



**PROJECT
CORNERSTONE**
A YMCA of Silicon Valley Initiative



SAFETY

June Asset of the Month

“If youth do not feel safe it is harder to learn.” – Unknown

Definition

Young people feel safe at home, at school, and in the neighborhood.

The Importance of Safety

Feeling safe at home, at school, and in the community is necessary for young people’s health and wellbeing. There are multiple elements of safety for young people, all of which are important to help children thrive. These elements include safety from accidents and hazards, safety from crime and violence, and safety from bullying and harassment, just to name a few. For young people, feeling unsafe often results physical, emotional, and social consequences.

What You Can Do

- Hold honest, open, and age-appropriate discussions with your children about personal safety, avoiding dangerous situations, and what to do if they feel threatened.
- Talk to your children about bullying, including what to do if they or their peers are being bullied. Bullying is a form of intimidation, and directly impacts young people’s sense of personal safety and comfort.
- Help youth identify safe adults.

To learn more about Project Cornerstone, visit us at
www.projectcornerstone.org