



**PROJECT  
CORNERSTONE**  
A YMCA of Silicon Valley Initiative

# ADULT ROLE MODELS

**January Asset of the Month**

**“Every kid is one caring adult away from being a success story.” – Josh Shipp**

## **Definition**

Parents and other adults model positive, responsible behavior.

## **The Importance of Adult Role Models**

Adult role models have a tremendous impact on young people. Teachers, coaches, relatives, community members, and other caring adults make a big impact.

## **What You Can Do**

- Smile and say hi to youth you encounter.
- Model hard work, a positive attitude, and respect for others.
- Don't be afraid to start a conversation with a young person in your neighborhood.
- Demonstrate positive responses to difficult situations, such as offering a sincere apology when appropriate, or trying again when you fail to achieve a goal.

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**[www.projectcornerstone.org](http://www.projectcornerstone.org)**