

## **ADDENDUM TO THE YMCA PARENT GUIDE**

### **Welcome!**

We are so happy you and your child will be joining us for our day camp. We are glad you are here!

### **YMCA Camp Campbell Contact Information:**

Summer Camp Director

Trevor Baier      [trevor.baier@ymcasv.org](mailto:trevor.baier@ymcasv.org)      831.338.2128 ext. 1424

Registration Questions

Camp Office      [redwoods@ymcasv.org](mailto:redwoods@ymcasv.org)      831.338.2128 ext. 1401

Our YMCA has updated procedures to include considerations for the COVID-19 virus. Our procedures are informed by Public Health, CDC and the American Camp Association.

### **On Your First Day**

Please arrive a little early on your child's first day as we need to review all paperwork before admittance. Staff will greet you and your child and will answer any questions you might have.

### **Health and Safety Check Procedures**

- Health Check Expectations before arriving to program
  - Parents please check your child's temperature before you leave for the program. If your child has a fever above 100.3, please do not bring your child to the program.
    - If your child has a fever above 100.3, we can accept your child into program 72 hours after the fever breaks and without being given fever reducing medication.
  - Staff will not work in program if they have a fever or are feeling ill.
  - Staff and Children are asked to wear face coverings whenever indoors with their group. When program is outdoors no face covering is necessary for children.
    - The Y will supply a bandana for those that forget their face covering
    - Staff and parents must wash the face covering each night or have multiple face coverings to ensure we can control spread of viruses and germs
- Health Check Protocol upon arrival at program
  - A health check will be performed with every staff member and child before entering the program. Temperatures will be confidentially recorded before entry to the program. (Each staff member and parent

- will be asked these questions and we will provide a daily form to complete with signature that also records temperature).
- You can expect the following questions to be asked by our director:
    - Do you live with anyone or have you had close contact (prolonged or coughed on, for example) with anyone who has been diagnosed with COVID-19 within the last 14 days?
    - Do you have a fever, cough and/or shortness of breath? For children, fever is 100.4 degrees for forehead thermometer, 99 degrees or higher with armpit thermometer or 99.5 with oral thermometer.
    - Any other signs of communicable illness such as a cold or flu?
    - Signs and symptoms will be excluded for program
      - 72 hours after fever breaks
  - Health Check Monitoring Over the Course of the Day
    - Monitoring children for signs of illness:
      - Illness - unable to participate in routine activities or need more care than staff can provide.
      - Fever with behavior changes, difficulty breathing, uncontrolled coughing, unusually tired, persistent crying, etc.
      - Diarrhea (within 24 hours after)
      - Vomiting (within 24 hours after)
      - Open sores, rash, signs of infection, etc.
      - Runny nose with colored mucous.
    - Parent guardian agrees to come pick up their child if any symptoms are exhibited at program.
  - We have a medical sick area, in the health cottage, in case a child needs to wait for a parent or guardian to pick up.
  - The following handwashing protocols will remain in place:
    - Before program
    - Before meals
    - After meals
    - Between program activities
    - Right before going home
  - Sanitizing and cleaning
    - All hard surfaces will be cleaned at least four times per day. Tables will be wiped down before and after use.
  - Janitorial Service will continue through the full duration of the program
  - We ask that parents/guardians not group up around the camp facility.

### **What we will do if COVID 19 case is confirmed on site**

#### Communication procedure

If we have a confirmed case of COVID 19 in our camp program, we will take the following steps:

- Notify families and staff of a confirmed/potential COVID-19 infection in the facility

- Protect personal identifiers of who had the confirmed case – we will not share names.
- We will share with you if your child has had close interaction with someone in his/her group who has displayed symptoms.

#### Infection Control Activities

- If the individual infected with COVID-19 spent time was in program and had close contact with others while ill, we will follow the guidance of the public health department. This may mean we will need to close the program for 14 days.
- If there is a confirmed case, we will initiate a deep cleaning of the facility.
- We need to ensure staff and families understand ill people should remain home until well and those with COVID-19-like symptoms should self-isolate until 7 days after symptom onset **OR** 72 hours after their fever is gone and initial symptoms have improved, whichever is longer.

### **Program**

#### Meals

Please pack your camper a full lunch, two additional snacks for the day- all non-perishable and refillable water bottles. Please plan on your child eating a healthy and hearty breakfast that ideally includes protein and whole grains prior to arrival to day camp.

#### Program Structure

- Our ratio of staff to children will be two (2) staff to groups of up to twelve (12) children. We will attempt to keep groups of children based on ages but if there are several children in a family, we may need to group all children in the same family together.
- Each group will be assigned to their own spaces and specific restrooms.
- Each child will be given a set of program materials that be theirs to keep for the duration of the program, this will include, pencil, coloring devices, and scissors.
- We will practice social distancing during activities and groups will not be mixed while outside or in a room. Staff will remain with their group and will not switch between groups.
- Our outdoor activities will limit physical interactions and we will only check out 1 piece of equipment per child for the week. Children will not be able to share their equipment as outlined in the County Public Health regulations concerning outdoor equipment.
- While social distancing is not a requirement to implement within established stable groups of children under current health orders, staff will practice social distancing techniques to the extent possible.

## Program Curriculum

We have lots of fun activities planned for each week. We will play games (practicing social distancing), create arts and crafts, explore and discover through STEM activities, play outside, and focus on building skills and friendships. We are looking forward to a fun and engaging week!

## Sign In and Out

All parents/guardians will be asked to sign their child in and out of program. Our goal is to limit outside adult to youth interaction beyond the site staff and participating children. We greatly appreciate your support in helping our staff team implement an efficient check-in and check-out system. Each group will have different procedures and will be communicated prior to the first day of camp. Parents/guardians or others designated to pick up your child must present a valid photo ID at check-out.

### **Remember CDC's health etiquette including:**

- Teach and remind children to cover coughs or sneezes with a tissue, then throw the tissue in the trash.
- Wash hands frequently for a minimum of 20 seconds with soap and water or hand sanitizer (if soap and water are not readily available).