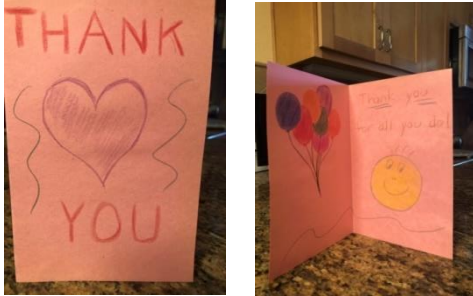


## Ways to be Kind

Here are some ideas of ways to be kind while we shelter in place.

This is an example of a thank card that can be taped to the front door to thank your mail carrier or delivery driver.



This is a poster kids can make to put in their front window for neighbors.



Write a chalk art message. What else can you write?



Paint some rocks and leave them outside for others to discover. What message could you write on the rocks?



Other ideas are to send a card, picture, or note to neighbors or family members living alone.