

HELPING OUR CHILDREN THRIVE

With so many demands on today's families, parents need all the support they can get. That's why child care at the Y is about more than looking after kids. It's about nurturing their development by providing a safe place to learn foundational skills, develop healthy, trusting relationships and build self-reliance through the Y values of caring, honesty, respect and responsibility.



EAST VALLEY FAMILY YMCA
1975 S. White Road San Jose, CA 95148
(408) 715-6500 • www.evymca.org

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**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

NURTURING YOUR CHILD'S POTENTIAL

**Kinder Readiness
EAST VALLEY FAMILY YMCA**





YOUTH DEVELOPMENT

Nurturing the potential of every child and teen

We believe all kids deserve the opportunity to discover who they are and what they can achieve. That's why, through the Y, millions of youth today are cultivating the values, skills and relationships that lead to positive behaviors, better health and educational achievement.

KINDER READINESS (Ages 4-5 years)

Prepare your child for kindergarten with the Y! Physical motor skills (gross and fine), social skills, cognitive skills, and language/reading development are part of this exciting new program. Children need to be completely potty trained. Each class is limited to 24 Students Our teacher to child ratio is 1:12 9 hours per week. For details call **(408) 715-6500**

Days: M, W, F or T, TH

Time: 9 am – Noon

Fees: \$275/mo (3 days/wk M, W, F)
 \$225/mo (2 days/wk T, TH)
 \$95/mo (Added Enrichment)

Location:

East Valley Family YMCA
 1975 S. White Road
 San Jose, CA 95148

AM SESSION SCHEDULE

9:00 am- 9:30 am	Free Choice
9:30 am- 10:00 am	Circle Time
10:00 am- 10:45 am	Instructional
10:45 am- 11:00 am	Snack Time
11:00 am- 11:30 am	Outside Play
11:30 am- 11:45 pm	Story Time
11:45 am- 12:00pm	Pick Up

KR WITH ENRICHMENT

9:00 am- 12:00 pm	Class Time
12:00 pm- 12:30pm	Lunch
12:45 pm- 1:15 pm	Enrichment
1:30 pm	Pick-Up

ENRICHMENT SCHEDULE

Gym Movement,Swimming, sports, and crafts will alternate each month. No Enrichment is offered on Fridays.

September	Swimming
October	Gym Movement
November	Sports
December	Arts & Crafts
January	Swimming
February	Gym Movement
March	Sports
April	Arts & Crafts
May	Swimming
June	Gym Movement



PROGRAM DATES

Monday | Wednesday | Friday Class

September 8, 2010 - June 22, 2011

Tuesday | Thursday Class

September 7, 2010 - June 21, 2011

HOLIDAYS (No Kinder Readiness classes)

November 24- 26, 2010	Thanksgiving
December 20- Jan 31, 2010	Winter Break
January 17, 2011	MLK Day
February 21, 2011	President's Break
May 30, 2011	Memorial Day



EDUCATIONAL OBJECTIVES

Our goal is that each child will grow to his or her fullest capacity: physically, socially, and emotionally. Children explore concepts of color, shapes, letters, numbers, listening and following directions in a learning-supportive, curriculum-based program. We address the need for large and small motor skills, following directions, and choice based activities. The program emphasizes the Y's four core values of honesty, caring, respect, and responsibility.

ENRICHMENT

This is an optional component to the Kinder Readiness program. In addition to the daily schedule, your children will have the opportunity to take swim lessons in our indoor pool, shoot hoops with a variety of Y-Sports options, and take their creativity to a whole new level with our Arts & Humanities classes. Children enrolled in the enrichment sessions will have lunch (provided by you) and then go to their monthly enrichment activity. They will be led by certified instructors and sessions are for four weeks and 30 minutes long (8 total sessions).