



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



## ABC Planning Using Your **G.P.S** for *Clovis Keeps His Cool*

Purpose of ABC Program: **Build relationships with students.**

### **GOALS** - Choose your target goal:

- 1. Students will recognize emotion by looking inside themselves and in others to identify and connect with feelings being expressed.
- 2. Students will allow the feelings to stand and move through them in appropriate ways.
- 3. Students will learn to *reconsider, resolve conflict, and offer second chances.*
- 4. Students will understand different ways people express their emotions and how to respond to these expressions in an empathetic manner.

### **PATH** - List your ideas for:

- Conversation Starter
  
- Reading the book

### **STRATEGIES** - List your ideas for:

- Discussion
  
- Activity
  - K-2
  
  - 3-5
  
- Closing

**ASK YOURSELF: DID WE ACHIEVE OUR GOALS?**