



Childwatch Curriculum Palo Alto Family YMCA

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1 <ul style="list-style-type: none"> I Help Others By___ Mother May I Tissue Paper Flowers 	2 <ul style="list-style-type: none"> Freeze Dance Shoe Salad No School PAUSD	3 <ul style="list-style-type: none"> Follow The Leader Story Time By The Tree No School PAUSD	4 <ul style="list-style-type: none"> Color Crazy Coloring Pages Sand Castles No School PAUSD	5 <ul style="list-style-type: none"> Name Game Basket Ball No School PAUSD	6 <ul style="list-style-type: none"> Puzzling Puzzles Play-Doh People No School PAUSD	7 <ul style="list-style-type: none"> Cereal Necklaces Picture Perfect Garden Musical Chairs 	
8 <ul style="list-style-type: none"> Bubble Mania Egg Hunt YMCA Holiday Hours 9 am - 2 pm	9 <ul style="list-style-type: none"> Butterflies Craft Building Block Challenge Pack A Picnic 	10 <ul style="list-style-type: none"> Clean Up Game Who's Got The Keys? Once Upon A Time- Create a Story 	11 <ul style="list-style-type: none"> Spring Mobiles Paper Plane-A-Palooza Hand Flowers 	12 <ul style="list-style-type: none"> Balloon Ball Blow Paint Healthy or Not Healthy 	13 <ul style="list-style-type: none"> Lego Challenge Story Time ZAP! 	14 <ul style="list-style-type: none"> Name Game Clay Creations Freeze Dance 	
15 <ul style="list-style-type: none"> What A Ball Name Art Sand Castles 	16 <ul style="list-style-type: none"> Bubble Pop Sticker Collage Musical Chairs 	17 <ul style="list-style-type: none"> Puzzle Mania Tissue Paper Flowers Basket Ball 	18 <ul style="list-style-type: none"> Colorama Paper Towers Ball Toss 	19 <ul style="list-style-type: none"> Big Picture Deck Rock Pets Blow Paint 	20 <ul style="list-style-type: none"> Spring Flower Basket Building Block Bowling Spring Wind Sock 	21 <ul style="list-style-type: none"> What If Game Egg Carton Bugs Soccer 	
22 <ul style="list-style-type: none"> Follow The Leader Cereal Jewelry Tin Can Flower Pot 	23 <ul style="list-style-type: none"> I Like Name Game One Word Stories Cotton Ball Tree 	24 <ul style="list-style-type: none"> Balloon Pass Who's Balloon Is This? Builders And Destroyers 	25 <ul style="list-style-type: none"> Flower Pins Tissue Paper Butterflies Follow The Leader 	26 <ul style="list-style-type: none"> Foam Frames Sand Castles Basket Ball 	27 <ul style="list-style-type: none"> Mother May I Stained Glass Barn Yard Bonanza 	28 <ul style="list-style-type: none"> Spring Mobiles Paper Plane-a-Palooza Hand Flowers 	
29 <ul style="list-style-type: none"> Balloon Ball Blow Paint Healthy or Not Healthy? 	30 <ul style="list-style-type: none"> Lego Challenge Story Time ZAP! 	Theme: April Showers - Welcome Spring Asset of the month: Service To Others				APRIL	

By participating in Childwatch, your child and family will receive the following goals:

- Relationships
- Self Identity
- Appreciating Differences
- Safe & Provided For
- Healthy Lifestyles



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Monthly Themes for Childwatch Palo Alto Family YMCA

JANUARY

Ring In The New Year

Celebrate National Healthy Weight Week

Asset of the month: Adult Role Models

FEBRUARY

It's A Small World

Celebrate National Children's Authors & Illustrators

Asset of the month: Youth As Resources

MARCH

Healthy Kids

Celebrate National Nutrition Month

Asset of the month: Creative Activities

APRIL

April Showers - Welcome Spring

Participate in Global Youth Service Days

Asset of the month: Service To Others

MAY

Reading Rainbow

Celebrate Reading is Fun Day at the YMCA - May 14

Asset of the month: Youth Programs

JUNE

Summer Vacation

Celebrate National Aquatic Safety Month

Asset of the month: Safety

JULY

Patriotic - Red, White, & Blue

Celebrate Independence Day with Palo Alto Family YMCA at the Annual Chili Cook Off

Asset of the month: Community Values Youth

AUGUST

Olympics

Celebrate National Parks Month

Asset of the month: Caring Neighborhood

SEPTEMBER

Family Reflection

Celebrate Family Day - A Day To Eat Dinner With Your Children at the YMCA - September 26

Asset of the month: Parent Involvement In Schooling

OCTOBER

Fall Harvest

Celebrate National Character Counts Week

Asset of the month: Positive Family Communication

NOVEMBER

Season Of Giving

Celebrate National Family Week

Asset of the month: Positive Cultural Identity

DECEMBER

Winter Wonderland

Celebrate our Youth Holiday Party at the YMCA - December 17

Asset of the month: Family Support

