



FOR YOUTH DEVELOPMENT*
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE

South Gym (near North Drive)
EL CAMINO YMCA

Jan. 1 – March 24

FACILITY HOURS

Monday – Thursday

5:30am – 10:00pm

Friday

5:30am – 9:00pm

Saturday & Sunday

7:00am – 7:00pm

SCHEDULED CLOSURES

Jan. 7

9:30 am – 12:30pm

Jan. 15

10 am – 4 pm

Jan. 19, Feb. 2, Feb. 9

	Monday	Tuesday	Wednesday	Thursday	Friday
	5:30 – 11:15am Open Gym	5:30am – 2:00pm Open Gym	5:30am – 12:30pm Open Gym	5:30am – 2:00pm Open Gym	5:30am – 2:00pm Open Gym
	11:15am – 1:00pm Living Strong, Living Well*	2:00 – 4:00pm St. Francis	12:30 – 1:00pm Living Strong, Living Well*	2:00 – 4:00pm St. Francis	2:00 – 4:00pm St. Francis
	1:00 – 2:00pm Open Gym	4:00 – 8:00pm Youth Sports*	1:00 – 2:00pm Open Gym	4:00 – 8:00pm Youth Sports*	4:00 – 8:00pm Youth Sports*
	2:00 – 4:00pm St. Francis	8:00 – 9:45pm Adult Pick-up Basketball*	2:00 – 4:00pm St. Francis	8:00 – 9:45pm Open Gym	8:00 – 9:00pm Open Gym Basketball
	4:00 – 8:00pm Youth Sports*		4:00 – 8:00pm Youth Sports*		
	8:00 – 10:00pm Open Gym Basketball		8:00 – 10:00pm Open Gym Basketball		

Saturday	Sunday
7:00 – 8:45am Breakfast Club Basketball (full court)	7:00am – 7:00pm Family Open Gym
9:00am – 7:00pm Youth Sports*	

Family Open Gym is recreational time for family members to enjoy any activity of their choice.

Open Gym may be used by any member or guest. Please be respectful and caring of others who wish to share the space.

Open Gym Basketball / Volleyball is available for pick-up games with rules and time limits (ages 11 and up).

* indicates programs in which only registered members (in the class / league) may participate.



FOR YOUTH DEVELOPMENT*
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GYM SCHEDULE

North Gym (near Studio A & B)

EL CAMINO YMCA

Jan. 1 – March 24

FACILITY HOURS

Monday – Thursday

5:30am – 10:00pm

Friday

5:30am – 9:00pm

Saturday & Sunday

7:00am – 7:00pm

SCHEDULED CLOSURES

Jan. 7

9:30 am – 12:30pm

Jan. 15

10 am – 4 pm

Jan. 19, Feb. 2, Feb. 9

	Monday	Tuesday	Wednesday	Thursday	Friday
	5:30am – 12:00pm TRX*	5:30am – 12:00pm TRX*	5:30am – 12:00pm TRX*	5:30am – 12:00pm TRX*	5:30am – 7:30am TRX*
	12:00 – 2:00pm Open Family Gym	12:00 – 2:00pm Open Family Gym	12:00 – 2:00pm Open Family Gym	12:00 – 2:00pm Open Family Gym	7:30am – 2:00pm Open Family Gym
	2:00 – 4:00pm St. Francis	2:00 – 4:00pm St. Francis	2:00 – 4:00pm St. Francis	2:00 – 4:00pm St. Francis	2:00 – 4:00pm St. Francis
	4:00 – 8:00pm Youth Sports*	4:00 – 8:00pm Youth Sports*	4:00 – 8:00pm Youth Sports*	4:00 – 8:00pm Youth Sports*	4:00 – 8:00pm Youth Sports*
	8:00 – 10:00pm Family Open Gym Basketball	8:00 – 9:45pm Adult Pick-up Basketball*	8:00 – 10:00pm Family Open Gym Basketball	8:00 – 9:45pm Family Open Gym Basketball	8:00 – 9:00pm Family Open Gym Basketball
	Saturday	Sunday			
	7:00 – 8:45am Breakfast Club Basketball (full court)	7:00am – 7:00pm Open Gym Basketball			
	9:00am – 7:00pm Youth Sports*				

IMPORTANT INFORMATION

The gym schedule is subject to change at any time due to program needs (i.e., Youth Sports, Summer Camp, Child Care, etc.).

If you have questions, comments, or requests, please call Chaz Pillatsch, Associate Sports Director, at 650 429 1329.