspective, I think... • I'm not sure I agree with what _____ said because... •



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<p>February</p> <p>Character Trait: Tolerance</p> <p>Developmental Assets Support Positive Values Social Competencies Positive Identity</p> <p>SEL Core Competencies: Self-Awareness</p>	<p>Book <i>Eyes That Kiss in the Corners</i> by Joanna Ho</p> <p>Theme Celebrate our multicultural and multi-ethnic world by appreciating and being grateful for the uniqueness and diversity in it.</p> <p>Goal Students will cultivate cultural awareness and a sense of belonging by reinforcing and practicing a diversity skillset to help individuals feel respected and valued.</p>	<p>Skills</p> <p>Stand Tall! Be assertive/keep head up, shoulders back</p> <p>Using Positive Self-Talk</p> <p>Welcoming Skill (All students belong)</p>	<p>BE RESPECTFUL</p> <p>Express gratitude - I appreciate, I support, thank you, you are amazing, etc. Examine biases and assumptions. Embrace differences. Be true to yourself. Don't be a <i>bucket dipper</i>. <i>Stand up to bucket dipping</i>. Combat stereotyping. <i>Use your voice</i> to mitigate microaggressions.</p>
<p>March</p> <p>Character Trait: Confidence</p> <p>Developmental Assets Positive Identity Constructive Use of Time Commitment to Learning Social Competencies Support Empowerment Boundaries and Expectations</p> <p>SEL Core Competencies: Self-Awareness</p>	<p>Book <i>The Dot</i> by Peter H. Reynolds</p> <p>Theme Develop a <i>growth mindset</i> and change <i>mud thoughts</i> to clear <i>thoughts</i>.</p> <p>Goal Students will learn that using a growth mindset can lead to developing a new unexpected <i>spark</i> and that learning a new skill can build confidence.</p>	<p>Skills</p> <p>Using Positive Self-Talk Welcoming Skill (All students belong)</p> <p>Showing Compassion - put our empathy into Action (say kind words, help others)</p>	<p>BE RESPONSIBLE</p> <p>Focus on having a growth mindset. <i>Change mud thoughts</i> to clear <i>thoughts</i>. <i>Tap into the power of positive thinking</i>. <i>Fill buckets</i> with kind words and acts. Be a role model for peers. <i>Explore sparks</i>.</p>



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<p>April</p> <p>Character Trait: Kindness</p> <p>Developmental Assets Empowerment Positive Values Social Competencies Positive Identity Support</p> <p>SEL Core Competencies: Responsible Decision-Making</p>	<p>Book <i>BIG</i> by Coleen Paratore</p> <p>Theme <i>Big is being the biggest you that you can be!</i> Be kind to self, to others, and to the earth.</p> <p>Goal Students will grow and change their behavior by thinking how their words and actions will affect others. They will choose to do intentional acts of caring and kindness.</p>	<p>Skills</p> <p>Showing Compassion - put our empathy into Action (say kind words, help others)</p> <p>STEP Problem Solving: some solutions to problems are complicated and need a plan (Big doesn't happen all at once, Big happens little by little)</p>	<p>BE RESPECTFUL</p> <p>Dream BIG! Be Inspired to be Great. Be kind to yourself and others. Do intentional acts of kindness. Be <i>BIG</i> for the planet. Think about how your words and actions affect others, the community, and the environment. Be kind and <i>fill buckets</i>.</p>
<p>May: Champion Year Review</p> <p>Character Traits: Respect Compassion Courage Self-control Tolerance Confidence Kindness</p> <p>Developmental Assets The Champion Year built and taught 27 out of 41 Developmental Assets.</p> <p>SEL Core Competencies: Relationship Skills Social Awareness Self-Management Self-Awareness Responsible Decision-Making</p>	<p>Books The seven books read this year.</p> <p>Theme Connect with Empathy</p> <p>Goals Students practiced empathy with perspective-taking and compassion. Students learned to recognize emotion and feelings being expressed and how to communicate understanding of those feelings. Students adopted a growth mindset to grow clear thoughts and connect with empathy. Students did kind acts to their selves, each other, and to the earth.</p>	<p>Skills</p> <p>Welcoming Skill Stand Tall! Friendship Skills: Inclusion Empathy: Showing compassion Being Respectful Compassion Positive Self Talk Emotion Management STEP Problem Solving</p>	<p>BE SAFE, RESPECTFUL, & RESPONSIBLE</p> <p><i>Invite, include,</i> and make everyone feel welcome. Resolve conflicts and build strong connections by promoting empathy. Be a <i>world changer</i> by standing up for the rights of others. Use personal power to control responses to strong emotions. Celebrate uniqueness in yourself and others. Use a growth mindset to discover and grow as a person. Be kind to self, to others, and to the earth.</p>