



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LEARNING VALUES THROUGH ADVENTURES

Adventure Guides
PALO ALTO FAMILY YMCA



Adventure Guides launches parents and children in kindergarten through 3th grade on a journey of discovery, with your child as the explorer and you as the guide. You'll enjoy group activities such as games, crafts, songs, stories, skits, ceremonies, and outdoor fun such as camping, hiking and swimming. If a parent cannot participate, a guardian or an adult family member is encouraged to participate.

Parent-child programs are among the oldest programs at the Y. In YMCA Adventure Guides, you and your child can spend one-on-one time, sharing experiences that lead to a better understanding of each other and a closer relationship. Participating in planned activities with groups of other parents and children, you'll guide your child through a variety of experiences to help them reach their full potential. And you'll grow, too. Your child will learn leadership skills and make new friends. Together, you'll build lifetime bonds and create lasting memories.

Sessions

Fall Oct 2011 - Jan 2012

Spring Feb - May 2012

ADVENTURE GUIDES
Information and kick-off night

Fall Saturday, 9/24 • 1-2 pm

Spring Saturday, 1/28 • 1-2 pm



Adventure Guides

AIMS

- 1 To be clean in body and pure in heart
- 2 To befriends forever with my son/daughter
- 3 To love the sacred circle of my family
- 4 To listen while others speak
- 5 To love my neighbor as myself
- 6 To respect the traditions and beliefs of all people
- 7 To understand and appreciate all nature has to offer

ACTIVITIES

The core of the program circle meetings and expedition adventures.

- **Circle meetings and gatherings** - Circle meetings meet monthly for fellowship, crafts, stories and the like
- **Expedition adventures** - Periodically, Circles come together for Expedition adventures such as kite flies, and trips to the zoo.
- **Family oriented activities** - To come!

STRUCTURE

Participants are grouped as follows:

- Guide - Parent
- Explorer - Child
- Circle - Group of Parents and Children

FEE

Fees will be processed at the membership desk in the lobby at Palo Alto Family YMCA.

Facility Member	\$290/parent & child*
	\$50/additional child*
Program Member**	\$330/parent & child*
	\$75/additional child*

*Parent (adult role model age 21+), Child (grades K-3)

**Current Program Membership required for each person (\$25)

Financial assistance available

PARENT CODE OF CONDUCT

In keeping consistent with the Y and Adventure Guides program goals and objectives, I hereby pledge to provide positive support, care and encouragement for the children and families in the Adventure Guides programs by following this Code of Conduct:

- I will strive to meet the goals and objectives of the Adventure Guides program.
- I will model and teach the Y core values—caring, honesty, respect and responsibility.
- I understand the commitment of the YMCA of Silicon Valley.
- I will follow the Adventure Guides program standards.
- I will help ensure a safe and healthy environment for my child to participate.
- I will provide support for Expedition Navigators, Circle Leaders, and the Y staff working with my child to provide a positive and enjoyable experience for all.
- I will demonstrate positive role modeling through behavior, actions and activities.
- I will support a drug-free and alcohol-free environment for my child and agree to prohibit their use at all events and activities.
- I will support a smoke-free environment at all Circle and Expedition activities and outings.
- I will encourage my child to treat other participants with respect regardless of race, sex, creed or ability.
- I will help provide proper supervision for all children.
- I will report anyone violating this Code of Conduct to the Expedition Navigator, appropriate level Y Supervisor, or the Y Association Office.





ADVENTURE GUIDES REGISTRATION

PALO ALTO FAMILY YMCA

PARTICIPANT INFORMATION

Name of Circle _____

Child's Name _____

Sex: M F Birthdate ___/___/_____ Grade K 1 2 3

School Attending _____

Child's T-shirt Size S M L XL XXL

Child's Name _____

Sex: M F Birthdate ___/___/_____ Grade K 1 2 3

School Attending _____

Child's T-shirt Size S M L XL XXL

Parent/Guardian Name _____

Adult T-shirt Size M L XL XXL XXXL

Address _____

City/Zip _____

Home Ph _____ Day/Cell Ph _____

Email _____

MEDICAL INFORMATION AND CONSENT

Child's Name _____

Parent/Guardian Name _____

Address _____

City/Zip _____ Day/Cell Ph _____

Physician _____ Physician's Ph _____

Physician's Address _____

Preferred Hospital _____

Dentist _____ Dentist's Ph _____

Dentist's Address _____

Medical Insurance Co _____

Policy # _____

Allergies _____

EMERGENCY CONTACT

Name _____ Relation _____

Home Ph _____ Cell Ph _____

Name _____ Relation _____

Home Ph _____ Cell Ph _____

Name _____ Relation _____

Home Ph _____ Cell Ph _____

REGISTRATION FEES

(Financial assistance available)

Fee x Qty = Total

Facility Member

Includes fee and materials for parent/child* pair

\$290

Includes fee and materials for an additional child*

\$50

Program Member

Includes fee and materials for parent/child* pair

\$330

Includes fee and materials for an additional child*

\$75

TOTAL

PAYMENT INFORMATION

Paid by: Check Credit Card **Check #** _____

Credit Card Info: MC Visa Discover AMEX

Name as it appears on card _____

Card # _____ Exp ____ / ____

Signature _____

ADULT'S AUTHORIZATION

Medical Release: The information provided is correct to the best of my knowledge, and the person described has my permission to engage in all prescribed activities, except noted by me. In the case of sickness or accident, I hereby give permission to the medical personnel selected by Palo Alto Family YMCA representatives to order x-rays, routine tests, treatment, dental work, and necessary transportation for the recipient at my expense. In the event that I cannot be reached in an emergency, I hereby give permission to the physician selected by Palo Alto Family YMCA representatives to secure and administer treatment, including hospitalization. This form may be photocopied for use away from the main program site.

Photo Release: All photos that are taken may be used for promotional purpose.

Parent Code of Conduct: I have read and understand the Adventure Guides and Trailblazers Parent Code of Conduct. I am fully aware that failure to support this Code of Conduct will jeopardize my participation in the Palo Alto Family YMCA Adventure Guides and Trailblazers program.

Email: I understand I will be receiving email communication from the Y regarding this and other youth programs. Initials _____

*Parent (adult role model age 21+)
Child (grades K-3)



Parent/Guardian Signature

Date