



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

I Wish You Knew Ojalá Supieras

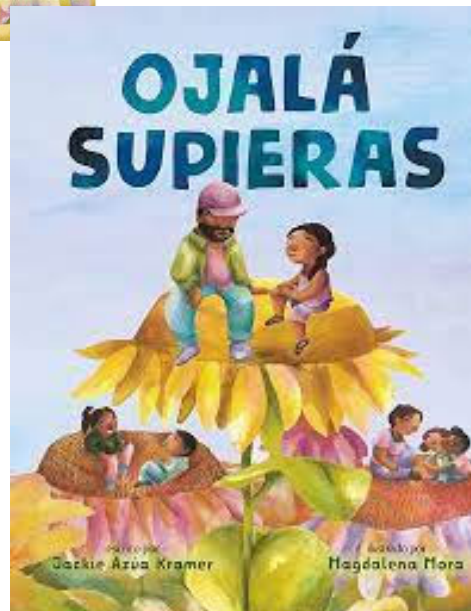
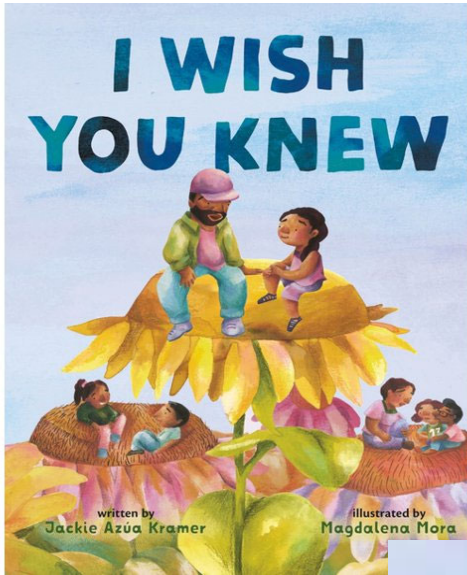
ABC CHAMPION YEAR LESSON 2
PROJECT CORNERSTONE

**PROJECT
CORNERSTONE**

A YMCA of Silicon Valley Initiative

ABC/Los Dichos:

Champion



Key Phrases:

- Listen with Your Whole Heart
- Perspective Taking

Empathy:

Connect with Empathy

Empathy is...

**seeing with the eyes of another,
listening with the ears of another,
and feeling with the heart of another.**

Focus on These Empathy Skills:

- Focus on perspective taking.
- Listen actively without judgement.
- Be welcoming, accepting, tolerant, patient, and finally, be brave.

Information for ABC Readers

ABC Readers: Key Ideas

Active listening skills allow the students to:

- Better understand the situation
- Improve retention of information
- Enhance engagement
- Refine communication skills



Conversation Starter

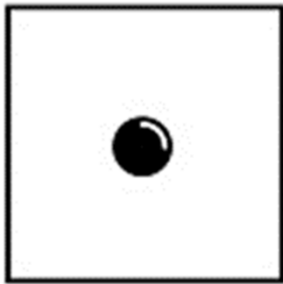
Conversation Starter: All Grades

Ask students: What do you wish grown ups knew about kids?

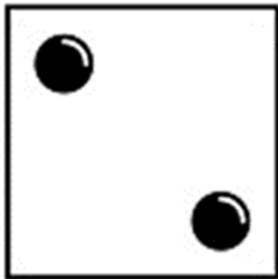


Conversation Starter: Grades 3-6

D-icebreakers



Which of your personality traits do you admire the most?



What is the most difficult time you have had?

Reading The Book

Reading the Book

How to do a picture walk to engage all students:

1. Show the cover and read the title.
2. Ask what they think the story will be about.
3. Flip through the book or a few pages, without reading a word.
4. Ask questions about each picture.
5. Describe what they see.



Discussing The Book

Discussion:

Grades K-2



Our school wraps around a hundred-year-old oak tree.

Discussion:

Grades 3-6



My favorite place is the school garden.
Between leafy cabbages and tomatoes,
my father helped our class
plant rows
of sunflower seeds.

One day, he told me
that because he wasn't born here
like me,
he must return to
his native country.

Activity Options

Activity Options: Grades K-2

Who Wears This Shoe?



Activity Options: Grades K-2

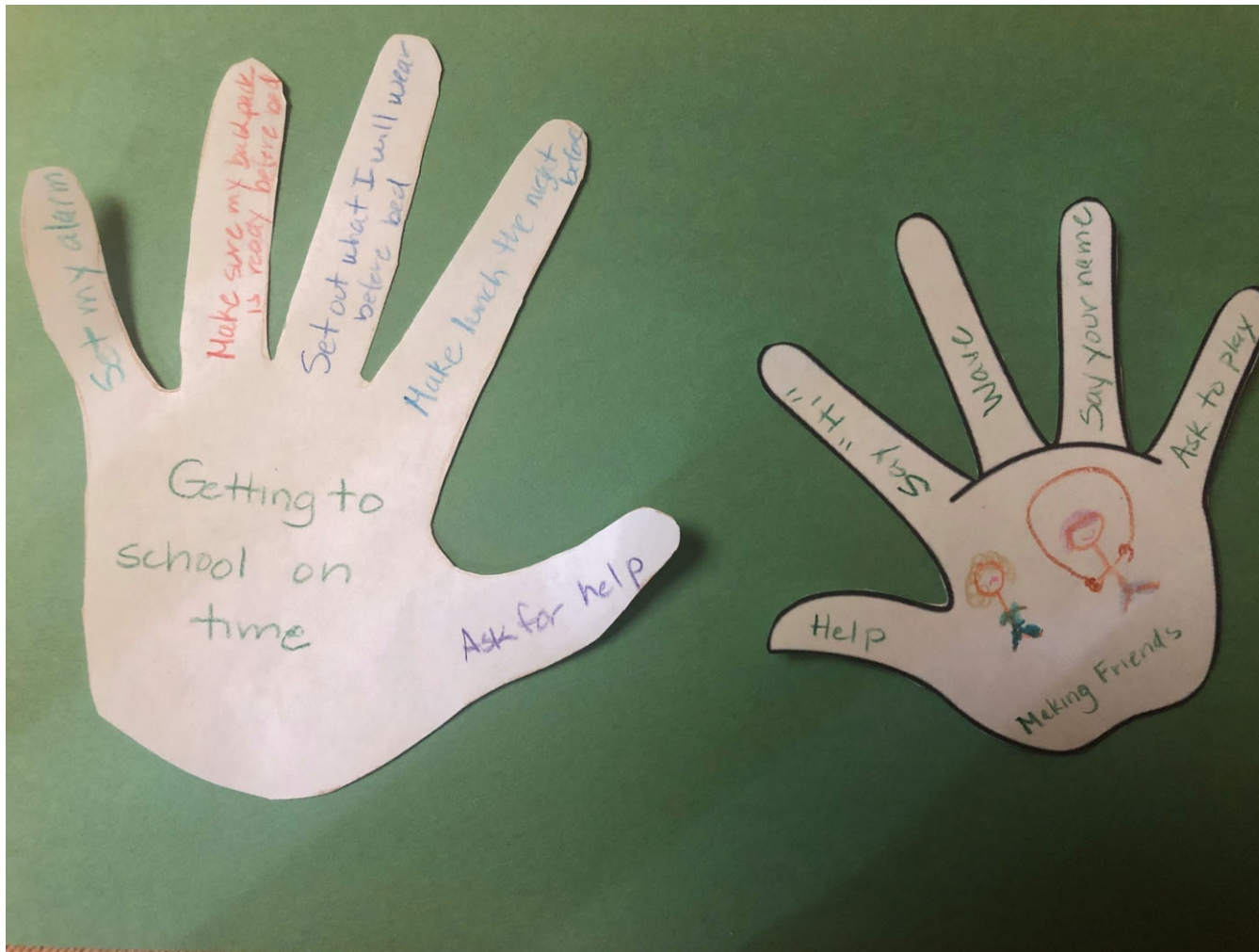
Who Wears This Shoe-Part 2

- **Observe body language, facial expressions, tone of voice**
- **Ask questions to learn more about people**
- **Listen to them**
- **Respond to the questions**
- **Do things together so you get to know each other**



Activity Options: Healing Hand

Grades K-6



Activity Options: Grades 3-6

Active Listening

The speaker will talk about a personal experience, a feeling, or a topic they are passionate about, while the listener will actively listen without interrupting.

- Describe your experiences in school when you were young.
- Has anyone *dipped into your bucket*? What happened?



Activity Options: Grades 3-6

Walking In Someone Else's Shoes



Closing

Closing:

I WISH ...



Wish Tree

Sharing Circles



School Wide Extensions

School Wide Extension

Land Acknowledgement

We gratefully acknowledge the Native Peoples on whose ancestral homelands we gather, as well as the diverse and vibrant Native communities who make their home here today.

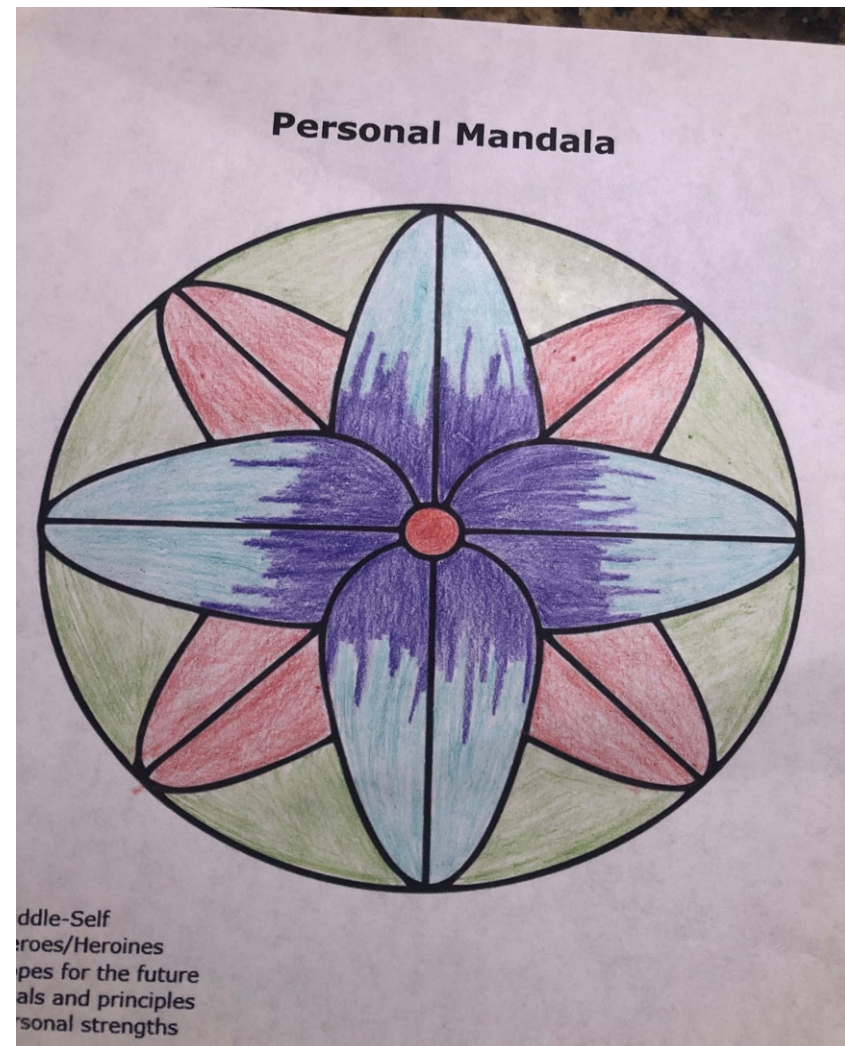
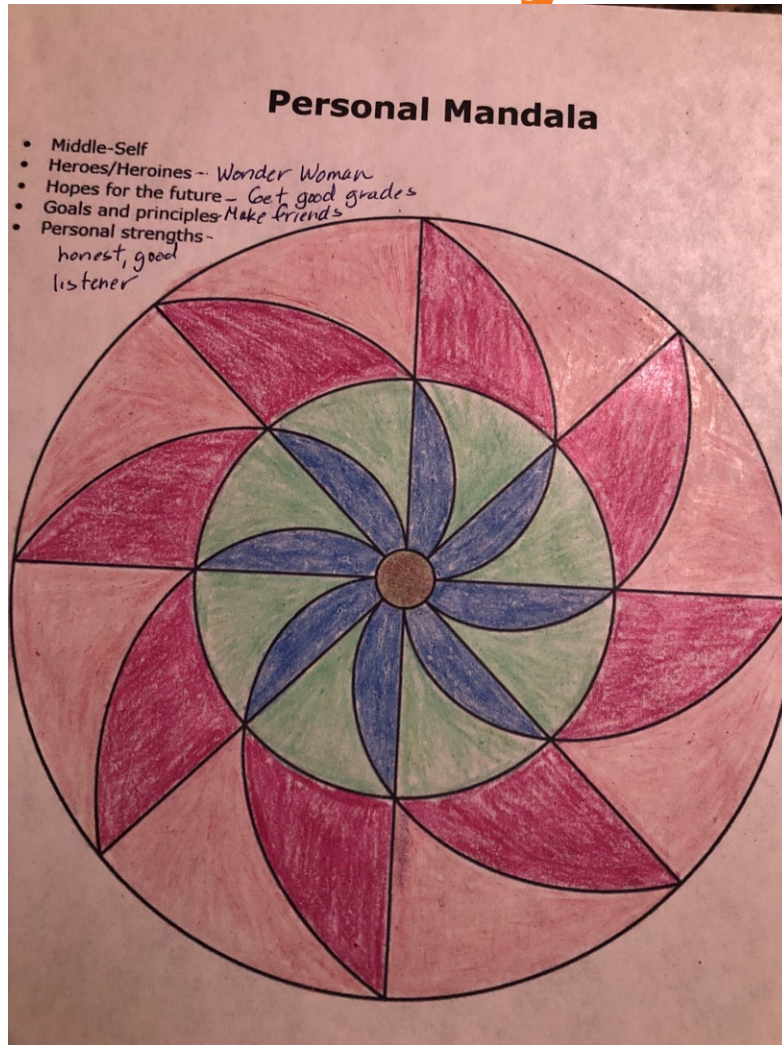
-NMAI (National Museum of the American Indian) Land Acknowledgement



The Importance of Land

Land is something sacred to all of us, whether we consciously appreciate it or not — it is the space upon which we play, live, eat, find love, and experience life. The land is ever-changing and ever-shifting, giving us — and other creatures and beings on the earth — an infinite number of gifts and lessons.

School Wide Extension: Mandala Project



School Wide Extension: Stand Together in Empathy



School Wide Extension: Tower of Compassion

In 1972, the Kanemoto brothers commissioned the Tower of Compassion, located in Kanemoto Park. The five-story tower was built in the traditional style of a Japanese temple, and each level represents the meaning of compassion – Love, Empathy, Understanding, Gratitude, and Selfless Giving.



Home and School Communication

Newsletter Blurb

Student Stickers

Parent Letter or Email Blurb

Family Movie Night



LISTEN WITH YOUR WHOLE HEART

Closing Comments



- Reminders for ABC Volunteers
- Support for ABC Leads
- Top 3 Action Items