Parents and kids agree: when it comes to summer time fun, nobody offers an experience like the Y.

The Y’s summer programs are all about adventure, healthy fun, personal growth, friendships and lasting memories. In Day Camp, children can enjoy traditional summer activities like swimming, arts and crafts, sports and field trips, and learn new skills through our specialty programs. Through Overnight Camps at Camp Campbell, children enjoy life-changing experiences while participating in nature hikes, campfires, archery and other outdoor activities. In addition, the Y offers a number of other summer options to provide enriching experiences for children of all ages and abilities.

Kids love the Y’s summer programs because they’re fun. Parents love them because the Y provides a safe, educational environment where kids grow, build character and form friendships that last a lifetime.

The Y offers summer adventures for youth and teens of all ages. And, to ensure that everyone has the chance to experience a healthy summer filled with fun, lifelong memories, the Y offers financial assistance for those in need.

Give your kids the chance to have fun, improve their health, learn new things and reach their potential—sign them up for an enriching summer experience at the Y!
WHAT MAKES CAMPS AT THE Y SPECIAL?

In Y camps, we build confident kids today to become contributing, engaged adults tomorrow. Our accredited overnight, day, teen leadership and family camps take a holistic approach to surround each youth with developmental opportunities and experiences for learning, enrichment, healthy living and personal growth. Of course, they’re fun, too.

Our campers...
• Learn values and positive behaviors
• Practice healthy habits
• Develop leadership skills
• Discover their talents and realize their potential
• Develop a sense of responsibility for themselves and others
• Gain independence and confidence
• Build character
• Explore nature
• Make new friends and learn social skills
• Have the time of their lives participating in fun activities
• Go home with memories to last a lifetime

Our day and overnight camps...
• Are accredited by the American Camp Association
• Meet the highest standards in nearly 300 areas, including health, safety, personnel, transportation and facilities
• Are staffed by caring people trained in safety, CPR, First Aid and child development
• Are for every age and stage of life
• Are affordable and offer the best value

We offer financial assistance if you need it.
SIGN UP TODAY.
DISCOVER YMCA DAY CAMPS

STEM, sports and specialized camps at the Y share one thing: they’re about discovery. Kids have the opportunity to explore nature, find new talents, try new activities, gain independence, and make lasting friendships and memories. And, of course, it’s fun too.

• In day camp, your child spends a majority of the day outdoors, so be sure to send sunscreen to last throughout the day. We will make sure that your child gets plenty of water and time in the shade.

• Day camp is on-the-go with minimal opportunities for quiet time.

• All children will spend a minimum of two hours participating in their camp activity.

• Camps/trips are subject to change.

WHAT DOES A TYPICAL DAY AT CAMP LOOK LIKE?

7:00 – 9:00 am  AM Extended Care — Activity Stations
9:00 – 9:30 am Opening Rally — Songs, skits, and contests/challenges
9:30 am – 3:00 pm Camp Activities — attendance, field trips, group games, arts and crafts, water breaks, lunch, fun activities, camp songs, clean up, travel back to camp site from field trips
3:00 – 3:30 pm Closing Rally/Circle Time — 41 developmental asset based activities, sharing, reflections
3:30 – 4:00 pm Snack — YMCA provides healthy snack
4:00 – 6:00 pm PM Extended Care — Activity Stations

PARENT INFORMATION NIGHTS

Come to a parent information night to meet our camp leadership staff. We will introduce our camps offered at our Y and walk you through the typical daily schedule. We can also assist you in selecting camps that are the most appropriate for your child and help plan the entire summer to ensure your child benefits the most from a variety of YMCA camp experiences. Let us help you make this the Best Summer Ever!

Location: Northwest YMCA
Dates:
- Tuesday, May 16: 10:00 – 11:00 am
- Tuesday, May 23: 6:30 – 7:30 pm
- Thursday, June 1: 6:30 – 7:30 pm

CAMP FAMILY NIGHT — STEVENS CREEK ELEMENTARY

Our camp family night is filled with songs, skits and opportunities to meet our staff and your child’s new friends. Bring a picnic dinner and enjoy the performances at our camp site.

Wednesday, July 5
6:15 – 7:30 pm

GENERAL CAMP QUESTIONS

WEB: nwymca.org
PHONE: 408 351 2419
EMAIL: nwsummer@ymcasv.org
DAY CAMP

DAY CAMP LOCATIONS

E Eisenhower Elementary
277 Rodonovan Dr. | Santa Clara 95051

L Lincoln Elementary
21710 McClellan Rd. | Cupertino 95014

S Stevens Creek Elementary
10300 Ainsworth Dr. | Cupertino 95014

M Meyerholz Elementary
6990 Melvin Dr. | San Jose 95129

★ Northwest YMCA
20803 Alves Dr. | Cupertino 95014

Location may change based on school district availability
# 2017 Summer Day Camp Planner

## SUMMER DAY CAMPS — STEVENS CREEK ELEMENTARY • EISENHOWER ELEMENTARY

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<tbody>
<tr>
<td>8</td>
<td>Camp Create Your Day Grades 1–6 • Eisenhower</td>
<td>STEM, Arts, Sports</td>
<td>STEM, Arts, Sports</td>
<td>STEM, Arts, Sports</td>
<td>STEM, Arts, Sports</td>
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<tr>
<td>9</td>
<td>High Five Tk–Kindergarten • Stevens Creek</td>
<td>Safety First Police Officer</td>
<td>Science Scientist</td>
<td>Water Safety Lifeguards</td>
<td>Heroes Firefighters</td>
</tr>
<tr>
<td>9</td>
<td>Discovery Grades 1–3 • Stevens Creek</td>
<td>Discover Super Heroes Chuck E. Cheese</td>
<td>Discover Science Children’s Discovery Museum</td>
<td>Discover Animals SF Zoo</td>
<td>Discover Fairy Tales Fairyland</td>
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<tr>
<td>10</td>
<td>Explorer Grades 4–6 • Stevens Creek</td>
<td>Explore Art Cartoon Art Museum</td>
<td>Explore H2O Raging Waters</td>
<td>Explore the Jungle Oakland Zoo</td>
<td>Explore Ocean Aquarium by the Bay</td>
</tr>
</tbody>
</table>

## SUMMER DAY CAMPS — ARTS, DRAMA, DANCE • COOKING • SPECIALIZED • STEM (Grades 1-6) — LINCOLN ELEMENTARY

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<tbody>
<tr>
<td>11</td>
<td>Art, Drama, &amp; Dance Camps</td>
<td>Ceramics Grades 1–6</td>
<td>Dance Grades 1–6</td>
<td>Center Stage Grades 1–6</td>
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<td>13</td>
<td>Cooking Camps</td>
<td>Pizza Making Grades 1–6</td>
<td>Equestrian Grades 1–6</td>
<td>Equestrian Grades 1–6</td>
<td>Baking Grades 1–6</td>
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<td>Specialized Camps</td>
<td>Water Adventures Grades 4–6</td>
<td>Zoology Grades 1–6</td>
<td>Water Adventures Jr. Grades 1–3</td>
<td>Santa Cruz Adventures Grades 4–6</td>
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<td>17</td>
<td>STEM Camps</td>
<td>Robotics EV3 Grades 4–6</td>
<td>Chemistry Grades 1–6</td>
<td>Empire vs. Rebel Force Engineers Grades 1–3</td>
<td>Magnets: The Art &amp; Science of Attraction Grades 1–6</td>
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<td>Sticky Science Grades 1–6</td>
<td>Robotics: Electronic Machines Grades 1–6</td>
<td>Empire vs. Rebel Force Masters Grades 4–6</td>
<td>Robotics: Engineer Grades 1–6</td>
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<td>Robotics WEDO Grades 1–3</td>
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## SUMMER DAY CAMPS — SPORTS (Grades 1–6) — LINCOLN ELEMENTARY & STEVENS CREEK ELEMENTARY

<table>
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<tbody>
<tr>
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<td>Gymnastics Grades 1–6 • Lincoln</td>
<td>Basketball Grades 1–6 • Stevens Creek</td>
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<td>Ice Skating Grades 1–6 • Lincoln</td>
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<td>Ice Skating Grades 1–6 • Lincoln</td>
<td>Swimming Grades 1–3 • Lincoln</td>
<td>Bowling Grades 1–6 • Lincoln</td>
<td>Y-World of Sports Grades 1–6 • Stevens Creek</td>
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<td></td>
<td></td>
<td>Soccer Grades 1–6 • Stevens Creek</td>
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<td>Ice Skating Grades 1–6 • Lincoln</td>
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<td>T-Ball Grades 1–3 • Stevens Creek</td>
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## SUMMER DAY CAMPS (Grades 7–10) — STEVENS CREEK ELEMENTARY

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<tbody>
<tr>
<td>25</td>
<td>Teen</td>
<td></td>
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<td>Teen: Laser Tag &amp; Mini Golf</td>
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<td></td>
<td>Leaders In Training</td>
<td>Leaders in Training I Grades 8–10</td>
<td>Leaders in Training II Grades 8–10</td>
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<tr>
<td>27</td>
<td>Leaders In Training (LIT) Work Experience</td>
<td>Leader in Training (LIT) Work Experience (Weeks 1–9), (Grades 8–10)</td>
<td></td>
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*Camp is CLOSED on Tuesday, July 4, 2017*
# Summer Day Camp Planner

**Grades 1-6**

SUMMER DAY CAMPS — ARTS, DRAMA, DANCE • COOKING • SPECIALIZED • STEM

SUMMER DAY CAMPS — STEVENS CREEK ELEMENTARY • EISENHOWER ELEMENTARY

<table>
<thead>
<tr>
<th>Week</th>
<th>Grade</th>
<th>Activity</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>July 10–14</td>
<td>Grades 1–6</td>
<td>Dance Around the World: Week 1</td>
<td>Stevens Creek Elementary</td>
</tr>
<tr>
<td>July 17–21</td>
<td>Grades 1–6</td>
<td>Discover Gardening</td>
<td>Gilroy Gardens</td>
</tr>
<tr>
<td>July 24–28</td>
<td>Grades 1–6</td>
<td>Explore STEM</td>
<td>Santa Cruz Beach Boardwalk</td>
</tr>
<tr>
<td>July 31–August 4</td>
<td>Grades 1–6</td>
<td>Musical Theater Production: Week 1</td>
<td>Lincoln</td>
</tr>
<tr>
<td>August 7–11</td>
<td>Grades 1–6</td>
<td>Super Hero Engineering</td>
<td>Stevens Creek Elementary</td>
</tr>
</tbody>
</table>

**Check out our exciting Overnight and Family Camps on pages 28–31.**

**Check out our Licensed Child Care programs on page 32.**

NWYMCA.ORG
LOOKING FOR A CAMP THAT FITS YOUR SCHEDULE AND INTERESTS?
Camp Create Your Day lets you decide how many days you need, while your child chooses their activities.

Coming back from vacation on a Tuesday? Start camp on a Wednesday! This camp is flexible to fit your schedule. Your child has the opportunity to choose from STEM, Arts or Sports activities each day. Camp Create Your Day is the answer to your Summer Camp needs!

CAMP CREATE YOUR DAY
Grades 1–6

Dates
June 12–16  July 17–21
June 19–23  July 24–28
June 26–30  August 7–11
July 3–7*  Week of 7/3–7/7
July 10–14

Fee
9:00 am – 4:00 pm
Facility Member  $261/week
Program Member  $275/week

Additional Fee
AM Extended Care 7:00–9:00 am
Facility Member  $14/day
Program Member  $15/day

PM Extended Care 4:00–6:00 pm
Facility Member  $14/day
Program Member  $15/day

Location
Eisenhower Elementary

Ratio
1 staff for every 9 campers

*Camp is CLOSED on Tuesday, July 4, 2017

WHAT DOES A TYPICAL DAY AT CAMP LOOK LIKE?
7:00 – 9:00 am  AM Extended Care** — Activity Stations
9:00 – 9:30 am  Opening Rally — Songs, Skits, and Contests/Challenges
9:30 – 10:00 am  Small Group Activity
10:00 am – 12:00 pm  Camper’s Choice — STEM, Sports, or Arts Activity
12:00 – 12:45 pm  Lunch — Parents provide their campers lunch daily
12:45 – 1:15 pm  Group Game
1:15 – 3:15 pm  Camper’s Choice — STEM, Sports, or Arts Activity
3:15 – 3:45 pm  Snack — YMCA provides Healthy Snack daily
3:45 – 4:00 pm  Closing Rally — Songs, Skits, and Contests/Challenges
4:00 – 6:00 pm  PM Extended Care** — Activity Stations

**Registration Required 24 hours in advance of AM and/or PM Extended Care
If you are not registered for PM Extended Care our Late Fee Policy is in effect at 4:00 pm. $1 per minute late will be charged after 4:00 pm for campers not registered in our PM Extended Care.
Please note registration is required 24 hours in advance. Our Late Fee Policy is the same at 6:00 pm for any campers enrolled in PM Extended Care who are not picked up by 6:00 pm.

Designates a traveling camp
SUMMER DAY CAMPS

Remember when you were a kid and spent summers exploring the outdoors, spending time with friends, playing games and splashing in the pool? Our summer day camps recreate these types of experiences through a wide variety of fun, age-specific activities that provide a well-rounded experience your child will never forget!

HIGH FIVE

**Dates**
- June 12–16
- June 19–23
- June 26–30
- July 3–7*
- July 10–14
- July 17–21
- July 24–28
- July 31–August 4
- July 10–14

**Fee**
- Facility Member: $352/week
- Program Member: $370/week

**Location**
Stevens Creek Elementary

**Ratio**
1 staff for every 6 campers

**Grades TK–Kindergarten**
High Five Camp is designed for campers entering kindergarten in the fall. Each week includes an exciting presenter such as a magician and science expert. Campers will develop the social and emotional skills essential for the school year. They will learn to work and play in a group through games, crafts, and skits. Each week of camp will include swim lessons twice a week.

**Session Dates** | **Theme** | **Guest Presenters**
--- | --- | ---
6/12 – 6/16 | Safety First | Police Officer
6/19 – 6/23 | Science | Scientist
6/26 – 6/30 | Water Safety | Lifeguards
7/3 – 7/7* | Heroes | Firefighters
7/10 – 7/14 | Dance Around the World | Dance Instructor
7/17 – 7/21 | Animals | Petting Zoo
7/24 – 7/28 | Magic | Magician
7/31 – 8/4 | Sports | Y Sports Coach
8/7 – 8/11 | Cooking | Chef

*Camp is CLOSED on Tuesday, July 4, 2017

DISCOVERY

**Dates**
- June 12–16
- June 19–23
- June 26–30
- July 3–7*
- July 10–14
- July 17–21
- July 24–28
- July 31–August 4
- July 10–14

**Fee**
- Facility Member: $328/week
- Program Member: $345/week

**Location**
Stevens Creek Elementary

**Ratio**
1 staff to 8 campers

**Grades 1–3**
Discovery Camp is specifically designed to cater to the social and developmental needs of our campers by focusing on relationship building. Our campers build long lasting bonds while creating lifetime friendships. Each week, campers will also have a day of recreation swim and a highlight field trip.

**Session Dates** | **Theme** | **Field trip**
--- | --- | ---
6/12 – 6/16 | Discover Super Heroes | Children’s Discovery Museum
6/19 – 6/23 | Discover Science | SF Zoo
6/26 – 6/30 | Discover Animals | Fairyland
7/3 – 7/7* | Discover Fairy Tales | Gilroy Gardens
7/10 – 7/14 | Discover Gardening | The Jungle Island
7/17 – 7/21 | Discover Pirates | Happy Hollow
7/24 – 7/28 | Discover Dinosaurs | Santa Cruz Beach Boardwalk
7/31 – 8/4 | Discover Creative Writing | Aqua Adventure
8/7 – 8/11 | Discover Water Fun |

*Camp is CLOSED on Tuesday, July 4, 2017
# SUMMER DAY CAMPS

## EXPLORER

<table>
<thead>
<tr>
<th>Dates</th>
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<tbody>
<tr>
<td>June 12–16</td>
<td>July 17–21</td>
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<td>June 19–23</td>
<td>July 24–28</td>
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<td>June 26–30</td>
<td>July 31–August 4</td>
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<td>July 3–7*</td>
<td>August 7–11</td>
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<td>July 10–14</td>
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<tr>
<td>Fee</td>
<td>Facility Member</td>
<td>$304/week</td>
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<tr>
<td></td>
<td>Program Member</td>
<td>$320/week</td>
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<tr>
<td>Location</td>
<td>Stevens Creek Elementary</td>
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<tr>
<td>Ratio</td>
<td>1 staff to 10 campers</td>
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</tbody>
</table>

**Grades 4–6** In Explorer Camp, we explore who we are while making new friends in a safe and energetic atmosphere. Our campers are challenged by caring staff to become aware of the impact they have on others and the community around them. This camp provides opportunities that stimulate the development of each camper's self-esteem. Each week, campers will also have a day of recreation swim, enjoy a day at the beach, and a highlight field trip.

<table>
<thead>
<tr>
<th>Session Dates</th>
<th>Theme</th>
<th>Field trip</th>
</tr>
</thead>
<tbody>
<tr>
<td>6/12 – 6/16</td>
<td>Explore Art</td>
<td>Cartoon Art Museum</td>
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<tr>
<td>6/19 - 6/23</td>
<td>Explore H2O</td>
<td>Raging Waters</td>
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<tr>
<td>6/26 - 6/30</td>
<td>Explore the Jungle</td>
<td>Oakland Zoo</td>
</tr>
<tr>
<td>7/3 - 7/7*</td>
<td>Explore Ocean Life</td>
<td>Aquarium by the Bay</td>
</tr>
<tr>
<td>7/10 - 7/14</td>
<td>Explore STEM</td>
<td>Santa Cruz Beach Boardwalk</td>
</tr>
<tr>
<td>7/17- 7/21</td>
<td>Explore Journalism</td>
<td>Neptune's Kingdom</td>
</tr>
<tr>
<td>7/24 - 7/28</td>
<td>Explore Building</td>
<td>Exploratorium</td>
</tr>
<tr>
<td>7/31 - 8/4</td>
<td>Explore Sports</td>
<td>Golfiland Waterslides</td>
</tr>
<tr>
<td>8/7 - 8/11</td>
<td>Explore California</td>
<td>Great America</td>
</tr>
</tbody>
</table>

*Camp is CLOSED on Tuesday, July 4, 2017*
Help your child discover his/her talent through our wide range of Art, Drama and Dance Camps. These camps focus on helping nurture campers’ creativity and artistic abilities, and provide opportunities for them to express themselves through individual and group projects—all while meeting new friends and having fun!

**ART & CAMP SONGS**

**Dates**  
August 7–11

**Fee**  
Facility Member $328  
Program Member $345

**Location**  
Lincoln Elementary

**Ratio**  
1 staff to 8 campers

**Grades 1–3**  
Take camp songs to a whole new level. In this unique camp, participants will create 3D art and dance routines that help tell the story of classic camp songs. Campers unveil their camp song stories at the end-of-the-week art reception and musical performance.

**CENTER STAGE**

**Dates**  
June 26–30

**Fee**  
Facility Member $352  
Program Member $370

**Location**  
Lincoln Elementary

**Ratio**  
1 staff to 9 campers

**Grades 1–6**  
Comedy and laughter are contagious in this camp that combines drama, comedy and improv. Children tap into their creativity as they act spontaneously through improvisation, laugh along with others in comical skits, and participate in short plays, monologues, and theatre games. Participants also put their talents to work in the production of their very own show full of costumes and props. Campers receive two hours per day of instruction from our professional instructors.

**CERAMICS**

**Dates**  
June 12–16

**Fee**  
Facility Member $399  
Program Member $420

**Location**  
Lincoln Elementary

**Ratio**  
1 staff to 9 campers

**Grades 1–6**  
Build your own masterpiece! In this fun-filled camp, your child will spend two hours each day learning basic clay techniques including pinching, coiling, slabbing and glazing from certified instructors at a ceramics studio. Over the course of the week, each camper will complete four glaze-fired ceramic works and paint their pieces on the last day of camp. Ceramic pieces will be ready to be picked up 2–3 weeks after the camp ends. Families will be contacted by our Y camp staff when projects are available for pick-up.

**DANCE**

**Dates**  
June 19–23

**Fee**  
Facility Member $352  
Program Member $370

**Location**  
Lincoln Elementary

**Ratio**  
1 staff to 9 campers

**Grades 1–6**  
Hop, skip, tap, boogie and pirouette your way through the week! Led by our experienced dance instructors, this camp provides children of all skill levels the opportunity to learn a variety of dance styles and disciplines. The week culminates with a dance performance where campers get to showcase their new skills in front of family and friends. Campers receive two hours per day of instruction from our professional instructors.
DANCE AROUND THE WORLD
Dates: July 24–August 4 (2 week session)
Fee: Facility Member $703
Program Member $740
Location: Lincoln Elementary
Ratio: 1 staff to 9 campers
Grades 1–6: Children learn Belly Dancing, Salsa, Hip Hop and Square Dancing, along with other types of dancing. Campers also learn about the culture and origins of each of the dances they learn. Join us as campers perform their dances at the end of this two-week camp for friends and family.

FINE ARTS
Dates: July 3–7*
Fee: Facility Member $262
Program Member $276
Location: Lincoln Elementary
Ratio: 1 staff to 9 campers
Grades 1–6: Get ready for an artistic adventure! In this camp we challenge the budding artist through innovative activities in painting, sculpting and drawing. Your child will spend each day learning the fundamentals and techniques. Campers will also have the opportunity to proudly put their talents on display during our end-of-the-week Art Gala.

MUSICAL THEATER PRODUCTION
Dates: July 10–21 (2 week session)
Fee: Facility Member $703
Program Member $740
Location: Lincoln Elementary
Ratio: 1 staff to 9 campers
Grades 1–6: Campers act, sing and dance in this two-week camp. First we create our script, assign roles and practice. Our second week of camp includes creating costumes, props and set design. During our second week, your child performs in our one of a kind musical for family and friends.

*Camp is CLOSED on Tuesday, July 4, 2017

Designates a traveling camp
COOKING DAY CAMPS

Our Cooking Camps offer kids the opportunity to roll up their sleeves and get their hands messy! Campers learn the fundamentals of creating tasty meals and treats. In addition to chopping, measuring, following recipes and cleaning up, our Cooking Camps also teach campers about nutrition and healthy eating habits.

BAKING

Dates
June 26–30
July 10–14

Fee
Facility Member $352 per week
Program Member $370 per week

Location
Lincoln Elementary

Ratio
1 staff to 9 campers

Grades 1–6
Step into our bake shop! In this camp, children discover the art of measuring, sifting, whisking, grating, and rolling, as our young chefs prepare muffins, biscuits, and cakes. Be prepared to have your newfound chef in charge of your baking needs after this camp ends. Our camp also incorporates a variety of outdoor and physical activities to help emphasize the importance of balancing a love for sweets with health and fitness.

CANDY MAKING

Dates
August 7–11

Fee
Facility Member $352
Program Member $370

Location
Lincoln Elementary

Ratio
1 staff to 9 campers

Grades 1–6
Satisfy your sweet tooth. Throughout the week, campers will learn about all of the steps that go into making different kinds of candy. Our camp also incorporates a variety of outdoor and physical activities to help emphasize the importance of balancing a love for sweets with health and fitness.

INTRO TO COOKING

Dates
July 24–28

Fee
Facility Member $352
Program Member $370

Location
Lincoln Elementary

Ratio
1 staff to 9 campers

Grades 1–6
Become a chef extraordinaire! This camp will teach children how to make quick, healthy foods that can be enjoyed by the whole family. Campers learn the fundamentals of how to prepare food, use cooking measurement instruments, clean up and safely work in the kitchen. At the end of the week, our young chefs will prepare yummy foods for parents to enjoy. No previous cooking experience required.

LEMONADE STAND

Dates
July 31–August 4

Fee
Facility Member $352
Program Member $370

Location
Lincoln Elementary

Ratio
1 staff to 9 campers

Grades 1–6
Get a glimpse into what it takes to run a successful business. We’ll lead campers through the process of launching their own lemonade stand “start-up”, including how to assign jobs and responsibilities, create signs and fliers, and order of needed food supplies to create our lemonade product. At the end of the week, campers will take their product to the public and sell as much lemonade as they can.

PIZZA MAKING

Dates
June 12–16

Fee
Facility Member $352
Program Member $370

Location
Lincoln Elementary

Ratio
1 staff to 9 campers

Grades 1–6
Prepare your own pizza pie! Spend a week learning everything there is to know about the history of pizza and the different pizza styles commonly-found in locations like California, Chicago and New York. Our young chefs will also learn the importance of fresh ingredients, including vegetables, in preparing the perfect pizza. No previous cooking experience required. This week of camp also includes trips to local pizzerias.
### SPECIALIZED DAY CAMPS

At the Y, we are proud to offer a wide variety of Special Interest Camps that are specifically tailored to kids who share a passion or interest in areas outside your typical summer camps. Our specialized camps will help your child get the most of his/her summer.

### ATTRACTION ADVENTURES

**Dates**: July 17–21  
**Fee**
- Facility Member: $423
- Program Member: $445  
**Location**: Lincoln Elementary  
**Ratio**: 1 staff to 10 campers  
**Grades 4–6** Join us on an adventure full of nonstop excitement! This camp features an action-packed week with daily trips to the Bay Area’s top attractions and theme parks, including Great America and Raging Waters. This is the perfect opportunity for campers who like to stay on the go and seek out new thrills. All campers will be tested for swimming proficiency.

### ATTRACTION ADVENTURES JR.

**Dates**: July 17–21  
**Fee**
- Facility Member: $423
- Program Member: $445  
**Location**: Lincoln Elementary  
**Ratio**: 1 staff to 8 campers  
**Grades 1–3** Campers visit a variety of Bay Area attractions like The Jungle, a bowling alley, and Aqua Adventure Water Park. Space is limited, so reserve your spot today. All campers will be tested for swimming proficiency.

### EQUESTRIAN

**Dates**:  
- June 19–23  
- June 26–30  
- July 10–14  
- July 17–21  
- July 31–August 4  
- August 7–11  
**Fee**
- Facility Member: $613/week
- Program Member: $645/week  
**Location**: Lincoln Elementary  
**Ratio**: 1 staff to 9 campers  
**Grades 1–6** Giddy on up! Horse lovers have the opportunity to spend three hours per day learning the basics of riding, caring for these gentle giants, including care/grooming techniques, safety, equipment and stall maintenance from certified instructors. Riding gear (including helmets) is provided. Campers must wear closed-toe shoes, breeches or jeans (no shorts). This camp includes an additional waiver, please view our camp webpage to obtain the needed waiver.
### SPECIALIZED DAY CAMPS

#### LASER TAG

<table>
<thead>
<tr>
<th>Dates</th>
<th>July 10–14</th>
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</thead>
</table>
| Fee       | Facility Member $423  
           | Program Member $445 |
| Location  | Lincoln Elementary |
| Ratio     | 1 staff to 10 campers |

**Grades 4–6** Enjoy a true laser tag experience. Each day, campers play laser tag indoors with specialty lighting, fog and heart pounding music. We also incorporate team-building and tactical game strategies to help campers get the most out of this ultimate game of hide and seek.

#### MAGIC

| Dates | July 24–28 (Grades 1–3) 
       | August 7–11 (Grades 4–6) |
|-------|-----------------------------------------------|
| Fee   | Facility Member $375/week  
           | Program Member $395/week |
| Location | Lincoln Elementary |
| Ratio | 1 staff to 8 campers Grades 1–3  
       | 1 staff to 10 campers Grades 4–6 |

**Grades 1–3 & Grades 4–6** Magic is more than just tricks! This camp teaches kids the framework of magic and the art of performance; including hand-eye coordination, public speaking, humor, prop making, costuming, and character work. Campers will put on a magic performance at the end of the week for family and friends.

#### MINI GOLF

<table>
<thead>
<tr>
<th>Dates</th>
<th>August 7–11</th>
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</thead>
</table>
| Fee       | Facility Member $375  
           | Program Member $395 |
| Location  | Lincoln Elementary |
| Ratio     | 1 staff to 10 campers |

**Grades 4–6** Join us for a fun-filled week of mini golfing. Each day, campers will travel to a different location and putt their way through unique courses and new challenges. Destinations include Neptune’s Kingdom and Golfland, where campers will have an opportunity to cool off on the water slides. All campers will be tested for swimming proficiency.

#### SANTA CRUZ ADVENTURES

<table>
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<tr>
<th>Dates</th>
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</table>
| Fee       | Facility Member $375  
           | Program Member $395 |
| Location  | Lincoln Elementary |
| Ratio     | 1 staff to 10 campers |

**Grades 4–6** Campers discover many fun places in Santa Cruz. Field trips include Neptune’s Kingdom and Santa Cruz Beach Boardwalk. Your child will discover history at Mission Santa Cruz and the Surfing Museum. Come discover and enjoy all Santa Cruz has to offer.

#### WATER ADVENTURES

<table>
<thead>
<tr>
<th>Dates</th>
<th>June 19–23</th>
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</thead>
</table>
| Fee       | Facility Member $423  
           | Program Member $445 |
| Location  | Lincoln Elementary |
| Ratio     | 1 staff to 10 campers |

**Grades 4–6** Water, water everywhere! Activities will revolve around water parks, water play, pools, and beaches. Campers can relax and have some fun in the sun. Our highlight for this week is a trip to Raging Waters. All campers must be experienced swimmers and will be tested for proficiency. Campers need a swimsuit and towel each day.
SPECIALIZED DAY CAMPS

**WATER ADVENTURES JR.**

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</table>

**Grades 1–3**

During this water-filled week, campers enjoy an awesome array of water activities, including water balloon toss, swimming and a fun day at Aqua Adventure Water Park. Must be a proficient swimmer to participate. All campers will be tested for swimming proficiency. Campers need a swimsuit and towel each day.

**OUTDOOR EXCURSION**

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<th>Date</th>
<th>July 31–August 4</th>
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<td>Fee</td>
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<tr>
<td>Facility Member</td>
<td>$399</td>
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<tr>
<td>Program Member</td>
<td>$420</td>
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<tr>
<td>Location</td>
<td>Lincoln Elementary</td>
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<tr>
<td>Ratio</td>
<td>1 staff to 10 campers</td>
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</table>

**Grades 4–6**

Join us for an outdoor adventure. In this camp, learn important outdoor living skills, like navigating with maps and compasses and the basics of camping. Campers will also go on day hikes, hear from outdoor experts, and finish the week with an overnight camping trip. Our Camp leaves on Thursday and will return on Friday afternoon. We will provide a packing list at camp.

**ZOOLOGY**

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</table>

**Grades 1–6**

This is the perfect adventure for animal lovers! During this fun-filled week, campers participate in an exciting and educational experience where they’ll learn about wildlife, endangered species, and animals they may encounter in the area. Campers also travel to a variety of zoos throughout the week where they will get a firsthand look at a number of amazing animals. Our highlight for this week of camp is a trip to the Oakland Zoo and San Francisco Zoo.

Designates a traveling camp
SCIENCE TECHNOLOGY ENGINEERING MATH (STEM) DAY CAMPS

Learning has never been as fun as you’ll find in our wide array of Science, Technology, Engineering & Math (STEM) Camps! Our STEM Camps combine summer day camp activities with fun, hands-on activities that will stimulate your camper’s mind and help him/her explore the endless possibilities offered by these important disciplines.

CHEMISTRY

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Grades 1–6  Your camper will have lots of fun, as they whip up potions and experiment with chemical reactions. In this camp, kids go far beyond the periodic table to experience hands-on activities like marshmallow molecules and tie-dye chromatography. Campers receive four hours per day of instruction from our professional instructors.

ECOLOGY

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<tr>
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Grades 1–6  This camp teaches kids to love nature and animals. They will grow dinosaur eggs, play games with Mexican jumping bean caterpillars, and interact with exotic bugs. Building animal habitats and dissecting worms and owl pellets make for some extreme fun and extreme science, too. Campers receive four hours per day of instruction from our professional instructors.

EMPIRE VS REBEL FORCE ENGINEERS  NEW

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</table>

Grades 1–3  The Force Awakens in this introductory engineering course for young Jedi! Explore engineering principles by designing and building projects such as LEGO® X-Wings, R2 Units, Energy Catapults, Defense Turrets, and Settlements from a galaxy far, far away. Create motorized and architectural projects with imagination and engineering to defeat the Empire! Campers receive three hours per day of instruction from our professional Play-Well instructors.

EMPIRE VS REBEL FORCE MASTERS  NEW

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Grades 4–6  The Force is strong in this camp. Build complex machines and structures based on the best designs from a galaxy far, far away. Projects include X-Wings, AT-AT walkers, Pod Racers, Star Destroyers, Cloud Cities, Settlements, and Fortresses. Play-Well’s Jedi instructors reinforce key engineering concepts such as geartrains, worm drives, pneumatics, eccentric motion and more as campers tap into the powerful forces of imagination and engineering. Campers receive three hours per day of instruction from our professional Play-Well instructors.

The programs conducted by Northwest YMCA are not affiliated, sponsored, or endorsed by LEGO® Education or the LEGO® Group.
SCIENCE TECHNOLOGY ENGINEERING MATH (STEM) DAY CAMPS

ROBOTICS EV3  NEW

<table>
<thead>
<tr>
<th>Dates</th>
<th>June 12–16</th>
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</thead>
</table>
| Fee         | Facility Member $399  
              Program Member $420 |
| Location    | Lincoln Elementary |
| Ratio       | 1 staff to 10 campers |

**Grades 4–6** Build and program robots using the new LEGO® Mindstorms EV3 system! Learn about mechanical and software design, problem solving, and teamwork skills. Work in small groups, program and build your robot, and rise to the challenge. Control the robot to avoid obstacles, pick up and carry objects, and play sounds. Projects are structured so that campers work in an open-ended, investigative environment while having fun. Campers receive three hours per day of instruction from our professional Play-Well instructors.

MAGNETS: THE ART & SCIENCE OF ATTRACTION

<table>
<thead>
<tr>
<th>Dates</th>
<th>July 3–7*</th>
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</table>
| Fee         | Facility Member $300  
              Program Member $316 |
| Location    | Lincoln Elementary |
| Ratio       | 1 staff to 9 campers |

**Grades 1–6** Magnets are some of science’s most fascinating objects. You can build batteries, make things float, navigate your way, just to name a few. Spend the week exploring one of nature’s amazing attractions. Campers receive four hours per day of instruction from our professional instructors.

*Camp is CLOSED on Tuesday, July 4, 2017

MARINE BIOLOGY

<table>
<thead>
<tr>
<th>Dates</th>
<th>July 31–August 4</th>
</tr>
</thead>
</table>
| Fee         | Facility Member $375  
              Program Member $395 |
| Location    | Lincoln Elementary |
| Ratio       | 1 staff to 10 campers |

**Grades 4–6** Join us for a week-long adventure exploring the mysteries of the ocean. In this camp, children will learn about the wide variety of sea life inhabiting the deep blue sea as well as the fundamentals of marine science and conservation. Campers will visit the Marine Discovery Center and the Monterey Bay Aquarium for a firsthand look at all that the ocean has to offer.

MINE, CRAFT, BUILD ENGINEERING

<table>
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<tr>
<th>Dates</th>
<th>July 24–28</th>
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</thead>
</table>
| Fee         | Facility Member $375  
              Program Member $395 |
| Location    | Lincoln Elementary |
| Ratio       | 1 staff to 8 campers |

**Grades 1–3** Bring Minecraft to life using tens of thousands of LEGO®! Build engineer-designed projects such as a motorized Creeper, a portal to the Nether, and a moving Minecart! Create your favorite Minecraft objects with the guidance of an experienced Play-Well instructor. Whether you are new to Minecraft and LEGO® or a seasoned veteran, you’ll be hooked on the endless creative possibilities. Campers receive three hours per day of instruction from our professional instructors.

MINE, CRAFT, BUILD MASTER

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| Fee         | Facility Member $375  
              Program Member $395 |
| Location    | Lincoln Elementary |
| Ratio       | 1 staff to 10 campers |

**Grades 4–6** Bring Minecraft to life using LEGO®! Build a motorized walking Creeper, a terrifying Ghast, and a motorized Minecart! This project-based camp, designed by Play-Well instructors, combines the basic format of our core engineering-themed programs based on the world of Minecraft. Campers will explore real-world concepts in physics, engineering, and architecture while building their favorite Minecraft objects. Campers will have a blast, even without any prior experience with Minecraft or LEGO®. Campers receive three hours per day of instruction from our professional Play-Well instructors.

Designates a traveling camp
SCIENCE TECHNOLOGY ENGINEERING MATH (STEM) DAY CAMPS

NINJANEERING

<table>
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<tr>
<th>Dates</th>
<th>August 7–11</th>
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<td>Fee</td>
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Grades 1–3  Enter the world of Ninjago and become an apprentice Ninjaneer! Learn the way of Spinjitzu, build the Fire Temple, race Skull Trucks, and encounter the mighty Dragon! Imagine and build unique and fun projects with the guidance of an experienced Play-Well instructor while exploring the fantasy world of Ninjago. This is an ideal way to prepare young Ninjaneers for the challenge of Ninjaneering Masters with LEGO® camp. Campers receive three hours per day of instruction from our professional instructors.

NINJANEERING MASTERS

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Grades 4–6  Master the world of Ninjago by becoming a Ninjaneer! Tame the Ice Dragon, motorize your Blade Cycle, design the Dark Fortress, and hone your Spinjitzu battle skills! In this advanced camp Ninjaneering Masters will learn real world concepts in physics, engineering, and architecture while exploring the fantasy world of Ninjago. Campers receive three hours per day of instruction from our professional Play-Well instructors.

PHYSICS

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Grades 1–6  Join us as we try to break the laws of physics! This camp includes four hours of instruction with professionals providing curriculum with hands-on science activities each day, during which campers learn about Newton’s and Bernoulli’s laws through water balloon launches, and egg and watermelon drops. Campers also have the opportunity to build a model rocket.

ROBOTICS: ELECTRONIC MACHINES

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</table>

Grades 1–6  LEGO® Robotics Technology Camps use a curriculum developed by the East Valley Family YMCA’s Excellence in Engineering Enrichment program that is specifically designed for the grade level of each camp. Using LEGO® Mindstorms NXT Robotics, campers explore, investigate, experiment, question and build while engaging in hands-on science activities. Campers receive four hours per day of instruction from our professional instructors.

ROBOTICS: ENGINEERING

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Grades 1–6  If your child has imagination and the desire to create from never-ending ideas, our LEGO® engineering and robotics camps can enable him/her to have a wonderful time with friends while learning about gears, friction, bridge structures and renewable energy. See how much fun creating can be. Campers receive four hours per day of instruction from our professional instructors.

*Camp is CLOSED on Tuesday, July 4, 2017

ROBOTICS: MACHINES

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Grades 1–6  Children express their creativity and critical thinking when building LEGO® creations. This camp engages both the beginner and the more advanced LEGO® enthusiast. Campers work in-depth with ultra-sonic light, sound and touch sensors, as they create speedy, high torque, monster machines. They also learn about gear ratio and advanced NXT programming. All levels are welcome. Campers receive four hours per day of instruction from our professional instructors.

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ROBO-SPORTS

**Dates**: July 17–21

**Fee**
- Facility Member: $375
- Program Member: $395

**Location**: Lincoln Elementary

**Ratio**: 1 staff to 9 campers

**Grades 1–6**: Use LEGO® bricks to build the fastest robot drag racer, score a goal against opponents in robot soccer, and invent the most creative robot. Children learn to think outside the box and problem solve, as they experiment with their unique robot creations. Campers also compete in robot competitions against other camps. Campers receive four hours per day of instruction from our professional instructors.

ROCKETS & FLIGHTS

**Dates**: July 10–14

**Fee**
- Facility Member: $375
- Program Member: $395

**Location**: Lincoln Elementary

**Ratio**: 1 staff to 9 campers

**Grades 1–6**: Get ready for take off! With four hours of daily hands-on learning activities provided by professional instructors, campers learn about the science behind flight, using paper airplanes, helium-powered rockets, balsa and wood gliders, and balloon helicopters. This is a great opportunity for your child to explore aerospace engineering basics.

STICKY SCIENCE

**Dates**: June 12–16

**Fee**
- Facility Member: $375
- Program Member: $395

**Location**: Lincoln Elementary

**Ratio**: 1 staff to 9 campers

**Grades 1–6**: Is your child the one that can’t stay clean? Do they love nothing more than playing in the slimiest, gooiest, ickiest and stickiest stuff they can get their hands on? Introducing Sticky Science Camp: perfect for any camper who just loves all that is slimy yet satisfying! Campers receive four hours per day of instruction from our professional instructors.

SUPER HERO ENGINEERING

**Dates**: July 10–14

**Fee**
- Facility Member: $375
- Program Member: $395

**Location**: Lincoln Elementary

**Ratio**: 1 staff to 8 campers

**Grades 1–3**: Take on Gotham’s villains by designing and building Batman’s favorite crime-fighting machines! Build the Bat Tumbler, craft a Batwing, and design your very own Batcave, all out of LEGO®. Then use your projects to help save the city. Be the super-hero or super-heroine Gotham needs while learning how the world works through STEM concepts! Campers receive three hours per day of instruction from our professional Play-Well instructors.

SUPER HERO MASTER ENGINEERING

**Dates**: July 10–14

**Fee**
- Facility Member: $375
- Program Member: $395

**Location**: Lincoln Elementary

**Ratio**: 1 staff to 10 campers

**Grades 4–6**: Defeat Gotham’s villains by designing and building Batman’s most advanced crime-fighting machines! Infiltrate Arkham Asylum, build a Bat Cycle, and fly your Batcopter. Then use your projects to thwart the Joker’s plans to take over the city. Be the super-hero or super-heroine Gotham needs while engineering solutions through the use of STEM concepts! Campers receive three hours per day of instruction from our professional Play-Well instructors.

ROBOTS WEDO

**Dates**: June 12–16

**Fee**
- Facility Member: $399
- Program Member: $420

**Location**: Lincoln Elementary

**Ratio**: 1 staff to 8 campers

**Grades 1–3**: Build and program robots in this introductory Robotics class using the LEGO® WeDo system. Learn basic programming skills, simple engineering concepts, and the names of robot components. Work in small groups to complete several projects using tilt and motion sensors. This is a great way to prepare young Robotics enthusiasts for our more advanced Robotics programs. Campers receive three hours per day of instruction from our professional Play-Well instructors.

Designates a traveling camp
SPORTS DAY CAMPS

Whether your child is new to sports, a seasoned vet, or somewhere in-between, our Sports Camps are the perfect destination for every child who enjoys playing sports and being active. Our focus in on helping our campers of all skill levels develop fundamentals, teamwork, self-confidence and new skills, while also leaving time for campers to enjoy a variety of other activities, crafts and summer fun.

ARCHERY

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Grades 4–6 Come enjoy a fun week of archery. Campers receive two hours of instruction from certified instructors to learn proper techniques and equipment handling. Camp focuses on range safety and the basics of how to shoot. All equipment is provided.

BADMINTON

<table>
<thead>
<tr>
<th>Dates</th>
<th>July 17–21</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fee</td>
<td>Facility Member $375</td>
</tr>
<tr>
<td></td>
<td>Program Member $395</td>
</tr>
<tr>
<td>Location</td>
<td>Lincoln Elementary</td>
</tr>
<tr>
<td>Ratio</td>
<td>1 staff to 10 campers</td>
</tr>
</tbody>
</table>

Grades 4–6 Experience the fun of badminton! We teach campers the fundamentals, techniques and rules of badminton, with a focus on skill development and team-building. Campers receive 1.5 hours of instruction daily from certified instructors and will also have the opportunity to participate in mini-games and competitions. This camp includes an additional waiver, please view our camp webpage to obtain the needed waiver.

BASEBALL

<table>
<thead>
<tr>
<th>Dates</th>
<th>June 26–30</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fee</td>
<td>Facility Member $328</td>
</tr>
<tr>
<td></td>
<td>Program Member $345</td>
</tr>
<tr>
<td>Location</td>
<td>Stevens Creek Elementary</td>
</tr>
<tr>
<td>Ratio</td>
<td>1 staff to 10 campers</td>
</tr>
</tbody>
</table>

Grades 4–6 Join us for a week participating in America’s favorite pastime. Our baseball camp teaches players of all levels the fundamentals of fielding, catching, throwing, hitting and base running in a fun, positive environment. In addition to helping campers improve their baseball skills, we also emphasize important character skills such as respect, teamwork and responsibility. Each camper must bring their own baseball glove. This week of camp includes a field trip to the batting cages.

BASKETBALL

<table>
<thead>
<tr>
<th>Dates</th>
<th>June 19–23</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>July 10–14</td>
</tr>
<tr>
<td>Fee</td>
<td>Facility Member $328/week</td>
</tr>
<tr>
<td></td>
<td>Program Member $345/week</td>
</tr>
<tr>
<td>Location</td>
<td>Stevens Creek Elementary</td>
</tr>
<tr>
<td>Ratio</td>
<td>1 staff to 9 campers</td>
</tr>
</tbody>
</table>

Grades 4–6 Our basketball camp helps players of all levels maximize their potential and pursue their love of basketball. Campers will work on improving their hand-eye coordination, ball handling, proper shooting techniques, various defensive/offensive plays, communication skills and teamwork. The week of July 10–14 includes a tournament with other YMCAs in our Association at a YMCA of Silicon Valley camp site.

The programs conducted by Northwest YMCA are not affiliated, sponsored, or endorsed by LEGO® Education or the LEGO® Group.
**FENCING**

**Dates**
July 24–28

**Fee**
- Facility Member: $447
- Program Member: $470

**Location**
Lincoln Elementary

**Ratio**
1 staff to 10 campers

**Grades 4–6**
Fencing is a mental and physical high-energy sport that combines the intrigue of sword play with cardiovascular conditioning. Campers study footwork and blade technique, and work to develop speed, timing, leverage and precision with an emphasis on safety and technique. Campers receive two hours per day of instruction from certified fencing instructors. Campers must wear long pants. All other equipment is provided. **This camp includes an additional waiver, please view our camp webpage to obtain the needed waiver.**

---

**FLAG FOOTBALL**

**Dates**
July 17–21

**Fee**
- Facility Member: $328
- Program Member: $345

**Location**
Stevens Creek Elementary

**Ratio**
1 staff to 9 campers

**Grades 1–6**
Learn football fundamentals without heavy contact. In Flag Football, the focus is on teamwork in a positive and structured environment. Campers learn passing, receiving, as well as blocking and offensive and defensive strategies. Daily practice and games will keep campers active and help them develop skills such as hand-eye coordination. In addition, they will have an opportunity to develop leadership skills and build self-esteem as they improve their technique. **Our highlight for this week of camp includes a tournament with other YMCAs in our Association at a YMCA of Silicon Valley camp site.**

---

**CHEERLEADING**

**Dates**
July 17–21

**Fee**
- Facility Member: $352
- Program Member: $370

**Location**
Lincoln Elementary

**Ratio**
1 staff to 8 campers

**Grades 1–3**
Cheerleading is a fun way to be active while building self-confidence and developing social skills. Participants learn the fundamentals of cheerleading including basic motions, jumps, cheers and chants. Campers will also show their spirit by creating team uniforms and performing at the end of the week for family and friends. **Our highlight for this week of camp includes a cheer performance at our Association Flag Football tournament at a YMCA of Silicon Valley camp site.**

---

**GYMNASTICS**

**Dates**
- June 12–16
- July 31–August 4

**Fee**
- Facility Member: $375/week
- Program Member: $395/week

**Location**
Lincoln Elementary

**Ratio**
1 staff to 9 campers

**Grades 1–6**
Get ready to tumble your way through the week. Gymnasts receive two hours per day of instruction by certified gymnastics instructors in core gymnastic skills including balance beam, uneven bars, and floor exercise. Campers will also learn important stretching and flexibility techniques. **This camp includes an additional waiver, please view our camp webpage to obtain the needed waiver.**

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**SPORTS DAY CAMPS**

**BOWLING**

**Dates**
- June 26–30
- August 7–11

**Fee**
- Facility Member: $375 per week
- Program Member: $395 per week

**Location**
Lincoln Elementary

**Ratio**
1 staff to 9 campers

**Grades 1–6**
Join us as we bowl the week away. Campers learn the basic techniques of bowling, score-keeping, etiquette, and good sportsmanship. Campers spend two hours daily bowling. No experience is required and bumper lanes are available for those new to bowling. Campers must wear socks each day (all other equipment is provided).

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**DAY CAMP**

Designates a traveling camp
Campers will be moderately to vigorously active for 3–4 hours a day.

**SPORTS DAY CAMPS**

**ICE SKATING**

**Dates**
- June 12–16
- June 26–30
- July 3–7*
- July 24–28
- July 31–August 4
- August 7–11

**Fee**
- Facility Member $375 per week
- Program Member $395 per week

**Location**
- Lincoln Elementary

**Ratio**
- 1 staff to 9 campers

**Grades 1–6** Avoid the summer heat by hitting the ice. With hour-long daily lessons from a certified instructor, followed by practicing skills during recreational skating. This camp helps children of all skill levels learn and improve their skating fundamentals. Skates are provided. Campers must wear long pants, socks and a sweatshirt/jacket (optional to bring gloves and/or helmet).

*Camp is CLOSED on Tuesday, July 4, 2017

**MARTIAL ARTS**

**Dates**
- July 31–August 4

**Fee**
- Facility Member $423
- Program Member $445

**Location**
- Lincoln Elementary

**Ratio**
- 1 staff to 9 campers

**Grades 1–6** Help your child embrace discipline, dedication and desire. With two hours of daily instruction from a certified Martial Arts instructor, campers will learn how to defend themselves, become more disciplined, practice good sportsmanship, and improve self-control and confidence. This camp includes an additional waiver, please view our camp webpage to obtain the needed waiver.

**ROCK CLIMBING**

**Dates**
- July 10–14

**Fee**
- Facility Member $423
- Program Member $445

**Location**
- Lincoln Elementary

**Ratio**
- 1 staff to 9 campers

**Grades 1–6** In this camp, kids will enjoy and explore the fun-filled world of rock climbing. Campers will learn basic climbing techniques, while building confidence and strength on the climbing wall. Campers climb two hours each day under the guidance of certified belayers and instructors who teach techniques, strategy and endurance, with a strong emphasis on safety. No previous climbing experience is needed. Campers need to wear closed-toe shoes. Long pants are recommended. This camp includes an additional waiver, please view our camp webpage to obtain the needed waiver.

**SOCCER**

**Dates**
- June 12–16
- July 24–28

**Fee**
- Facility Member $328 per week
- Program Member $345 per week

**Location**
- Stevens Creek Elementary

**Ratio**
- 1 staff to 9 campers

**Grades 1–6** Reach your goal! In this camp, your child will learn the basic fundamentals and strategies of soccer, such as passing, dribbling, trapping, heading and shooting. Campers also participate in scrimmages throughout the week to shape their skills and enjoy the thrill of competition. Shin guards are required to participate. The week of July 24–28 includes a tournament with other YMCAs in our Association at a YMCA of Silicon Valley camp site.
SPORTS DAY CAMPS

SWIM & RACQUET CLUB

Dates
July 10–14
July 10–14
August 7–11

Fee
Facility Member $423
Program Member $445
Facility Member $375 per week
Program Member $395 per week

Location
Lincoln Elementary

Ratio
1 staff to 9 campers

Grades 1–6
Join us for a week at the Club! We will start each day with a two-hour lesson on the courts. Campers will stay active and learn new skills in a positive environment where the focus is learning strokes, the rules of the game, and court awareness. After playing the net, campers will have the opportunity to head to the pool to cool down and splash around with their new friends. All campers must bring a tennis racquet, wear tennis shoes, and pack a swimsuit & towel daily. This camp includes an additional waiver, please view our camp webpage to obtain the needed waiver.

T-BALL

Dates
June 26–30

Fee
Facility Member $328
Program Member $345

Location
Stevens Creek Elementary

Ratio
1 staff to 8 campers

Grades 1–3
Campers learn basic skills through interactive drills. T-Ball teaches players of all levels the fundamentals of catching, throwing, hitting, and base running in a fun, positive environment. Be sure to bring your own glove with your name on it.

SWIMMING

Dates
June 19–23
July 10–14
August 7–11

Fee
Facility Member $375 per week
Program Member $395 per week

Location
Lincoln Elementary

Ratio
1 staff to 8 campers

Grades 1–3
Jump right in. This camp includes a daily 40-minute swim lesson by our certified instructors who teach basic techniques and water safety skills. Campers also play structured water games and enjoy recreational swim time. All campers must bring a swimsuit and towel each day, and will be tested to determine their swim level. The highlight for this week of camp includes a trip to Aqua Adventures Water Park.

TABLE TENNIS

Dates
August 7–11

Fee
Facility Member $375
Program Member $395

Location
Lincoln Elementary

Ratio
1 staff to 10 campers

Grades 4–6
Grab your paddle and learn how to rule the table top! This camp includes 1.5 hours of instruction per day from certified instructors, during which campers will learn table tennis/ping pong fundamentals like serving, smashing and driving. Campers will also have the opportunity to play in both singles and doubles table tennis/ping pong competitions. This camp includes an additional waiver, please view our camp webpage to obtain the needed waiver.

Y-WORLD OF SPORTS

Dates
July 3–7*

Fee
Facility Member $262
Program Member $276

Location
Stevens Creek Elementary

Ratio
1 staff to 9 campers

Grades 1–6
This “sport-a-day” camp is a player’s dream come true. Ideal for the sports enthusiast, this camp lets players experience an array of sports, like basketball, soccer and flag football. This camp provides opportunities for campers to both receive instruction and to play in organized games. Campers will gain fundamental techniques and learn the importance of team work and good sportsmanship.

*Camp is CLOSED on Tuesday, July 4, 2017

Designates a traveling camp
TEEN: ATTRACTION ADVENTURES

**Dates**  
July 3–7*

**Fee**  
Facility Member $338
Program Member $356

**Location**  
Stevens Creek Elementary

**Ratio**  
1 staff to 10 campers

**Grades 7–10**  
Teens will visit a number of exciting Bay Area theme parks and attractions, including Great America and Raging Waters. Teens will have the opportunity to gain independence in small groups which allows freedom to explore while still maintaining safety and responsibility with scheduled check in times. (This privilege is granted only by Parent permission) This camp is a great way to provide your teen with nonstop thrills and excitement. All campers will be tested for swimming proficiency.

*Camp is CLOSED on Tuesday, July 4, 2017

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TEEN: KAYAKING **NEW**

**Dates**  
July 10–14

**Fee**  
Facility Member $447
Program Member $470

**Location**  
Stevens Creek Elementary

**Ratio**  
1 staff to 10 campers

**Grades 7–10**  
Teens who are looking for a little adventure and a lot of time on the water will enjoy this camp. Whether your teen is a novice or experienced, we'll provide the help and support to ensure that they’re improving their skills. Teens receive two hours daily of instruction by certified instructors. Teens must have passed the YMCA swim test and be a proficient swimmer to participate. Teens need a swimsuit and towel each day. This camp includes an additional waiver, please view our camp webpage to obtain the needed waiver.

---

TEEN: LASER TAG & MINI GOLF

**Dates**  
June 26–30

**Fee**  
Facility Member $375
Program Member $395

**Location**  
Stevens Creek Elementary

**Ratio**  
1 staff to 10 campers

**Grades 7–10**  
Join us for a fun filled week of laser tag and mini golfing. We will travel to three different mini golf locations, including Neptune’s Kingdom and Golfland throughout the week. Teens will also participate in laser tag, four days of the week. Laser Tag will take place at indoor locations including Neptune’s Kingdom and Laser Tagging Inc. with specialty lighting, fog and heart pounding music. Teens will enjoy both games, while working in teams and independently.

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TEEN: MIXED SPORTS **NEW**

**Dates**  
July 17–21

**Fee**  
Facility Member $328
Program Member $345

**Location**  
Stevens Creek Elementary

**Ratio**  
1 staff to 10 campers

**Grades 7–10**  
Join us for a highly active sports themed week of camp. This camp integrates a variety of sports each day, including traditional and non-traditional sports. In addition, teens will enjoy field trips to the bowling alley, ice skating rink and batting cages.
# TEEN DAY CAMPS

## TEEN: SURFING

<table>
<thead>
<tr>
<th>Dates</th>
<th>July 31–August 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fee</td>
<td></td>
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<tr>
<td>Facility Member</td>
<td>$660</td>
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<tr>
<td>Program Member</td>
<td>$695</td>
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<tr>
<td>Location</td>
<td>Stevens Creek Elementary</td>
</tr>
<tr>
<td>Ratio</td>
<td>1 staff to 10 campers</td>
</tr>
</tbody>
</table>

**Grades 7–10** Surf’s Up! In this camp, teens will travel daily to the Santa Cruz area to learn the basic fundamentals of surfing under the guidance of professional surfing instructors. Teens will also learn about beach and ocean awareness, water safety, personal survival skills, and equipment care. Each teen spends a minimum of two hours each day in the water. Surfboards and wetsuits are provided. Teens must be proficient swimmers to participate and need to bring a swimsuit and towel each day. This camp includes an additional waiver, please view our camp webpage to obtain the needed waiver.

## TEEN: ROCK CLIMBING

<table>
<thead>
<tr>
<th>Dates</th>
<th>August 7–11</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fee</td>
<td></td>
</tr>
<tr>
<td>Facility Member</td>
<td>$423</td>
</tr>
<tr>
<td>Program Member</td>
<td>$445</td>
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<tr>
<td>Location</td>
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<tr>
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<td>1 staff to 10 campers</td>
</tr>
</tbody>
</table>

**Grades 7–10** In this camp, Teens will enjoy and explore rock climbing. Teens will learn basic climbing techniques, while building confidence and strength on the climbing wall. Teens climb two hours each day under the guidance of certified belayers and instructors who teach techniques, strategy and endurance, with a strong emphasis on safety. No previous climbing experience is needed. Teens need to wear closed-toe shoes. Long pants are recommended. This camp includes an additional waiver, please view our camp webpage to obtain the needed waiver.

## TEEN: WATER ADVENTURES

<table>
<thead>
<tr>
<th>Dates</th>
<th>July 24–28</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fee</td>
<td></td>
</tr>
<tr>
<td>Facility Member</td>
<td>$423</td>
</tr>
<tr>
<td>Program Member</td>
<td>$445</td>
</tr>
<tr>
<td>Location</td>
<td>Stevens Creek Elementary</td>
</tr>
<tr>
<td>Ratio</td>
<td>1 staff to 10 campers</td>
</tr>
</tbody>
</table>

**Grades 7–10** This camp is all about the water and the opportunity to get completely drenched! Throughout the week, teens will enjoy visits to local water parks like Raging Waters and Boomerang Bay. Teens must be proficient swimmers and bring a swimsuit and towel each day. This week of camp also includes an overnight at the beach. Camp will depart on Thursday afternoon and return on Friday afternoon.
TEEN LEADERSHIP DAY CAMPS

Teen Leadership Camps are designed for our future leaders. The program operates as follows:

First Summer Leaders In Training, or “LITs” must complete Leaders In Training I. Then they may participate in as many weeks of LIT Work Experience as they would like.

Second Summer LITs must complete Leaders in Training II. Then they may participate in as many weeks of LIT Work Experience as they would like.

Third Summer LITs must complete Leaders In Training I. This will serve as a refresher course of training for our LITs. Then they may participate in as many weeks of LIT Work Experience as they would like.

LEADERS IN TRAINING I

<table>
<thead>
<tr>
<th>Dates</th>
<th>June 12–16</th>
<th>July 10–14</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fee</td>
<td>Facility Member $328 per week</td>
<td>Program Member $345 per week</td>
</tr>
<tr>
<td>Location</td>
<td>Stevens Creek Elementary</td>
<td></td>
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<td>1 staff to 10 campers</td>
<td></td>
</tr>
</tbody>
</table>

Grades 8–10 This camp is designed to educate our teens on how to become a successful Y-Camp Leader. During the week, teens develop basic leadership skills, enjoy team building activities and receive certification in CPR and First Aid. In addition, all participants receive training in behavior management, risk management, supervision, and water safety. The week ends with a certificate of completion.

LEADERS IN TRAINING II

<table>
<thead>
<tr>
<th>Dates</th>
<th>June 19–23</th>
<th>July 17–21</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fee</td>
<td>Facility Member $304 per week</td>
<td>Program Member $320 per week</td>
</tr>
<tr>
<td>Location</td>
<td>Stevens Creek Elementary</td>
<td></td>
</tr>
<tr>
<td>Ratio</td>
<td>1 staff to 10 campers</td>
<td></td>
</tr>
</tbody>
</table>

Grades 8–10 Our Leaders in Training II camp is specifically-designed for LITs returning for a second summer and dives deeper into team building, public speaking, character and asset development, diversity and inclusion. The camp engages teens in a wide variety of activities that teach core values, conflict resolution and communication. Teens also have the opportunity to attend a résumé writing workshop. Each teen will receive a certificate of completion.

LEADERS IN TRAINING WORK EXPERIENCE

<table>
<thead>
<tr>
<th>Dates</th>
<th>June 12–16</th>
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</tr>
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<tbody>
<tr>
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<tr>
<td></td>
<td>June 26–30</td>
<td>July 31–August 4</td>
</tr>
<tr>
<td></td>
<td>July 3–7*</td>
<td>August 7–11</td>
</tr>
<tr>
<td></td>
<td>July 10–14</td>
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<tr>
<td>Fee</td>
<td>Facility Member $257 per week</td>
<td>Program Member $270 per week</td>
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<tr>
<td></td>
<td>Facility Member $205 Week of 7/3-7/7</td>
<td>Program Member $216 Week of 7/3-7/7</td>
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<tr>
<td>Location</td>
<td>Stevens Creek Elementary</td>
<td></td>
</tr>
<tr>
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Grades 8–10 LIT Work Experience enables teens to put the leadership skills learned in our Leaders In Training I and II camps to the test. Teens are placed into camps with our younger campers to help assist directors, help lead games, lead arts and crafts, and sing camp songs. LITs also lead a group activity with campers and are evaluated by staff at the end of the week.

LITs must complete Leaders in Training I during their first and third summer and Leaders in Training II during their second summer in order to register for this program. Please Note: LITs are not considered staff and are never left alone with campers.

*Camp is CLOSED on Tuesday, July 4, 2017
YMCA CAMP CAMPBELL
TRADITIONAL OVERNIGHT CAMPS

TRADITIONAL OVERNIGHT CAMP

OUR PROGRAM

Our two-week program emphasizes growth and strengthening character values in all campers. Throughout the program, campers learn more about themselves and how to work together as a cabin group. Whether it is playing an all-camp game, learning new skills in an activity session, eating meals in the dining lodge, or dressing up for our Wacky Tacky Tuesdays, campers form meaningful relationships, try new things, and have tons of fun.

Camp is full of traditional outdoor activities like campfires, hikes, skits and songs, cabin cheers, and the chance to sleep under the stars. Over two weeks, campers disconnect from the technology and distractions of outside life. Here at camp, our number one priority is providing a safe, positive camper experience. We believe that campers are most successful when given the opportunity to push themselves out of their comfort zones and discover resiliency, responsibility and confidence in themselves.

Ages 7–16

Fee  
- Facility Member $1165
- Community Member $1190

Dates  
- June 11–23
- June 25–July 7
- July 9–21
- July 23–August 4

SAMPLE DAY

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 am</td>
<td>Wake up</td>
<td>7:45 – 8:00 am</td>
<td>Morning inspiration</td>
</tr>
<tr>
<td>7:45 – 8:00 am</td>
<td>Breakfast</td>
<td>8:00 – 8:45 am</td>
<td>Clean up</td>
</tr>
<tr>
<td>8:45 – 9:15 am</td>
<td>Activity 1</td>
<td>9:15 – 9:45 am</td>
<td>Cabin time</td>
</tr>
<tr>
<td>10:00 – 11:00 am</td>
<td>Activity 2</td>
<td>11:15 am – 12:15 pm</td>
<td>Activity 3</td>
</tr>
<tr>
<td>11:15 am – 12:15 pm</td>
<td>Lunch</td>
<td>12:30 – 1:30 pm</td>
<td>Snack</td>
</tr>
<tr>
<td>12:30 – 1:30 pm</td>
<td>Activity 4</td>
<td>1:30 – 2:30 pm</td>
<td>Cabin time</td>
</tr>
<tr>
<td>1:30 – 2:30 pm</td>
<td>Flag</td>
<td>2:45 – 3:45 pm</td>
<td>Dinner</td>
</tr>
<tr>
<td>2:45 – 3:45 pm</td>
<td>Activity 3</td>
<td>3:45 – 4:00 pm</td>
<td>All camp game</td>
</tr>
<tr>
<td>3:45 – 4:00 pm</td>
<td>Snack</td>
<td>4:15 – 5:15 pm</td>
<td>Campfire</td>
</tr>
<tr>
<td>4:15 – 5:15 pm</td>
<td>Activity 4</td>
<td>5:15 – 5:45 pm</td>
<td>Devotions</td>
</tr>
<tr>
<td>5:15 – 5:45 pm</td>
<td>Cabin time</td>
<td>5:45 – 6:00 pm</td>
<td>Bedtime</td>
</tr>
<tr>
<td>5:45 – 6:00 pm</td>
<td>Flag</td>
<td>6:00 – 7:00 pm</td>
<td></td>
</tr>
<tr>
<td>6:00 – 7:00 pm</td>
<td>Dinner</td>
<td>7:15 – 8:15 pm</td>
<td></td>
</tr>
<tr>
<td>7:15 – 8:15 pm</td>
<td>All camp game</td>
<td>8:15 – 9:00 pm</td>
<td></td>
</tr>
<tr>
<td>8:15 – 9:00 pm</td>
<td>Campfire</td>
<td>9:15 – 9:30 pm</td>
<td></td>
</tr>
<tr>
<td>9:15 – 9:30 pm</td>
<td>Devotions</td>
<td>9:45 – 10:00 pm</td>
<td>Bedtime</td>
</tr>
</tbody>
</table>

ACTIVITY CHOICES

- Aqua-aerobics
- Arts and Crafts
- Basketball
- Ceramics*
- Climbing Wall
- Dance
- Disc Golf
- Drama
- Drawing
- Fashion Design
- Football
- Gardening
- Guitar
- Gymnastics NEW
- Hikes
- Jewelry
- Jr. Naturalist
- Journalism
- Leatherworking
- Martial Arts MUSIC
- Music
- Orienteering
- Outdoor Cooking
- Painting
- Personal Fitness
- Photography*
- Ropes Course*
- Sculpture
- Singing
- Soccer
- Street Hockey
- Swim Instruction
- Swim Team
- Survival Skills
- Tennis
- Trail Running
- Ultimate Frisbee
- Water Games
- Water Volleyball
- Yoga

*Age requirement 11 years and older
SKILL DEVELOPMENT
At YMCA Camp Campbell, we value camper’s choices by giving them a voice. Campers are asked to pursue four activity areas they are passionate about. Campers participating in the traditional two week program will work towards progressing, developing, and achieving new skills in their two week long activity choices. Campers get to try additional activities on camper choice days.

Progressive: Throughout the two weeks campers develop their skills and abilities in these four activity areas.

Discover: Campers are given additional activity choices during the week to try new activities and discover what he/she can achieve away from home and school.

Achieve: Through these achievements campers build confidence, knowledge, and a new found sense of excitement to learn. Achievements are celebrated at the end of each two week session.

CABIN LIFE
One of the best parts of camp is meeting new people and spending time together as a cabin. In cabins, campers of similar ages live together and learn to make lasting friendships. Campers develop camaraderie with their cabin mates and counselors as they learn to make decisions as a group. Our staff are positive adult role models that help campers take responsibility for themselves and others, work together to solve problems, and have fun at camp.

MEALS
Our kitchen staff prepare wholesome, kid-friendly food. Meals are a great time to meet new campers and counselors and to learn a sense of responsibility. While supervised by counselors, campers serve their own food and clean up their own table. Our menu is full of variety and options for our campers and we can accommodate most dietary restrictions.

MINI CAMP

SIX-DAY CAMP
Not quite ready for a full camp session? We offer a six-day, five-night program to introduce campers to camp and our program, and to get them ready for the full two weeks of camp. Campers spend their week doing fun activities, making lasting friendships, and living in a cabin with other campers of similar ages.

<table>
<thead>
<tr>
<th>Ages</th>
<th>Dates</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>7–16</td>
<td>June 25–30</td>
<td>Facility Member $684</td>
</tr>
<tr>
<td></td>
<td>July 23–28</td>
<td>Community Member $720</td>
</tr>
</tbody>
</table>

FOUR-DAY CAMP
This four-day, three-night adventure is an ideal introduction to an overnight camping experience for first-time campers. We provide a safe, fun program loaded with traditional camp activities. Our staff lead campers with a caring approach and individual attention for our youngest campers.

<table>
<thead>
<tr>
<th>Ages</th>
<th>Dates</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>7–10</td>
<td>July 2–5</td>
<td>Facility Member $435</td>
</tr>
<tr>
<td></td>
<td>July 30–August 2</td>
<td>Community Member $480</td>
</tr>
</tbody>
</table>

SERVICE CAMP
This program gives teens the opportunity to enjoy traditional camp activities, while giving back to their community. This one week camp includes four days of service projects both onsite and off, where our teen campers build relationships while they work together. Service camp may include projects such as habitat restoration, elder care, and beach clean-up. Get ready to laugh, learn and make long-lasting friendships. Campers will earn approximately 20 community service hours while enjoying our beautiful redwood forest and central coast.

<table>
<thead>
<tr>
<th>Ages</th>
<th>Dates</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>12–14</td>
<td>July 9–14</td>
<td>Facility Member $545</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Community Member $580</td>
</tr>
</tbody>
</table>
**TEEN ADVENTURE CAMP – CLASSIC**
Teens enjoy 12 days of incredible adventure with an emphasis on leadership skills, teamwork and perseverance. Activities include rock climbing, backpacking through the redwood forest, low and high ropes courses, a trip to the beautiful Central Coast and whitewater rafting on the American River. Specially hired and trained trip leaders teach teens skills that will last a lifetime while safely enjoying the outdoors. Campers learn about backcountry travel, outdoor cooking and minimal impact camping in a non-competitive and stress-free environment.

Teen Adventure Camp is a fun, outdoor experience that is relevant beyond camp by developing self-reliance, self-confidence and group leadership skills—all while making lifelong friendships and memories.

**Ages**
13–16

**Dates**
June 11–23
July 9–21

**Fee**
Facility Member $1,265
Community Member $1,330

**TEEN ADVENTURE CAMP – ONE WEEK**
Our one week Teen Adventure Camp option is designed for the first time camper. Live in tents for a week and sample some our favorite adventure camp activities like high ropes, an overnight backpacking trip, and rock climbing. Create lasting friendships and memories while trying a new challenge.

**Ages**
13–16

**Dates**
August 6–11

**Fee**
Facility Member $795
Community Member $850

**TEEN ADVENTURE CAMP – WAVES & WHITewater**
Ready for that next step of adventure camping? Our Waves and Whitewater program is the perfect fit for adventurous teens. With sea kayaking, paddle boarding, whitewater rafting and surfing, campers spend two weeks immersed in exciting, challenging activities while learning and growing together as a team. This 12-day program is the perfect fit for active teens who are looking for something new. Advanced swimming skills required.

**Ages**
13–16

**Dates**
June 25 – July 7
July 23 – August 4

**Fee**
Facility Member $1,780
Community Member $1,840

**LEADER IN TRAINING (LIT) PROGRAM**
Summer camp shapes strong leaders. In fact, studies have proven that camp equips young people for leadership like few other programs. Young people who participate as LITs emerge from their two week adventure confident and ready to rise to just about any challenge put in front of them.

LITs are teens that are ready to step up to the next level and prepare for their future roles at camp and society. The LIT program is a program that helps prepare teens for adulthood, college, and additional responsibility. It is an opportunity for teens to step away from technology and school pressures and grow together as a community that supports each other in trying new things, becoming strong role models and taking on challenges, like our Jr. Lifeguard Course.

**Ages**
15–16

**Dates**
June 11–23
July 9–21
June 25–July 7
July 23 – August 4

**Fee**
Facility Member $1,150
Community Member $1,225

**COUNSELOR IN TRAINING (CIT) PROGRAM**
This skill-based training program prepares teens to be camp counselors. The first half of this camp focuses on training in youth development, communication, leadership, activity planning, safety, and relationship building. CITs then put their skills into practice, getting involved directly with camp, including lesson planning and spending a week working alongside counselors with our young campers.

The CIT program prepares teens to be youth mentors both at camp and in their home community. Throughout the program our CITs have the opportunity to work on a service project to help ensure all youth have the opportunity to attend camp.

**Ages**
16–17

**Dates**
June 11 – July 7
Weekend of June 23–25 Home Break
July 9 – August 4
Weekend of July 21–23 Home Break

**Fee**
Facility Member $1,475
Program Member $1,540

*CITs take a weekend break June 23–25 & July 21–23*
YMCA CAMP CAMPBELL
FAMILY CAMPS

FAMILY CAMP

Enjoy a fun-filled weekend of family time up in the redwoods. Build stronger relationships while trying new activities, singing by the campfire, and eating healthy meals as a family. Together, you will play, laugh and grow.

We offer a variety of camping opportunities for families here at YMCA Camp Campbell, including:

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>March 10-12</td>
<td>Mother/Son Weekend</td>
</tr>
<tr>
<td>March 24-26</td>
<td>Father/Child Weekend</td>
</tr>
<tr>
<td>April 7-9</td>
<td>Spring Family Camp</td>
</tr>
<tr>
<td>April 21-23</td>
<td>Women’s Wellness Weekend</td>
</tr>
<tr>
<td>May 5-7</td>
<td>Mother/Daughter Weekend</td>
</tr>
<tr>
<td>May 12-14</td>
<td>Mother/Daughter Weekend</td>
</tr>
<tr>
<td>May 26-29</td>
<td>Memorial Day Family Camp</td>
</tr>
<tr>
<td>August 6-12</td>
<td>Sequoia Lake Family Camp*</td>
</tr>
<tr>
<td>September 2-4</td>
<td>Labor Day Family Camp</td>
</tr>
<tr>
<td>September 8-10</td>
<td>Mother/Son Weekend</td>
</tr>
<tr>
<td>October 6-8</td>
<td>Mother/Daughter Weekend</td>
</tr>
<tr>
<td>October 20-22</td>
<td>Parent/Child Weekend (Ages 10+)</td>
</tr>
<tr>
<td>November 3-5</td>
<td>Women’s Wellness Weekend</td>
</tr>
<tr>
<td>November 24-26</td>
<td>Thanksgiving Family Camp</td>
</tr>
</tbody>
</table>

*Sequoia Lake Family Camp to be held at Sequoia Lake

LODGING & MEALS

Our cabins provide a perfect space to you and your family to rest and relax. Each cabin sleeps between 14-20 people and is equipped with electricity, hot showers, sinks and toilets.

Our Tent Cabins are for the rugged camper and each sleeps eight people. Each cabin has bunks and access to shared, centrally located bathrooms with hot showers, sinks and toilets. Tent cabins do not have electricity. Available for Memorial Day Family Camp and Labor Day Family Camp.

Our meals are served buffet style in our beautiful Swenson Family Lodge. Let us take care of the cooking and dishes while you enjoy a home cooked meal as a family.

Register online at: ymcacampcampbell.org

SAMPLE DAY

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 - 8:00 am</td>
<td>Sunrise swim or hike</td>
</tr>
<tr>
<td>8:00 - 9:00 am</td>
<td>Breakfast</td>
</tr>
<tr>
<td>9:15 am - 12:30 pm</td>
<td>Open activities</td>
</tr>
<tr>
<td>12:30 - 1:30 pm</td>
<td>Lunch and camp store open</td>
</tr>
<tr>
<td>1:30 - 2:00 pm</td>
<td>Group game</td>
</tr>
<tr>
<td>2:00 - 5:00 pm</td>
<td>Open activities and swim with slide</td>
</tr>
<tr>
<td>5:00 - 6:00 pm</td>
<td>Open activities/rest</td>
</tr>
<tr>
<td>6:00 - 7:00 pm</td>
<td>Dinner</td>
</tr>
<tr>
<td>7:00 - 7:30 pm</td>
<td>Group game</td>
</tr>
<tr>
<td>7:30 - 9:00 pm</td>
<td>Family campfire and s’mores</td>
</tr>
<tr>
<td>9:00 - 10:00 pm</td>
<td>Evening activities and night hike</td>
</tr>
</tbody>
</table>

For a list of additional activities, visit: ymcacampcampbell.org/familycamps
YMCA Summer Child Care available at:

Meyerholz Elementary School (Lic. 430703923)
6990 Melvin Drive
San Jose, CA 95129
Phone: 408 252 7458 ext. 72281

With so many demands on today’s families, parents need all the support they can get. That’s why child care at the Y is about more than looking after kids. It’s about nurturing their development by providing a safe place to learn foundational skills, develop healthy, trusting relationships and build self-reliance through the Y values of caring, honesty, respect and responsibility.

SUMMER CHILD CARE (ENTERING GRADES K–6)
We offer center-based, state-licensed school-age child care for the summer at local elementary schools. We provide a safe and nurturing environment for your child to learn and grow by offering a variety of age-appropriate and recreational activities. The program focuses on our values of caring, honesty, respect and responsibility and the opportunities and experiences to help kids thrive in a stimulating, hands-on learning environment. We offer thematic curriculum that includes arts and crafts, science, math, cooking, physical fitness, nutrition, and literacy activities. Weekly schedules include a field trip, a swim or park day, special onsite events, and ongoing projects. All transportation is provided by First Student buses.

Morning and afternoon snacks are provided.

Grades Entering K–6
Location Meyerholz Elementary
Session Dates June 12 - August 11
Program Time Full Day 7:00 am - 6:00 pm 2 days minimum

Fees Facility Program Member Member
5 Full Days – M,T,W,TH,F $295 $310 $222 $234 $148 $156
3 Full Days – M, W, F $236 $248 $148 $156
2 Full Days – T, TH $74 $78
July 3–7* $236 $248 $148 $156
1 Full Day – TH (July 6) $74 $78

CHILD CARE STAFF
Our child care staff are trained professionals, chosen for both their academic accomplishments and their warm and friendly natures. They have the patience to listen and the experience to challenge children to be their best. All staff are over 18, CPR and First Aid certified, and love working with children. We conduct extensive background checks before staff are hired, and all staff participate in ongoing certified YMCA training.

Summer Staff-to-Child Ratio
Grades K–6 1:14
Field Trips K–6 1:12
All Water Trips K–6 1:6

REGISTRATION
A $20 non-refundable deposit is required for each week of child care per child. Fees are due two weeks prior to the start of each session. Deposits are applied to each week of tuition.

SCHOOL-AGE CHILD CARE FIELD TRIPS

<table>
<thead>
<tr>
<th>Week</th>
<th>Field Trip</th>
<th>Payment Due</th>
</tr>
</thead>
<tbody>
<tr>
<td>1: June 12–16</td>
<td>Bowling</td>
<td>May 29</td>
</tr>
<tr>
<td>2: June 19–23</td>
<td>The Tech Museum</td>
<td>June 5</td>
</tr>
<tr>
<td>3: June 26–30</td>
<td>California Academy of Science</td>
<td>June 12</td>
</tr>
<tr>
<td>4: July 3–7*</td>
<td>Happy Hallow Zoo</td>
<td>June 19</td>
</tr>
<tr>
<td>5: July 10–14</td>
<td>The Jungle Island</td>
<td>June 26</td>
</tr>
<tr>
<td>6: July 17–21</td>
<td>Gilroy Gardens</td>
<td>July 3</td>
</tr>
<tr>
<td>7: July 24–28</td>
<td>Oakland Zoo</td>
<td>July 10</td>
</tr>
<tr>
<td>8: July 31–August 4</td>
<td>Children’s Children’s Discovery Museum</td>
<td>July 17</td>
</tr>
<tr>
<td>9: August 7–11</td>
<td>Golfiland</td>
<td>July 31</td>
</tr>
</tbody>
</table>

*No child care on Tuesday, July 4
All trips subject to change.
BEFORE YOUR CHILD COMES TO DAY CAMP

Our day camps provide a fun and exciting experience for your child. Campers spend their time outside playing games, creating arts and crafts, having fun in rallies, and being on the go frequently.

PLANNING FOR DROP OFF AND PICK UP:
- Prior to the first day of camp, ensure you have completed all required forms, including registration, payment, health history, medication release form, and additional waivers.
- If you made changes to your child’s registration since your initial registration, bring your receipt to the first day of camp.
- Know where camp is located, its address and specific parking/drop-off/pick-up procedures.
- Know what camp your child is registered for.
- Every day pack your child’s backpack with a morning snack, lunch, sunscreen and water.
- Camp Drop-off: 7:00 – 9:00 am
  Camp Pick-up: 4:00 – 6:00 pm
- When you pick up your child, always bring a government issued photo I.D. and ensure that every person who will pick up your child is listed on his/her health history form.

WHAT SHOULD MY CHILD WEAR TO CAMP?
Campers are required to wear closed-toe shoes daily. We encourage children to wear comfortable clothes that they don’t mind getting dirty. If your child gets cold easily, be sure to pack a sweater or jacket.

HOW ARE MY CHILDREN TRANSPORTED TO FIELD TRIPS?
We transport children using a chartered school bus managed by First Student, Inc.

WHAT IF I AM LATE PICKING UP MY CHILD?
Participants not picked up at the end of the day will be supervised by YMCA staff. A fee of $1.00 per minute after 6:00 pm will be charged per child. For example, program ends at 6:00 pm, and a child is picked up at 6:25 pm, there will be a charge of $25.00. Every attempt will be made to contact parents and Emergency Contacts listed on your camper’s Health History form. If by 7:00 pm we cannot get a hold of the parents and the child has not been picked up, we will contact Child Protective Services..

PERMISSION TO WALK
Parents of campers who are at least 12 years old and walk from the camp sites, must sign a Permission to Walk form for each camper, and send it to camp with him/her. This form will be kept on file throughout the summer. If we do not have a Permission to Walk form on file, your child will not be released, and you will be called to pick him/her up from camp and be charged according to the late pick-up fees.

LOST AND FOUND
Please label all of your child’s belongings. We know that sometimes things get lost. Our camp Lost and Found is located at each camp site in the main portable area. We also have a Lost and Found collection at the Y. The best way to prevent the loss of property is to leave it at home. Throughout the summer, we donate items left in Lost and Found to charity. The Y is not responsible for items that are lost or stolen. Please do not send valuable items or money to camp with your child.

WHAT SHOULD MY CHILD BRING TO CAMP EVERY DAY?
- A morning snack
- A lunch and drink (We do not have a refrigerator or microwave at camp.)
- A water bottle (This will help your child stay hydrated during the day.)
- Sun protection, including a hat and sunscreen to reapply throughout the day

FOR GENERAL CAMP QUESTIONS:
408 351 2419
nwsummer@ymcasv.org

CAMP OFFICE HOURS:
Monday – Friday
7:00 am – 6:00 pm

NWYMCA.ORG 33
PAYMENT & BILLING INFORMATION

DAY CAMP REGISTRATION

BALANCE PAYMENT DATES BY CAMP WEEK

The remaining balance for each camp is due 14 days prior to the start of camp before 7:00 pm or the deposit and the camper’s registration will be forfeited. If you have a question regarding your camp balance, please call 408 351 2411.

<table>
<thead>
<tr>
<th>Camp Starts</th>
<th>Payment Deadline</th>
<th>Camp Starts</th>
<th>Payment Deadline</th>
</tr>
</thead>
<tbody>
<tr>
<td>June 12</td>
<td>May 29</td>
<td>July 17</td>
<td>July 3</td>
</tr>
<tr>
<td>June 19</td>
<td>June 7</td>
<td>July 24</td>
<td>July 10</td>
</tr>
<tr>
<td>June 26</td>
<td>June 12</td>
<td>July 31</td>
<td>July 17</td>
</tr>
<tr>
<td>July 3</td>
<td>June 19</td>
<td>August 7</td>
<td>July 24</td>
</tr>
<tr>
<td>July 10</td>
<td>June 26</td>
<td></td>
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</tr>
</tbody>
</table>

BILLING INFORMATION

Campers who have registered with a deposit for a camp at least 20 days prior to the start of the camp will receive a balance due reminder via email. No bills will be mailed, so please assure that your email address is up-to-date. Parents who register their child within 20 days of the start of camp will not receive a balance due reminder and are encouraged to pay for the camp in full at the time of registration.

REFUND REQUEST PROCESS

All deposits are nonrefundable. To request a refund, you must: send a written request two weeks in advance of the session/date to Northwest YMCA (Attn: Summer Camp Department). Please note the refund, if request is submitted two weeks prior, it will be refunded minus the deposit. Refund checks, minus the $20 deposit and a $15 processing fee, will be mailed within 2-4 weeks.

CREDITS, REFUNDS AND TRANSFER POLICY

We are not able to honor credits, refunds, or transfers within 14 days of the camp for which you are registering.

CREDITS, REFUNDS, AND TRANSFER POLICY EXCEPTIONS

Children absent three or more days in a session due to illness or injury may receive a prorated credit/refund. A doctor’s note must accompany the credit/refund application, available at our Front Desk, and must be submitted within one week of the camp.

WHERE TO RETURN MEDICAL RELEASE/LIABILITY FORM

All medical release/liability forms can be scanned and emailed to nwsummer@ymcasv.org, mailed to Northwest YMCA, Attn: Summer Camp Department, 20803 Alves Drive, Cupertino CA 95014, faxed to 408 257 6948 or dropped at our Front Desk.

PAYMENT METHODS ACCEPTED

We accept personal checks payable to YMCA of Silicon Valley, Visa and MasterCard, Amex, cash, money order and cashier’s check.

WE OFFER FINANCIAL ASSISTANCE IF YOU NEED IT

Financial assistance is available for individuals and families unable to pay full camp fees. Awards for financial assistance are based upon income, family size, and our available resources. Funds for financial assistance are made available through the generous contributions to our Annual Campaign. Apply early for financial assistance. Call 408 351 6454 with questions. Pick up an application at the Y or download one from our website.

ONLINE Registration begins February 3, 2017

Follow these steps for email, fax, mail or in person registration:

Step 1: Choose...
- Select the camp of your choice. See our Summer Camp Planner on pages 6 and 7 for a quick glance of all our weekly camp offerings.

Step 2: Complete...
- Camp Registration form on page 34
- Waiver form on page 35
- Health History form on pages 36 and 37
- Documents recommended to complete Health History Form:
  - Camper’s health insurance card
  - Camper’s immunization records

Step 4: Attach Deposit...
- $20 deposit per week per child for day camp. Full payment must be made if registering for a camp after payment deadline. Deposit is applied to your camp fee. Deposit is nonrefundable but transferable between camps of the same week.

Step 5: Mail, Email, Fax or Deliver...
- All completed forms, required documents, and camp deposit can be:
  - Mailed to:
    Northwest YMCA
    Attn: Summer Camp Department,
    20803 Alves Drive, CA 94014
  - Faxed to: 408 257 6948
  - Emailed to: nwsummer@ymcasv.org

Step 6: Full Payment...
- Full payment must be received 2 weeks prior to camp session start date or your registration may be cancelled.
  - Send payment to:
    YMCA of Silicon Valley
    Attn: Member Services,
    80 Saratoga Road
    Santa Clara, CA 95051.
  - For Automatic Credit Card Withdrawal, complete the appropriate box on the registration form.
Child’s Name: First ___________________________ Last ___________________________ Birthdate: _____ / _____ / ______

Home Address: __________________________________________ City: __________________ ZIP: __________ Sex: □ M □ F Age: ______

Home Phone: ________________________ Grade (Fall ’16): __________ Ethnicity (Optional): __________________________

Parent/Guardian Name 1: __________________________________________________________ Birthdate: _____ / _____ / ______

Work #: __________________________ Emergency #: __________________________ E-mail: __________________________

Employer: __________________________________________________________ Occupation: __________________________

Parent/Guardian Name 2: __________________________________________________________ Birthdate: _____ / _____ / ______

Work #: __________________________ Emergency #: __________________________ E-mail: __________________________

Employer: __________________________________________________________ Occupation: __________________________

Camp Payment and Cancellation/Transfer Policy

* I understand that camp deposits are nonrefundable. The deposits for programs are as follows: Day Camp $20 per week. Weekly payments in full are due 2 weeks before each session.

* I understand my registration may be cancelled if the balance is not paid 2 weeks before the start of each camp session. If space is available, I may reregister with a new $20 deposit.

* PROGRAM MEMBERSHIP: I understand that my child needs to have a Program or Facility membership. If my child needs a Program Membership then I understand that the first $20 paid will be used for the payment of that membership.

* Cancellations may be made in writing up to 2 weeks prior to the start of the session to receive a refund less deposit and $15 processing fee. Otherwise, payments made will not be refunded.

* Camp transfers may be made in writing up to 2 weeks prior to the start of the session and only if space is available. Changes will not be accepted after the 2 week deadline.

* If your child has special needs, please let us know during enrollment. We want to provide the best environment for everyone and will make reasonable accommodation to fully include every child in activities. Failure to inform the Y at time of enrollment may result in a delayed program start date as we work to provide the appropriate accommodations.

* By signing up for the programs indicated below, I understand and accept the above policies and I am responsible for payment:

X (Parent/Guardian’s Signature)

Credit Card Withdrawal: _____ Deposits only _____ Balances as due

I authorize the YMCA to draft the credit card listed below for the payments indicated above. I understand that fees will be charged 2 weeks before the start of each session and that I must notify the office in writing before that time if plans have changed and my child(ren) will not attend one or more camps.

Visa/MC# __________________________ Exp _____ / _____

Signature __________________________ Date _____ / _____ / _____

FILL IN THE SESSIONS FOR WHICH YOUR CHILD IS BEING ENROLLED. LIST THE PROGRAM AND FEES FOR A TOTAL AMOUNT DUE.

<table>
<thead>
<tr>
<th>SESSIONS</th>
<th>PROGRAM</th>
<th>LOCATION</th>
<th>FEE</th>
<th>PAYMENT</th>
<th>BALANCE DUE</th>
<th>FINAL PAYMENT DUE</th>
</tr>
</thead>
<tbody>
<tr>
<td>June 12–16</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>May 29</td>
<td></td>
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<tr>
<td>June 19–23</td>
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<td>June 5</td>
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<tr>
<td>June 26–30</td>
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<td></td>
<td>June 12</td>
<td></td>
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<tr>
<td>July 3–7*</td>
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<td>June 19</td>
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<tr>
<td>July 10–14</td>
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<td>June 26</td>
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<tr>
<td>July 17–21</td>
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<td>July 3</td>
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<td>July 24–28</td>
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<td>July 10</td>
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<tr>
<td>July 31–August 4</td>
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<td>July 17</td>
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<tr>
<td>August 7–11</td>
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<td></td>
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<td></td>
<td>July 24</td>
<td></td>
</tr>
</tbody>
</table>

*Camp is CLOSED on Tuesday, July 4, 2017.

NOTE: Participant is enrolling in this YMCA Program with subsidy funds paid for by: ___YMCA ___Other agency

A YMCA Letter of Acceptance/Agency Contract must be included at the time of registration.

Office Use: Payment: ___ Membership: ___ Signed HH/Waiver: ___ F/A: ___ Y ___ N

3rd Party: ___ Y ___ N Copy: ___ Staff Sign: __________________________

$35.00 PROGRAM MEMBERSHIP FEE

(Please waive if you are a current Facility Member)

TOTAL DUE

TOTAL PAYMENT

BALANCE DUE
YMCA OF SILICON VALLEY
RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT

IN CONSIDERATION of being permitted to utilize the facilities, services and programs of the YMCA (or for my children to so participate) for any purpose, including, but not limited to observation or use of facilities or equipment, or participation in any off-site program affiliated with the YMCA, the undersigned, for himself or herself and such participating children and any personal representatives, heirs, and next of kin, hereby acknowledges, agrees and represents that he or she has, or immediately upon entering or participating will, inspect and carefully consider such premises and facilities or the affiliated program. It is further warranted that such entry into the YMCA for observation or use of any facilities or equipment or participation in such affiliated program constitutes an acknowledgment that such premises and all facilities and equipment thereon and such affiliated program have been inspected and carefully considered and that the undersigned finds and accepts same as being safe and reasonably suited for the purpose of such observation, use or participation by the undersigned and such children.

IN FURTHER CONSIDERATION OF BEING PERMITTED TO ENTER THE YMCA FOR ANY PURPOSE INCLUDING, BUT NOT LIMITED TO OBSERVATION OR USE OF FACILITIES OR EQUIPMENT, OR PARTICIPATION IN ANY OFF-SITE PROGRAM AFFILIATED WITH THE YMCA, THE UNDERSIGNED HEREBY AGREES TO THE FOLLOWING:

1. THE UNDERSIGNED, ON HIS OR HER BEHALF AND BEHALF OF SUCH CHILDREN, HEREBY RELEASES, WAIVES, DISCHARGES AND COVENANTS NOT TO SUE the YMCA, its directors, officers, employees, and agents (hereinafter referred to as “releases”) from all liability to the undersigned or such children and all his personal representatives, assigns, heirs, and next of kin for any loss or damage, and any claim or demands therefore on account of injury to the person or property or resulting in death of the undersigned, whether caused by the negligence of the releases or otherwise while the undersigned or such children is in, upon, or about the premises or any facilities or equipment therein or participating in any program affiliated in the YMCA.

2. THE UNDERSIGNED HEREBY AGREES TO INDEMNIFY AND SAVE AND HOLD HARMLESS the releases and each of them from any loss, liability, damage or cost they may incur due to the presence of the undersigned or such children in, upon or about the YMCA premises or in any way observing or using any facilities or equipment of the YMCA or participating in any program affiliated with the YMCA whether caused by the negligence of the releases or otherwise.

3. THE UNDERSIGNED HEREBY ASSUMES FULL RESPONSIBILITY FOR AND RISK OF BODILY INJURY, DEATH OR PROPERTY DAMAGE to the undersigned or such children due to negligence of releases or in, about or upon the premises of the YMCA and/or while using the premises or any facilities or equipment thereon or otherwise while participating in any program affiliated with the YMCA.

THE UNDERSIGNED further expressly agrees that the foregoing RELEASE, WAIVER AND INDEMNITY AGREEMENT is intended to be as broad and inclusive as is permitted by the law of the State of California and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNS THE RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT, and further agrees that no oral representations, statements or inducement apart from the foregoing written agreement have been made.

I HAVE READ THIS RELEASE.

Signature of Applicant/Parent  Date  Print Name of Child in Program  Date

Print Name of Applicant/Parent  Date  Print Name of Child in Program  Date

Signature of Applicant/Parent  Date  Print Name of Child in Program  Date

Print Name of Applicant/Parent  Date  Print Name of Child in Program  Date
YMCA CONFIDENTIAL HEALTH HISTORY AND CONSENT FORM

Child's Name: First:        Last:  Gender: □ M □ F

Address:  Home Phone:

Birthdate: / /  School:  Grade (in the Fall of this year):  Age:

Height:  Weight:  Hair Color:  Eye Color:  Birthmarks/scars:

☐ Caucasian  ☐ Asian/Pacific Islander  ☐ Hispanic  ☐ African American  ☐ Native American  ☐ Other

Parent/Guardian 1: Name:  Address:

Home Phone:  Cell Phone:  E-mail:

Employer:  Work Phone:

Parent/Guardian 2: Name:  Address:

Home Phone:  Cell Phone:  E-mail:

Employer:  Work Phone:

EMERGENCY CONTACTS WITH PERSONS AUTHORIZED TO PICK UP CHILD

In the case of an emergency, we will always contact the parent/guardian first. In the event a parent/guardian cannot be reached, we will contact other friends/relatives. No adults other than the parent/guardian or people listed below can pick up your child from our program without a legibly written, dated and signed note from the parent/guardian.

<table>
<thead>
<tr>
<th>Name</th>
<th>Cell Phone</th>
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<th>Relationship</th>
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MEDICAL CAREGIVERS (INFORMATION REQUIRED BY STATE LAW)

Family Physician:  Preferred Hospital:

Doctor’s Phone:  Doctor’s Address:

Family Dentist:  Dentist’s Phone:

Dentist’s Address:

Medical Insurance Company:  Policy #:


If you do not immunize your child, please sign here:

If you do not have medical insurance for your child, please sign here:

* PRESCHOOL PARTICIPANTS: A copy of your child’s current immunization record is required.
PRESCHOOL PARTICIPANTS: A health examination is required by a licensed physician on a LIC 701 form within 30 days after enrollment.
YMCA CAMP CAMPBELL PARTICIPANTS: A copy of your child’s current immunization record is required. A health examination is required by a licensed physician within 12 months of attending camp.

MEDICAL HISTORY

☐ ADD/ADHD  ☐ Asthma  ☐ Bed Wetting  ☐ Bleeding/Clotting Disorder  ☐ Celiac Disease
☐ Chicken Pox  ☐ Currently under Dr. Care  ☐ Diabetes  ☐ Ear Infection  ☐ German Measles
☐ Head Lice  ☐ Heart Defect/Disease  ☐ Measles  ☐ Migraines  ☐ Psychological Conditions
☐ Recent Hospitalization  ☐ Seizures  ☐ Sleepwalking  ☐ Tuberculosis

List Other Medical History Here:

Allergies:

☐ Pollen  ☐ Penicillin  ☐ Poison Oak  ☐ Bee Stings  ☐ Bee Sting Kit
☐ Foods  ☐ Hay Fever  ☐ Other Insect Stings  ☐ Other Drugs  ☐ Other Allergies?

List Other Allergies Here:

List Dietary Restrictions Here:
Any reason to restrict strenuous activity such as swimming, long hikes, strenuous games, roller coaster rides?  □ YES □ NO
If yes, please explain:

List any past serious medical treatment such as operations, injuries or restrictions on physical activities:

Is your child currently involved in therapy?  □ YES □ NO  Please explain:

Does your child require special accommodations?  □ YES □ NO  Please explain:

If your child has special needs, please let us know during enrollment. We want to provide the best environment for everyone and will make reasonable accommodation to fully include every child in activities. Failure to inform the YMCA at time of enrollment may result in a delayed program start date as we work to provide the appropriate accommodations.

MEDICATION DISBURSEMENT AUTHORIZATION
If your child is currently taking prescription medications, complete this section. For your child’s protection, our staff cannot administer medication without this form. Any medicines that you give us for your child must be in the original container with dosage directions and/or doctor’s instructions clearly labeled. Medication will be administered and documented according to directions on the bottle or by a doctor’s instructions.

Medical Condition:

Medication:  Amount to be given:  When:

Comments or Instructions:

Parent/Guardian Signature:  Date:

YMCA Camp Campbell Participants and Family Resident Campers:
I authorize the following over-the-counter medications to be administered as needed:

☐ Benadryl  ☐ Calamine Lotion  ☐ Chloraseptic  ☐ Cough Drops  ☐ Claritin, Antihistamine
☐ Ibuprofen  ☐ Neosporin  ☐ Pepto Bismol  ☐ Tylenol  ☐ Other:

List current medications purpose:

SWIMMING/SUNSCREEN INFORMATION
Some YMCA programs may include swimming activities with certified lifeguards on duty. For your child’s safety, every child with permission to swim, regardless of swimming ability, will have to take a YMCA swimming test prior to swimming.

My child has permission to participate in YMCA swimming activities.  □ YES □ NO

The YMCA staff may apply sunscreen to my child’s exposed skin (not covered by clothing/swimsuit), as needed. □ YES □ NO

PHOTO/VIDEO RELEASE
I hereby consent to and authorize the use and reproduction of any and all photographs and video which have been taken of my child for the promotional purposes of the YMCA, or anyone authorized by the YMCA. I understand I receive no reimbursement for allowing my child’s photo or video to be taken and the use of the photo or video.

MEDICAL RELEASE
This health history is correct, so far as I know, and the person herein has permission to engage in all prescribed program activities. I assume that the YMCA of Silicon Valley assumes no financial obligation for such treatment but, in the event that I cannot be reached for an emergency, I hereby give permission to the physician selected by the YMCA to order X-rays, routine tests, and secure proper treatment, hospitalize, and to order injections/and/or anesthesia and/or surgery and emergency treatment for my child as named on this form. All immunizations required for school are up to date unless I have signed that I do not immunize my child.

I agree to and understand the following guidelines: Participants agree to abide by the rules and regulations set by the YMCA for the health, safety, and welfare of all children. Children are not allowed to smoke, chew tobacco, possess any smoking materials, alcohol, illegal drugs, firecrackers or explosives, weapons, use lewd conduct, and inappropriate touching of any kind. Wilful destruction of property will be the financial responsibility of the child’s parent. Children may not leave the property or established boundaries without YMCA staff permission.

YMCA of Silicon Valley reserves the right and will send anyone home (at parents'/guardians’ expense and liability) who violates these rules. It is the responsibility of the parent/guardian to pick up or arrange transportation home for the child. The Program Director reserves the right to determine what constitutes a violation of these rules and will enforce them as necessary.

Parent’s/guardian’s signature is required on the Photo Release, Medical Release and agreement to follow YMCA policies and guidelines in order for your child to participate in the YMCA program.

PARENT/GUARDIAN/CUSTODIAL ADULT SIGNATURE:  DATE:
FACILITY MEMBERSHIP BENEFITS
With a Facility Membership, you have membership privileges and access to our facility, including our fitness center, group exercise classes, lap and recreational swimming, and Kid’s Club (babysitting while you’re at the Y). You also get a free fitness assessment, priority registration for programs, and reduced fees for most programs.

PROGRAM MEMBERSHIP BENEFITS
If you wish to participate in a particular class or program, a Program Membership is required. General usage of the Y is not included.

MY Y IS EVERY Y
Y facility members can enjoy access to participating Y locations across Northern California. Stay active and take advantage of the Y where you live, work and play at no additional charge. To enjoy facility access simply show your membership card and photo ID at check in. For participating locations www.ymcasv.org/myY.

VISITING YMCAS ACROSS THE COUNTRY
During your travels, the AWAY Program (Always Welcome At YMCAs) entitles you to visit more than 2,600 YMCAs in the U.S. when you show your Y membership card. For details, call 888 333 9622 or visit ymca.net.

JOIN THE Y
For a personalized experience, come into the Y to connect to the support and opportunities for you and your entire family to learn, grow and thrive. You also can sign up for programs by mail and register for select programs online at nwymca.org.

FINANCIAL ASSISTANCE
The Y is accessible to all people. Financial assistance is offered to individuals and families who cannot afford membership. If you need financial assistance, please let us know or download a confidential application from our website.

DIVERSITY AND INCLUSION
We are committed to inclusion and dedicated to promoting participation of children and adults of all backgrounds and abilities in all our programs.
GENERAL CAMP QUESTIONS

WEB: nwymca.org
PHONE: 408 351 2419
EMAIL: nwsummer@ymcasv.org