



Project Cornerstone

PBIS Monthly Themes for Champion Year

Month	Book/Theme/Goal	Developmental Assets	PBIS
September Character Trait: Respect	Book <i>The Invisible Boy</i> by Trudy Ludwig Theme Reach out to <i>invite and include</i> all students. Goal Students will explore ways to have empathy for each other, make and keep friends, and demonstrate genuine consideration and respect towards each other.	#3 Caring School Climate #10 School Safety #15 Positive Peer Influence #26 Caring #28 Integrity #33 Interpersonal Competence #37 Personal Power	BE RESPECTFUL Smile. Say "Hi" first. Introduce yourself. Get to know your classmates. We haven't heard from you yet. What do you think? <i>Invite and include</i> classmates to play. <i>Don't dip</i> into other's buckets. <i>Stop, think, and understand.</i> <i>Give second chances.</i> Treat others kindly.
October Character Trait: Compassion	Book <i>I Wish You Knew</i> by Jackie Azúa Kramer Theme Have respect and empathy for others. Goal Students will develop and practice empathy skills, such as active listening, perspective taking, and compassion. They will promote empathy as a means of resolving conflicts, reducing stress, and building stronger connections with others.	#3 Caring Adults #5 Caring School Climate #15 Positive Peer Influence #24 Bonding to School #26 Caring #27 Equity and Social Justice #29 Honesty #33 Interpersonal Competence #34 Cultural Competence #37 Personal Power #41 Positive Cultural Identity	BE RESPECTFUL <i>Walk in someone else's shoes.</i> <i>Understand and care</i> about others. Be a super listener. Engage others by asking: <ul style="list-style-type: none"> • How can we add to the idea of...? • What other ideas or examples relate to this idea? Read body language and voice. <i>Do intentional acts of caring.</i>

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<p>November</p> <p>Character Trait: Courage</p>	<p>Book <i>Ruby Bridges Goes to School</i> or <i>Ruby Bridges This is Your Time</i> by Ruby Bridges</p> <p>Theme Be a <i>world changer</i> by standing up for the rights of others.</p> <p>Goal Students will perform courageous actions that build a more caring, just, inclusive, tolerant, and safe school community.</p>	<p>#1 Family Support #5 Caring School Climate #26 Caring #27 Equality and Social Justice #33 Interpersonal Competence #34 Cultural Competence #36 Peaceful Conflict Resolution #37 Personal Power #39 Sense of Purpose #41 Positive Cultural Identity</p>	<p>BE RESPONSIBLE</p> <p>Be an <i>UPstander</i>. Identify the caring adults in your web of support. Be open to accepting others. Understand that everyone belongs. It takes one to make a difference. Use <i>CHIRP</i> tools. <i>Say and do something.</i> <i>Stand up</i> for each other. <i>Be a world changer.</i></p>
<p>January</p> <p>Character Trait: Self-Control</p>	<p>Book <i>Clovis Keeps His Cool</i> by Katelyn Aronson</p> <p>Theme Recognize emotion by looking inside one's self and in others to identify and connect with feelings being expressed.</p> <p>Goal Students will understand the different ways people express their emotions and how to respond to these expressions in an empathetic manner.</p>	<p>#2 Positive Family Communication #31 Healthy Lifestyles #32 Planning and Decision Making #35 Resistance Skills #36 Peaceful Conflict Resolution #37 Personal Power</p>	<p>BE SAFE</p> <p><i>Use your lid.</i> <i>Reconsider before acting.</i> Notice and accept feelings. Keep your cool by</p> <ul style="list-style-type: none"> • Breathing • Counting • Physical Activity <p>Make a <i>genuine apology</i> and offer second chances. Use olive branch phrases:</p> <ul style="list-style-type: none"> • I respectfully disagree because... • Looking at it from a different perspective, I think... • I'm not sure I agree with what _____ said because...

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<p>February</p> <p>Character Trait: Tolerance</p>	<p>Book <i>Eyes That Kiss in the Corners</i> by Joanna Ho</p> <p>Theme Celebrate our multicultural and multi-ethnic world by appreciating and being grateful for the uniqueness and diversity in it.</p> <p>Goal Students will cultivate cultural awareness and a sense of belonging by reinforcing and practicing a diversity skillset to help individuals feel respected and valued.</p>	<p>#2 Positive family communication #26 Caring #27 Equality and Social Justice #28 Integrity #34 Cultural Competence #38 Self-esteem #41 Positive Cultural Identity</p>	<p>BE RESPECTFUL</p> <p>Express gratitude - I appreciate, I support, thank you, you are amazing, etc. Examine biases and assumptions. Embrace differences. Be true to yourself. Don't be a <i>bucket dipper</i>. <i>Stand up to bucket dipping</i>. Combat stereotyping. <i>Use your voice</i> to mitigate microaggressions.</p>
<p>March</p> <p>Character Trait: Confidence</p>	<p>Book <i>The Dot</i> by Peter H. Reynolds</p> <p>Theme Develop a <i>growth mindset</i> and change <i>mud thoughts</i> to <i>clear thoughts</i>.</p> <p>Goal Students will learn that using a growth mindset can lead to developing a new unexpected <i>spark</i> and that learning a new skill can build confidence.</p>	<p>#3 Other Adult Relationships #5 Caring School Climate #7 Community Values Youth #14 Adult Role Models #18 Youth Programs #32 Planning and Decision Making #33 Interpersonal Competence #37 Personal Power #38 Self-Esteem #39 Sense of Purpose</p>	<p>BE RESPONSIBLE</p> <p>Focus on having a growth mindset. <i>Change mud thoughts to clear thoughts</i>. <i>Tap into the power of positive thinking</i>. <i>Fill buckets</i> with kind words and acts. Be a role model for peers. <i>Explore sparks</i>.</p>

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<p>April</p> <p>Character Trait: Kindness</p>	<p>Book <i>BIG</i> by Coleen Paratore</p> <p>Theme <i>Big is being the biggest you that you can be!</i> Be kind to self, to others, and to the earth.</p> <p>Goal Students will grow and change their behavior by thinking how their words and actions will affect others. They will choose to do intentional acts of caring and kindness.</p>	<p>#1 Family support #4 Caring Neighborhood #5 Caring School Climate #7 Community Values Youth #8 Youth as Resources #9 Service to Others #26 Caring #27 Equality and Social Justice #32 Planning and Decision Making #37 Personal Power #38 Self-Esteem</p>	<p>BE RESPECTFUL</p> <p>Dream BIG! Be Inspired to be Great. Be kind to yourself and others. Do intentional acts of kindness. Be <i>BIG</i> for the planet. Think about how your words and actions affect others, the community, and the environment. Be kind and <i>fill buckets</i>.</p>
<p>May</p> <p>Champion Year Review</p> <p>Character Traits: Respect Compassion Courage Self-control Tolerance Confidence Kindness</p>	<p>Books The seven books we have read this year.</p> <p>Theme Connect with Empathy</p> <p>Goals Students practiced empathy with perspective-taking and compassion. Students learned to recognize emotion and feelings being expressed and how to communicate understanding of those feelings. Students adopted a growth mindset to grow clear thoughts and connect with empathy. Students did kind acts to their selves, each other, and to the earth.</p>	<p>The Champion Year built and taught 26 out of 41 Developmental Assets.</p>	<p>BE SAFE, RESPECTFUL, & RESPONSIBLE</p> <p><i>Invite, include, and make everyone feel welcome.</i> Resolve conflicts and build strong connections by promoting empathy. Be a <i>world changer</i> by standing up for the rights of others. Use personal power to control responses to strong emotions. Celebrate uniqueness in yourself and others. Use a growth mindset to discover and grow as a person. Be kind to self, to others, and to the earth.</p>