



# YMCA Project Cornerstone Summer Fun – ABC

An 8-week adventure in reading, games,  
and family fun!

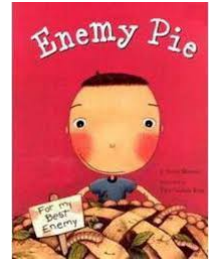
There are 8 weeks of Summer Fun Activity, and every time you complete the week's activities, you can color in the image on the special coloring poster. Print a copy of the [coloring sheet](https://tinyurl.com/yc8fk97e) (<https://tinyurl.com/yc8fk97e>).

## Week 6 – Enemy Pie

By Derek Munson

### Grow Friendships

**Book synopsis:** This book tells the story about the narrator, who believes he doesn't like the new kid, Jeremy. He uses *mud thoughts* to perceive that Jeremy is his enemy. He asks his father for help. His father shows how a caring adult can help create opportunities for *friendships to grow*. Thanks to the *special recipe for enemy pie* (spending time together, getting to know each other, and discovering similar interests), their *friendship grows and blooms*.



**Goal:** Students will develop a growth mindset that embraces meeting new people and discovering new things about classmates and friends. They will grow friendship making skills to include forgiveness and learn to make a *genuine apology*.

**Book Narration:** ['Enemy Pie' read by Camryn Manheim - YouTube](#)

### Pre-Recorded Videos:

- Conversation and Activity (all grades) [Video](#)
- Friendship Trail Mix (Grades K-2) [Video](#)
- Friendship Booster Flowers (Grades 3-6) [Video](#)

### Monday Activity:

#### Dirt Cups

Materials: 2 cups of milk, one package of instant chocolate pudding, one tub of Cool Whip topping, one package of Oreos (crushed), 16 Dixie Cups, gummy worms and frogs (optional)

- Send this recipe to a friend and invite them to make it too.
- Assist your child in making this yummy treat!
- Pour milk and pudding mix into a large bowl. Beat until well blended. Let the pudding rest for 5 mins.
- Stir in Cool Whip and half the cookie crumbs.
- Put 1 tablespoon of cookie crumbs into each cup then fill cups  $\frac{3}{4}$  full with pudding. Fill the rest of the cup with cookie crumbs.
- Refrigerate for one hour. Add gummy worms and frogs. Makes 15-17 servings.
- Enjoy this treat together with friends and family.

## Tuesday Craft:

### Make an Enemy (Friendship) Pie

Materials: paper plate, glue, items from home and yard (use your imagination)

- Discuss with your child the ingredients needed for making a friend:
  - Shared interests
  - IGYB attitude (I Got Your Back)
  - *Be a Bucket Filler*
  - Offer to help
  - Show forgiveness
  - Make a *genuine* apology
  - Find common interests
  - Talking and getting to know each other
  - Be open minded to new things
- Decorate the plate with drawings (your pie). OR Collect items from nature or your house to add to your ingredients.
- Glue them to the plate.
- Explain why you added these ingredients to your enemy (friendship) pie. How do they represent friendship boosters?
- Just like you need all the right ingredients for a terrific pie, you need them for a special friend too!

## Wednesday Reading:

### Complementary book

- Read or listen to the narration of the complementary book, *The Day the Crayons Quit* by Drew Daywalt. <https://www.youtube.com/watch?v=iEAj4yACGkY>

## Thursday Activity:

### Mindful Jar

Materials: clear jar with a lid, water, glitter glue (or glue and glitter)

- Fill the jar almost all the way to the top. Add a big spoonful of glitter glue, place the lid back on the jar.
- Shake the jar to make the glitter swirl.
- Say the following: Imagine that the glitter is like your thoughts when you're stressed, mad, or upset. They swirl around and make it hard to see clearly. That's why it's hard to make decisions when you're upset-you're not thinking clearly! (This happens to everyone).
- Sit the jar down.
- Now watch what happens when you're still for a few minutes. The glitter settles and the water clears. This is what happens to your mind too. When you calm down, your thoughts settle and you can see more clearly.
- Would a mindful jar have helped the main character in *Enemy Pie*? How?

## Friday Family Movie Night

- Watch “*Charlotte’s Web*” a film about compassion and integrity.
- After watching the movie, here are some discussion questions (ages 5+; provided by Common Sense Media):
  - o Families can discuss the importance of words and their role in *Charlotte’s Web*. How are words important for communicating, even between species? How do they help shape our impressions of others?
  - o How do the animals come to see one another as friends, even though at first they're put off by their differences?
  - o If you've read the book, how does the movie compare to what you imagined in your head?
  - o How do the characters in *Charlotte’s Web* demonstrate compassion and integrity? Why are these important character strengths?

## BONUS FUN

### Mindfulness Activity: I Am from Mars

The narrator in this book has prejudged his “enemy”. This activity will encourage everyone to have an *open mind*, and a *growth mindset* because they are from Mars!

- “Imagine that you are from Mars. You know nothing about Earth. Everything is new to be discovered.
- Close your eyes and hold out your hands so I can give you something”. Put two small raisins in each person’s hands.
- Have everyone open their eyes. First have them look, without forming an opinion. They are from Mars after all.
- Describe what you see, the shape, color, and texture. What do they feel like? Put one up to your ear. What does it sound like? What do they smell like?
- Put them between your teeth and really taste them as you bite into them. What do they taste like, Martians?
- This exercise is an enjoyable, effective way to help kids experiment with paying attention in a creative way and keeping an open mind.