



After School S.A.F.E. Framework for Lesson Planning

Title: Family Jam Session and Storytelling Grade/Group: 6-8th grade Date: 4/2/2020

Objective: Start conversations within families about shared and differing music tastes. Encourage family storytelling.

Circle Component(s):	Physical Activity – Daily	Nutrition Education – 2x/month	Math and Literacy – 30-40 min. daily
	Arts Education – 1x/week	21 st Century Skills and STEM – 2x/week	Global Learning – 1x/week
	Leadership and Character Development – 1x/week	College and Career Readiness— 2x/month	Service Learning – 1 project/quarter

<u>Sequenced</u>	<p>Explain step-by-step the activity and how it builds on other activities</p>	<p>Get together as parent(s) and child(ren). Let’s start a conversation:</p> <ul style="list-style-type: none"> ● What is “taste” in the context of music? ● How do different types of music make us feel? <ul style="list-style-type: none"> ○ How does this affect our mood? ● How have our tastes in music changed as we have matured? ● What are some current music trends that you enjoy/do not enjoy? <p>In this activity, we will be listening to music that is important to each family member. After, we will tell relevant stories and discuss our emotions relating to the music.</p>
<u>Active</u>	<p>Hands on-engagement, demonstrate and practice skills</p>	<p>Ask kids about their favorite songs and albums. Open up Youtube, Spotify, or any other music streaming service. Encourage kids to play the music they just mentioned and to share stories associated with their music.</p> <p>Example: “The first time I heard this song, I was in the car with my friend ___ on the way to see a movie. As soon as I heard it, I knew I had to look up the musician. Since that day, they have been my favorite musician!”</p> <p>Now, parents do the same. Use this as an opportunity to share stories with your kids about when you were their age. What kind of music did you listen to then? What was your favorite song?</p> <p>Example: “When I was your age, my friends and I <i>loved</i> this band! We would meet up after school, have a snack, and jam out to this album.”</p> <p>This can be especially cool if parents grew up in a different country or with a different language. “When I was growing up in _____, my grandparents loved to listen to _____ music while they cooked. It reminds me of all the delicious traditional food they made for our family!”</p>

Focus	Specific time and attention on skill development	15-60 minutes. Students practice expressing their emotions and identity through the creative outlet of music and storytelling. They explore their family’s heritage and learn about traditional music. They broaden their social skills by practicing listening to others share and responding appropriately.
Explicit	Observation and reflection = validation of skills Review Objective	Finish by asking children questions like “What does this music mean to you?” “How did listening to this song make you feel?” or “How can we use music to improve our mood?” Reflect on stories shared: <i>What do parents and kids have in common? How are we different? How can this make us closer as a family?</i>
Alignment	Alignment of Common Core State Standards	3.MU:Re7.1 Demonstrate and describe how selected music connects to and is influenced by specific interests, experiences, or purposes. 2.MU:Re8 Demonstrate knowledge of expressive qualities and how they support creators’ and performers’ expressive intent. CCSS.ELA-Literacy.SL.1.4 Describe people, places, things, and events with relevant details, expressing ideas and feelings clearly.
Language Development	List Vocabulary and Sight Words Reviewed	<i>taste</i> (noun) - the ability to discern what is of good quality or of a high aesthetic standard.