



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



March

Dear Parent/Guardian:

Today in your child's classroom, I read the book ***Side by Side: The Story of Dolores Huerta and Cesar Chavez*** by Monica Brown. This book shares the story of the lives of Cesar Chavez and Dolores Huerta and their journey to social and economic justice for farmworkers. Dolores Huerta's famous phrase – "Sí Se Puede!" – motivated the farmworkers to fight for better working conditions. Cesar and Dolores are an inspiration for all who believe in the fight for social justice.

**This month's dicho:** "Si Se Puede!"

**About Cesar Chavez and Dolores Huerta:** Dolores and Cesar shared the desire to fight against the injustices in the agricultural fields affecting many farmworkers. Cesar experienced first-hand what it was to be a migrant worker and live in poverty. Dolores saw many migrant workers without a place to sleep and students who were too tired and hungry to learn in her class. Cesar and Dolores believed that it was unfair that the farmworkers did all the hard work of growing and picking the crops, but did not have enough food on their tables at the end of the day. They worked together leading marches and strikes to make a better life for farmworkers.

**This month's classroom activities:** The two activities involved brainstorming ways of becoming an agent of social change at school, at home, and in the community. In the first option, students made posters to show the different social justice causes they support. The second activity option consisted of making a *sí se puede! chain*. On strips of construction paper students wrote "I Can" statements to link together and make a chain of change.

**Ideas to reinforce the message at home:**

- Ask your child to tell you about Cesar Chavez and Dolores Huerta.
- As a family create your own si se puede! posters or paper chains.
- Watch the film: *Cesar Chavez – History is Made One Step at a Time*.

If you would like more information about our Los Dichos program or are interested in becoming a volunteer reader please contact me or visit [www.projectcornerstone.org](http://www.projectcornerstone.org)

Sincerely,

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Los Dichos Lead(s)

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Telephone/Email