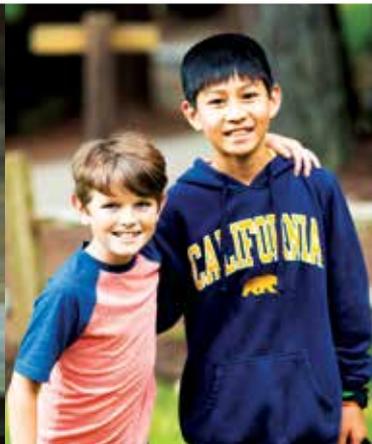




FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PLUG IN TO A NEW EXPERIENCE

2020 Overnight and Day Camps / YMCA Camp Campbell
SUPPORTED BY THE VALLEY FOUNDATION





WHY SEND YOUR CHILD TO YMCA CAMP CAMPBELL?

- **Safety** is our number one priority.
- **We provide developmental experiences in fun ways** to help young people thrive, build confidence in themselves and others, and become healthy, caring, responsible adults.
- **We believe camp is an essential experience for all children and families**, therefore we offer financial assistance for all of our programs.
- **Our camp staff help cultivate the values, skills, and relationships that lead to positive behaviors**, healthy habits and educational achievement for our campers.
- References available upon request.

OUR VALUES-BASED PROGRAMMING

We integrate the core values of caring, honesty, respect, and responsibility in all of our programs, including:

Morning Inspiration: Each day begins with a flag ceremony and a reflective activity focused on values.

Rags and Beads Program: Campers are given the opportunity to participate in a Y program started in 1914. Counselors guide campers to set goals focused on character building.

Devotion: At the end of each day, cabin groups participate in unique counselor-guided discussions and activities that strengthen the cabin community.

Gratitude Tree: At meals and in cabins, counselors and campers share statements of gratitude. These statements are integrated into the camp program and posted for everyone to review.

WHAT MAKES YMCA CAMP CAMPBELL SPECIAL?



Online registration available at www.ymcacampcampbell.org

OUR HISTORY

YMCA Camp Campbell knows camp. Established in 1936, we have been providing safe and affordable camping experiences for thousands of children and families for over 80 years.

YMCA Camp Campbell is part of YMCA of Silicon Valley, whose rich history began in San Jose 150 years ago. It now includes 10 branches and our resident camp. The Y is the nation's largest nonprofit, community-based organization with programs and services for youth and families of all backgrounds. As part of a network of more than 2,500 Ys across the country, we have the skills, knowledge and expertise in working with youth.

OUR STAFF

Our caring staff empower campers to learn about the world, develop interpersonal skills, and engage in new and creative activities. Head counselors are high school graduates and are typically in pursuit of a college degree focused on youth development or education. Employees are hired based on all American Camp Association guidelines including formal interviews, experience, training, and extensive background checks. To increase the cultural awareness of our campers and ensure the highest quality experience, we hire both local and international staff. All staff members are CPR and First Aid certified and participate in a seven-day training that includes youth development, leadership skills, activity planning, and child abuse prevention.

OUR ACCREDITATION

YMCA Camp Campbell is accredited by the American Camp Association, meeting the highest standards in nearly 300 areas, including health, program development, safety, personnel, transportation, and facilities.



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EXPERIENCE YOU CAN TRUST

FOR YOUTH DEVELOPMENT

TRADITIONAL OVERNIGHT CAMPS



OUR PROGRAM

Our two-week program emphasizes growth and strengthening character values in all campers. Throughout the program, campers learn more about themselves and how to work together as a cabin group. Whether it is playing an all-camp game, learning new skills in an activity session, eating meals in the dining lodge, or dressing up, campers form meaningful relationships, try new things, and have tons of fun.

Camp is full of traditional outdoor activities like campfires, hikes, skits and songs, cabin cheers and the chance to sleep under the stars. Over two weeks, campers disconnect from technology and distractions of outside life. Here at camp, our number one priority is providing a safe, positive camper experience. We believe that campers are most successful when given the opportunity to push themselves out of their comfort zones and discover in themselves resiliency, responsibility, and confidence.

Ages	7–16		
Dates	June 14–26	July 5–17	July 19–31
Rates	YMCA Member: \$1295		
	Community Member: \$1325		

SAMPLE SCHEDULE

8:30 am	Breakfast
9:15 am	Clean up
9:45 am	Activity 1
11:00 am	Activity 2
12:30 pm	Lunch
1:30 pm	Rest Hour
2:45 pm	Activity 3
4:00 pm	Activity 4
5:15 pm	Snack/Cabin time
6:15 pm	Flag
6:30 pm	Dinner
7:30 pm	Evening Activity
9:00 pm	Devotions & Bedtime



SKILL DEVELOPMENT

We value campers' choices by giving them a voice. Campers are asked to pursue up to eight activity areas where they have a passion. Campers participating in the traditional two week program will work towards progressing, developing, and achieving new skills in their two week long activity choices. Campers get to try additional activities on camper choice days.

Progressive: Throughout the two weeks, campers develop their skills and abilities in these activity areas.

Discover: Campers are given additional activity choices during the week to try new activities and discover what they can achieve away from home and school.

Achieve: Through these achievements, campers build confidence, knowledge, and a new found sense of excitement to learn. Achievements are celebrated at the end of each two week session.

ACTIVITY CHOICES

- Archery
- Arts and Crafts
- Basketball
- Ceramics*
- Climbing Wall
- Dance
- Disc Golf
- Drama
- Drawing
- Football
- Gardening
- Guitar
- Gymnastics
- Jewelry Making
- Lacrosse
- Leatherworking
- Martial Arts
- Outdoor Cooking
- Paddle Boarding* **NEW**
- Paintball **NEW**
- Painting
- Percussion **NEW**
- Personal Fitness
- Photography*
- Ropes Course*
- Rugby
- Sculpture
- Skateboarding **NEW**
- Soccer
- Street Hockey
- Swim Instruction
- Swim Team
- Tennis
- Ultimate Frisbee
- Ukelele
- Volleyball
- Water Games
- Yoga

*Age requirement 11 years and older



CABIN LIFE

One of the best parts of camp is meeting new people and spending time together as a cabin. In cabins, campers of similar ages live together and learn to make lasting friendships. Campers develop camaraderie with their cabin mates and counselors as they learn to make decisions as a group. Our staff are positive adult role models that help campers take responsibility for themselves and others, work together to solve problems, and have fun at camp.

MEALS

Our kitchen staff prepare wholesome, kid-friendly food. Meals are a great time to meet new campers and counselors and to learn a sense of responsibility. While supervised by counselors, campers serve their own food and clean up their own table. Our menu is full of variety and options for our campers and we can accommodate most dietary restrictions.

MAKING FRIENDS & CREATING MEMORIES

FOR YOUTH DEVELOPMENT

ADDITIONAL OVERNIGHT CAMPS



MINI CAMPS

SIX-DAY CAMP

Not quite ready for a full camp session? We offer a six-day, five-night program to introduce campers to camp and our program, and to get them ready for the full two weeks of camp. Campers spend their week doing fun activities, making lasting friendships, and living in a cabin with other campers of similar ages.

Ages	7–16		
Dates	June 28–July 3	August 2–7	August 9–14
Rates	YMCA Member: \$800 Community Member: \$835		

FOUR-DAY CAMP

This four-day, three-night adventure is an ideal introduction to an overnight camping experience for first-time campers. We provide a safe, fun program loaded with traditional camp activities. Our staff lead campers with a caring approach and individual attention for our youngest campers.

Ages	7–10		
Dates	June 28–July 1	August 2–5	August 9–12
Rates	YMCA Member: \$500 Community Member: \$550		

SERVICE CAMP

This program gives teens the opportunity to enjoy traditional camp activities, while giving back to their community. This one week camp includes four days of service projects both onsite and off, where our teen campers build relationships while they work together. Service camp may include projects such as habitat restoration, animal shelter, and beach clean-up. Get ready to laugh, learn and make long-lasting friendships. Campers will earn approximately 20 community service hours while enjoying our beautiful redwood forest and Central Coast.

Ages	12–14	
Dates	June 28–July 3	August 2–7
Rates	YMCA Member: \$800 Community Member: \$835	

“We come back every year to Camp because we know our children are safe, being cared for, and taught lifelong values like caring and responsibility. Thanks Camp Campbell!”

– YMCA Camp Parent



ADDITIONAL TEEN PROGRAMMING

TEEN ADVENTURE CAMP - CLASSIC

Teens enjoy 12 days of incredible adventures with an emphasis on team work, perseverance, and experiential learning. Activities include rock climbing, backpacking and overnight camping, and a white water rafting trip on the American River. Specially hired and trained trip leaders teach teens skills that will last a lifetime about safely enjoying the outdoors. Campers will learn about backcountry travel, outdoor cooking, and environmental concepts like "Leave no Trace."

Ages 13–16

Dates June 14–26 July 19–31

Rates YMCA Member: \$1425
Community Member: \$1525

TEEN ADVENTURE CAMP-WAVES & WHITEWATER

Ready for that next step of adventure camping? Our Waves and Whitewater program is the perfect fit for adventurous teens. With sea kayaking, paddle boarding, whitewater rafting and surfing, campers spend two weeks immersed in exciting, challenging activities while learning and growing together as a team. This 12-day program is the perfect fit for active teens who are looking for something new. Advanced swimming skills required.

Ages 13–16

Dates July 5–17

Rates YMCA Member: \$2000
Community Member: \$2100

TEEN ADVENTURE CAMP-ONE WEEK

Our one week Teen Adventure Camp option is designed for the first time adventure camper. Campers will live in tents for a week and sample some of our favorite adventure camp activities like high ropes, an overnight backpacking trip, and rock climbing. Create lasting friendships and memories while trying a new challenge.

Ages 13–16

Dates June 28–July 3

Rates YMCA Member: \$905
Community Member: \$980

LEADER IN TRAINING (LIT) PROGRAM

Summer camp shapes strong leaders. In fact, studies have proven that camp equips young people for leadership like few other programs. Young people who participate as LITs emerge from their two week adventure confident and ready to rise to just about any challenge put in front of them.

LITs are teens that are ready to step up to the next level and prepare for their future roles at camp and society. The LIT program helps prepare teens for adulthood, college, and additional responsibility. It is an opportunity for teens to step away from technology and school pressures and grow together as a community that supports each other in trying new things, becoming strong role models and taking on challenges.

Ages 15–16

Dates June 14–26 July 5–17 July 19–31

Rates YMCA Member: \$1295
Community Member: \$1325

COUNSELOR IN TRAINING (CIT) PROGRAM

This skill-based training program prepares teens to be camp counselors. The first two weeks of this camp focuses on training in youth development, communication, leadership, activity planning, safety, and relationship building. After a weekend home break, CITs then put their skills into practice, getting involved directly with camp, including lesson planning and spending a week working alongside counselors with our young campers.

The CIT program prepares teens to be youth mentors both at camp and in their home community. Throughout the program our CITs have the opportunity to work on a service project to help ensure all youth have the opportunity to attend camp.

Ages 16–17

Dates June 14–July 10 July 19–August 14

Rates YMCA Member: \$1295
Community Member: \$1325

FOR HEALTHY LIVING FAMILY CAMP



CAMP IS NOT JUST FOR THE KIDS!

Enjoy a fun-filled weekend of family time up in the redwoods. Build stronger relationships while trying new activities, singing by the campfire, and eating healthy meals as a family. Together, you will play, laugh and grow.

LODGING AND MEALS

Our cabins provide a perfect space for you and your family to rest and relax. Each cabin sleeps between 14–20 people and is equipped with electricity, hot showers, sinks and toilets.

Our Tent Cabins are for the rugged camper and each sleeps eight people. Each cabin has bunks and access to shared, centrally located bathrooms with hot showers, sinks and toilets. Tent cabins do not have electricity. Available for Memorial Day Family Camp, 4th of July Family Camp, and Labor Day Family Camp.

Our meals are served buffet style in our beautiful Swenson Family Lodge. Let us take care of the cooking and dishes while you enjoy a home cooked meal as a family.

SAMPLE DAY

7:00 – 8:00 am	Sunrise swim or hike
8:00 – 9:00 am	Breakfast
9:15 am – 12:30 pm	Open activities
12:30 – 1:30 pm	Lunch and camp store open
1:30 – 2:00 pm	Group game
2:00 – 5:00 pm	Open activities & swim with slide
5:00 – 6:00 pm	Open activities/rest
6:00 – 7:00 pm	Dinner
7:00 – 7:30 pm	Group game
7:30 – 9:00 pm	Family campfire and s'mores
9:00 – 10:00 pm	Evening activities & night hike

**For a list of additional activities, visit:
www.ymcacampcampbell.org**



FAMILY CAMP OPTIONS

We offer a variety of camping opportunities for families here at YMCA Camp Campbell, including:

February 16	Food Friendly Day NEW	June 19–21	Camping and Kayak Trip*
February 22–23	Camp Quest NEW	July 3–5	4th of July Family Camp NEW
March 6–8	Mother/Son Weekend	August 2–8	Sequoia Lake Family Camp*
March 20–22	Father/Child Weekend	September 5–7	Labor Day Family Camp
April 3–5	CampOUT NEW	September 11–13	Mother/Son Weekend
April 17–19	Women’s Wellness Weekend	September 25–27	Camping and Canoe Trip*
May 1–3	Mother/Daughter Weekend	October 2–4	Mother/Daughter Weekend
May 8–10	Mother/Daughter Weekend	November 6–8	Women’s Wellness Weekend
May 22–25	Memorial Day Family Camp	November 20–22	Men’s Retreat
June 5–7	Learn to Camp Weekend* NEW	December 5–6	Homemade for the Holidays NEW

*This family camp program takes place offsite

FOR HEALTHY LIVING

DAY CAMP



TRADITIONAL DAY CAMP

Your child experiences the adventure and excitement of the outdoors, while making friends and developing new skills. Campers exercise their independence and decision-making skills by choosing their own activities. Traditional day camp weeks include a fun-filled field trip. All trips are close to camp, allowing for more time exploring and less time travelling.

Ages 5–10

DAY CAMP DATES

June 15–19

June 22–26

June 29–July 3

July 6–10

July 13–17

July 20–24

July 27–31

August 3–7

August 10–12*

*Traditional Day Camp only



CARING

Be caring and kind to both oneself and others



HONESTY

Be honest with oneself and truthful to others



ADVENTURE DAY CAMP

Adventure day camp will allow campers in grades 6–8 to become a master in a skill or craft that they have always wanted to try. Each week will focus on an enrichment area and will include many off-site trips to add to the experience. We will be offering horseback riding, x-games, water sports, rock climbing, photography, museum explorers, cooking, painting, and ceramics. Each week campers will also get to experience a mix of traditional camp activities including swimming, archery, crafts, and more.

Ages 10–13



RESPECT

Treat every living being including yourself with respect



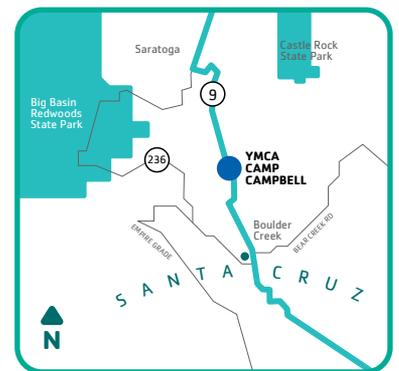
RESPONSIBILITY

Take responsibility for your actions and do what is right



YMCA CAMP CAMPBELL

16275 Highway 9, Boulder Creek CA 95006
831-338-2128 • www.ymcacampcampbell.org



Like us on Facebook to stay current of Y happenings, connect with like-minded people, and win fun prizes