



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



BUILDING SKILLS CONFIDENCE & CHARACTER

Youth Sports 2011-2012
NORTHWEST YMCA

REGISTRATION FORM (one form per player)

Player Name: _____

Grade: _____ Weight: _____ Height: _____ Birthdate: ____/____/____

Sex: Male Female How many years experience in sport? _____

School and District: _____

Parent(s) Name: _____

Address: _____

City, State, Zip: _____

Home Ph: _____

E-Mail (mandatory): _____

Please list the league you are registering for on the corresponding line(s) below:

League: _____ Dates: _____

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League: _____ Dates: _____

T-Shirt Size (shirts are 50/50; select the size accordingly):

YS YM YL YXL AS AM AL AXL AXXL

If you choose a size that does not fit your child, a replacement t-shirt will cost \$6.

Volunteer Opportunities: I am interested in volunteering as a...

Referee Team Parent Head Coach Assistant Coach

Special requests _____

Note to Parent/Guardian: I hereby certify that the above named child is in normal health and capable of participating safely in YMCA sports. I grant permission for the above named child to participate in this program.

Parent/Guardian Signature: **X** _____

Emergency Treatment Release: As a parent/guardian of _____, a minor, I herewith authorize treatment by a qualified and licensed medical doctor in the event of a medical emergency which, in the opinion of the attending physician, may endanger his or her life, cause disfigurement, physical impairment, or undue discomfort if delayed. This authority is granted only after a reasonable effort has been made to reach me.

Family Physician: _____ Ph: _____

Allergies/Conditions (please describe): _____

Emergency Contact: _____ Ph: _____

X _____
 Parent/Guardian Signature Date

OUR FOCUS

Youth Development: Nurturing the potential of every child and teen

At the Y, our youth sports programs engage children and teens in positive, fun activities that build athletic, social and interpersonal skills. We encourage safety, fair play and good sportsmanship. Everyone contributes to the team's success.

We encourage parent involvement, including volunteering as a coach, official, timekeeper or team parent, as we work together to support your child.

The Y is accessible to all people. Financial assistance is offered to individuals and families who cannot afford membership. We count on the generosity of people like you to contribute to our Annual Giving Campaign to help provide financial assistance. When you give, your gift has a meaningful, enduring impact right in your own community.



YMCA YOUTH SPORTS

YOUTH BASKETBALL

(Grades K-12)

Youth Basketball is for boys and girls who want to play in an organized basketball program. Our noncompetitive program focuses on skill development, participation, and teamwork. We structure teams so that everyone plays and all teams have equal ability.

BASKETBALL CLINICS

(Grades K-12)

Basketball Clinics is an instructional 3-week program that provides additional focused training to learn basketball skills and tactics.

BASKETBALL SEMI-PRIVATE AND PRIVATE LESSONS

(Grades 2-12)

Personalized basketball instruction can help your child improve their skills in a more focused environment. Lessons are 45 minutes long.

SOCCER CLINICS (All ages)

Northwest YMCA, in partnership with U.S. Soccer Coaching, is launching a new Youth Soccer Program for the fall, winter, and spring seasons. It is for all ages and skill levels. Your child develops their soccer skills while learning teamwork and making new friends.

SOCCER STARS DISCOVERY PROGRAM (Ages 18 mos - 5 yrs)

This program is designed for children who are new to soccer. Through fun games, children learn balance, colors, coordination, and the basic soccer skills, like dribbling, shooting, and passing. Children will learn in a safe, indoor environment. Each child will receive a soccer certificate and a photo with their coach.

LIL SPORTSTERS (Ages 3-5)

Lil Sportsters is for girls and boys ages 3 to 5 years old. This program is a great way to introduce your youngster to a sports program in a noncompetitive atmosphere.

CHILD CARE SPORTS (Grades 3-5)

Youth in grades 3-5 who are in our child care programs at Blue Hills, Eisenhower, John Muir, Lincoln, Meyerholz, McAuliffe, Milikin, Stevens Creek, and West Valley play flag football (fall), dodgeball (winter), and volleyball (spring). Teams practice and play games during child care operating hours.

FINANCIAL ASSISTANCE

YMCA membership and programs are open to everyone. Financial assistance is available through the generosity of donors like you through our Annual Giving Campaign. To apply for financial assistance, pick up an application at our YMCA or download one online. Northwest YMCA is a nonprofit organization.

MISSION

To strengthen our community by improving the quality of life and inspiring individuals and families to develop their fullest potential in spirit, mind and body.

CONTACT US

For general Youth Sports questions, call Northwest YMCA at 408 257 7160. For specific questions or volunteer opportunities, call 408 351 2419.

If you are interested in being on the sports task force, please contact Scott Leong at sleong@ymcasv.org or 408 351 2419. The sports task force is designed to help improve the overall quality of the Sports Department.

FALL, WINTER & SPRING LEAGUES

YOUTH BASKETBALL

Ages: K-12 (girls and boys)
Dates: **Sep 12 – Nov 12, Jan 9 – Mar 17, Apr 9 – Jun 16**
Location: Various gymnasiums and outdoor courts in Cupertino and Sunnyvale
Fee: Facility Member \$112
Program Member \$155*

BASKETBALL CLINICS

Grades: K-12 (girls and boys)
Dates: **Nov 28 – Dec 17, Mar 19 – Apr 7**
Duration: 1-hour session twice a week for 3 weeks
Location: Various gymnasiums and outdoor courts in Cupertino and Sunnyvale
Fee: Facility Member \$60
Program Member \$75*

BASKETBALL PRIVATE AND SEMI-PRIVATE LESSONS

Grades: 2-12 (girls and boys)
Dates: **Sep 12 – Nov 12, Jan 9 – Mar 17, Apr 9 – Jun 16**
Duration: 45-minute session
Location: Various gymnasiums and outdoor courts in Cupertino and Sunnyvale
Fee:

Private	4 lessons	6 lessons	8 lessons	10 lessons
Facility Member	\$80	\$120	\$160	\$200
Program Member	\$96*	\$144*	\$192*	\$240*

Semi-private	4 lessons	6 lessons	8 lessons
Facility Member	\$64	\$96	\$128
Program Member	\$77*	\$115*	\$154*

SOCCER STARS DISCOVERY PROGRAM

Ages: Planet Soccer 2.5-3.5 (girls and boys)
Star Soccer 3.5-5 (girls and boys)
Dates: **Sundays, Sep 25 – Nov 13, Jan 15 – Mar 11, Mar 18 – May 13**
Time: Planet Soccer 5-5:45 pm
Star Soccer 5:45-6:30 pm
Location: Northwest YMCA Aerobics Studio
Fee: Facility Member \$50
Program Member \$80*

INDOOR SOCCER PROGRAM

Ages: 6-7 (girls and boys)
Dates: **Sep 25 – Nov 13, Jan 15 – Mar 11, Mar 18 – May 13**
Sundays, 6:30-8 pm
Location: Northwest YMCA Aerobics Studio
Fee: Facility Member \$60
Program Member \$100*

INDOOR SOCCER CLINICS

Ages: 6-7 (girls and boys)
Dates: **Nov 27 – Dec 18, May 20 – Jun 10**
Sundays, 6:30-8 pm
Location: Northwest YMCA Aerobics Studio
Fee: Facility Member \$50
Program Member \$75*

YOUTH SOCCER CLINICS

Ages: All ages (girls and boys)
Dates: **Sep 12 – Nov 12, Jan 9 – Mar 17, Apr 9 – Jun 16**
Location: Various fields in Cupertino and Santa Clara
Fee: Facility Member \$97
Program Member \$129*

Registration Deadlines

Fall Youth Basketball	Sep 1
Winter Youth Basketball	Dec 26
Spring Youth Basketball	Mar 26, 2012
All other leagues	First day of league

A late fee of \$25 will be applied if registration is past the deadline for the league.

* Program Members require additional \$25 Program Membership fee annually

Volunteer Coaches

All YMCA Youth Sports teams are coached by volunteer coaches. Many are parents who have children on the team. There must be **at least one parent volunteer to help coach a team**. We fingerprint and administer background checks on all coaches to ensure they are suitable to work with children.

To volunteer as a coach, check the coach's box in this YMCA Youth Sports registration form or call 408 351 2419 for more information.

Youth Basketball Parent and Coaches Meetings

Fall Youth Basketball

Parent Orientation	Aug 30	6:30 pm
Coaches Meeting	Sep 8	7 pm

Winter Youth Basketball

Parent Orientation	Dec 13	6:30 pm
Coaches Meeting	Jan 5, 2012	7 pm

Spring Youth Basketball

Parent Orientation	Mar 20, 2012	6:30 pm
Coaches Meeting	Apr 5, 2012	7 pm

All orientations and meetings held at Northwest YMCA.



LIL KICKERS SOCCER

Ages:	3-5 (girls and boys)
Dates:	Saturdays, Sep 24 – Nov 12 and Apr 21 – Jun 16 (No games and practices Apr 16-21 and May 28)
Time:	10-11:30 am
Location:	Various fields in Cupertino and Santa Clara
Fee:	Facility Member \$97 Program Member \$129*

LIL HOOPSTERS BASKETBALL

Ages:	3-5 (girls and boys)
Dates:	Jan 21 – Mar 17
Location:	Various gymnasiums and outdoor courts in Cupertino and Sunnyvale
Fee:	Facility Member \$97 Program Member \$129*

LIL T-HITTERS BASEBALL

Ages:	3-7 (girls and boys)
Dates:	Apr 21 – Jun 16
Location:	Northwest YMCA
Fee:	Facility Member \$97 Program Member \$129*

CHILD CARE SPORTS

Grades:	3-5 (girls and boys)
Dates:	Oct 3 – Dec 2 Flag Football (No child care Nov 21-25) Jan 9 – Mar 9 Dodgeball Mar 26 – May 25 Volleyball (No child care Apr 16-20)
Location:	Northwest YMCA child care sites at Blue Hills, Eisenhower, John Muir, Lincoln, Meyerholz, McAuliffe, Milikin, Stevens Creek, and West Valley
Fee:	\$75

* Program Members require additional \$25 Program Membership fee annually