ABC Planning Using Your **G.P.S** for *I Wish You Knew*

Purpose of ABC Program: **Build relationships with students.**

**G**OALS- Choose your target goal:

* 1. Students will develop and practice empathy skills, such as active listening, perspective-taking, and compassion.
* 2. Students will examine their own biases, assumptions, and prejudices that may hinder their ability to empathize with others.
* 3. Students will promote empathy as a means of resolving conflicts, reducing stress, and building stronger connections with others.
* 4. Students will identify caring adults and become aware of support systems available to advocate for them.

**P**ATH **-** List your ideas for:

* Conversation Starter
* Reading the book

**S**TRATEGIES **-** List your ideas for:

* Discussion
* Activity

K-2

3-5

* Closing

**ASK YOURSELF: DID WE ACHIEVE OUR GOALS?**