



Project Cornerstone and the **YMCA** value the love and support of family. This consistent foundation promotes the growth of kind and confident children.

- Write a note to another family member about what makes them special to you.
- Say "I love you" to each other.
- Do something kind for each member of the family (a sibling's chore, pick up toys, tell someone what you admire about them).

Developmental Asset #1-FAMILY SUPPORT: Family continues to be a consistent provider of love and support for the child's unique physical and emotional needs.

Learn more at www.projectcornerstone.org



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