



FOR YOUTH DEVELOPMENT™  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# LEARNING VALUES THROUGH ADVENTURES

Adventure Guides and Trailblazers  
SOUTH VALLEY FAMILY YMCA



## ADVENTURE GUIDES AND TRAILBLAZERS

### PURPOSE AND PARTICIPATION

Adventure Guides (grades K-4) and Trailblazers (grades 4-6) bring a child and his/her father or other sponsoring adult together to enjoy mutually rewarding activities. It gives the father or caring adult and child one-on-one time to focus on each other, express their love, meet new friends, share responsibility and leadership opportunities, and build self-esteem.



### HOW ARE ADVENTURE GUIDES AND TRAILBLAZERS STRUCTURED?

The Adventure Guides and Trailblazers programs are structured in "Circles," "Expeditions," and "Federations." Federations plan activities such as camps, outdoor adventures and service projects in our community. These activities encourage building skills, values, healthy habits, and fun. In the Trailblazers program, parents play a vital role as teachers, counselors, and friends.



### FAMILY ORIENTATION NIGHT

Thursday, September 15  
6:30 - 7:30 pm

Learn more about Adventure Guides, talk to current members, and enroll. You and your son or daughter can enjoy arts and crafts and snacks. If you cannot attend, simply return the completed registration form to South Valley Family YMCA. A Circle Navigator will contact you within a week and place you and your child in a Circle to engage with others.

For details call 408 513 3156.



### FINANCIAL ASSISTANCE

Y membership is open to everyone. Financial assistance is available through generous donors to our Community Support Campaign. For a confidential application, stop by the Y or download a form at [svfyymca.org](http://svfyymca.org)



support neighbors.

The Y is a nonprofit organization that makes accessible the support and opportunities that empower people and communities to learn, grow and thrive. With a focus on youth development, healthy living and social responsibility, the Y nurtures the potential of every youth and teen, improves the nation's health and well-being, and provides opportunities to give back and support neighbors.

### ABOUT THE Y

# PARENT CODE OF CONDUCT

In keeping consistent with the Y and Adventure Guides and Trailblazers program goals and objectives, I hereby pledge to provide positive support, care and encouragement for the children and families in the Adventure Guides and Trailblazers programs by following this Code of Conduct:

- I will strive to meet the goals and objectives of the Adventure Guides program.
- I will model and teach the Y core values—caring, honesty, respect and responsibility.
- I understand the commitment of the YMCA of Silicon Valley.

- I will follow the Adventure Guides program standards.
- I will help ensure a safe and healthy environment for my child to participate.
- I will provide support for Expedition Officers, Circle Officers, and the Y staff working with my child to provide a positive and enjoyable experience for all.
- I will demonstrate positive role modeling through behavior, actions and activities.
- I will support a drug-free and alcohol-free environment for my child and agree to prohibit their use at all events and activities.
- I will support a smoke-free environment at all Circle, Expedition and Federation activities and outings.
- I will encourage my child to treat other participants with respect regardless of race, sex, creed, or ability.
- I will help provide proper supervision for all children.
- I will report anyone violating this Code of Conduct to the Expedition Leader, appropriate level Y Supervisor, or the Y Association Office.



# REGISTRATION FORM



Complete and return this registration form (one per child) to South Valley Family YMCA by mail or in person. If paying by check, include your payment, payable to South Valley Family YMCA, with your registration form. If paying by credit card or cash, bring your payment with you when you register in person. (Make one payment per family.) Financial assistance is available.

## PROGRAM: Please check one

Adventure Guides Grades K-4 - Mammoth/Sequoia (Boys)  
 Adventure Guides Grades K-4 - Lassen/Shasta (Girls)  
 Trailblazers Grades 4-6 (Co-ed)

Name of Circle \_\_\_\_\_ Year in Program 1 2 3 4 5 6 7

Child's Name \_\_\_\_\_ Sex: M F

Birthdate \_\_\_/\_\_\_/\_\_\_\_\_ Child's T-shirt Size S M L XL XXL

Grade K 1 2 3 4 5 6 School Attending \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_

Adult T-shirt Size M L XL XXL XXXL

Address \_\_\_\_\_ City/Zip \_\_\_\_\_

Home Ph. \_\_\_\_\_ Day/Cell Ph. \_\_\_\_\_

Email \_\_\_\_\_

## MEDICAL INFORMATION AND CONSENT

Child's Name \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_

Address \_\_\_\_\_

City/Zip \_\_\_\_\_ Day/Cell Ph. \_\_\_\_\_

Physician \_\_\_\_\_ Physician's Ph. \_\_\_\_\_

Physician's Address \_\_\_\_\_

Preferred Hospital \_\_\_\_\_

Dentist \_\_\_\_\_ Dentist's Ph. \_\_\_\_\_

Dentist's Address \_\_\_\_\_

Medical Insurance Co. \_\_\_\_\_

Policy # \_\_\_\_\_

Allergies \_\_\_\_\_

## EMERGENCY CONTACT

Name \_\_\_\_\_ Relation \_\_\_\_\_

Home Ph. \_\_\_\_\_ Cell Ph. \_\_\_\_\_

Name \_\_\_\_\_ Relation \_\_\_\_\_

Home Ph. \_\_\_\_\_ Cell Ph. \_\_\_\_\_

Name \_\_\_\_\_ Relation \_\_\_\_\_

Home Ph. \_\_\_\_\_ Cell Ph. \_\_\_\_\_

## ADULT'S AUTHORIZATION

**Medical Release:** The information provided is correct to the best of my knowledge, and the person described has my permission to engage in all prescribed activities, except noted by me. In the case of sickness or accident, I hereby give permission to the medical personnel selected by South Valley Family YMCA representatives to order x-rays, routine tests, treatment, dental work, and necessary transportation for the recipient at my expense. In the event that I cannot be reached in an emergency, I hereby give permission to the physician selected by South Valley Family YMCA representatives to secure and administer treatment, including hospitalization. This form may be photocopied for use away from the main program site.

**Photo Release:** All photos that are taken may be used for promotional purpose.

**Parent Code of Conduct:** I have read and understand the Adventure Guides and Trailblazers Parent Code of Conduct. I am fully aware that failure to support this Code of Conduct will jeopardize my participation in the South Valley Family YMCA Adventure Guides and Trailblazers program.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

## REGISTRATION FEES

(Financial assistance available)

Fee x Qty = Total

	Fee	Qty	Total
<b>Parent/Child Program Fee</b> Includes fee and materials for parent/child pair	\$85		
<b>Additional Child Program Fee</b> Includes fee and materials for additional child in program	\$45		
<b>Starter Pack</b> (recommended) Includes manual, patches and compass	\$25		
<b>Program Membership Fee</b> One participant must have a valid Facility or Program Membership.	\$25		
<b>TOTAL</b>			

## PAYMENT INFORMATION

**Paid by:** Check Credit Card **Check #** \_\_\_\_\_

**Credit Card Info:** MasterCard Visa Discover American Express

Name as it appears on card \_\_\_\_\_

Card # \_\_\_\_\_ Exp. \_\_\_ / \_\_\_

Signature \_\_\_\_\_