



Aqua Aerobics Class Schedule April 1st to July 3rd, 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	6:15am-7:10am Aqua Aerobics Sarah C. Int/Adv. ++		6:15am-7:10am Aqua Aerobics Sarah C. Int/Adv. ++			
	8:00am-8:55am Aqua Aerobics Penny Int/Adv. ++	8:00am-8:55am Aqua Aerobics Nita Int/Adv. ++	8:00am-8:55am Aqua Aerobics Ronda Mixed levels*	8:00am-8:55am Aqua Aerobics Dolorous/Penny Int/Adv ++	8:00am-8:55am Aqua Aerobics Penny Int/Adv.	8:00am-8:55am Water Ex. With Light Aerobics Nita Int/Adv. ++
9:00am -9:55am Water Ex. With Light Aerobics Celina Int/Adv ++	9:00am-9:55am Aqua Aerobics Penny Int/Adv ++		9:00am-9:55am Aqua Aerobics Ronda Mixed levels*	9:00am-9:55am Aqua Aerobics Andrea Mixed levels*	9:00am-9:55am Aqua Aerobics with Pilates Dolorous Beg/Int +	
		11:00am-11:55am Aqua Aerobics Ronda Mixed Levels*		11:00am-11:55am Aqua Aerobics Ronda Mixed Levels*		
	6:30pm-7:25pm Aqua Aerobics (Shallow End) Barbara Int/Adv ++ Deep h2o Exercise Lanie Int/Adv ++		6:30pm-7:25pm Aqua Aerobics (Shallow End) Sonia Int/Adv ++ Deep h2o Exercise Lanie Int/Adv ++		6:30pm-7:25pm Aqua Aerobics (Shallow End) Diane/Penny Int/Adv ++ Deep h2o Exercise Teresa Int/Adv ++	* Indicates mixed level classes + Indicates Beg/Int level classes ++ Indicates Int/Adv classes