



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



## Behind Every Name Icebreaker\*

Have the group circle up (sitting or standing). Toss the ball around or across the circle. When players catch the ball, they should answer the following questions:

- What is your name?
- Are you named for a particular person or reason?  
If so, who or for what reason?
- Do you like or dislike your name?  
Explain why or tell what you'd like to be called?
- Where were you born?
- What is important to you about your heritage?
- What one thing would people be surprised to know about you?
- What are you proud of?

### Going Deeper

What did you discover about others in the group? About the various things you're proud of?

Did you discover anything you have in common with others that you didn't realize before?

How does your family heritage enrich your life?



\*From *Great Group Games* by Susan Ragsdale and Ann Saylor